



# Carbon Monoxide (CO) The Silent Killer

Change your  
**CLOCKS...**



Change your  
**BATTERIES!**

**November 3**

**CO is a toxic, colorless, odorless, tasteless gas.  
Watch out for these CO warnings!**

- Service your furnace by a qualified professional to check for leaks.
- Never leave a car running in a garage, even with open doors.
- Never run a generator in the home or garage. Opening doors and windows or using fans will NOT prevent CO build-up in the house.
- When running a generator outdoors, keep it away from open windows.
- Never burn charcoal in homes or garages.
- Never install or service combustion appliances without proper knowledge and skills.
- Never use a gas range, oven, or dryer for heating the home.
- Never put foil on the bottom of a gas oven because it interferes with combustion.
- If the audible trouble signal sounds, check for low batteries. If the battery is low, replace it.
- If it still sounds, call 9-1-1. Immediately move to a fresh air location outdoors or by an open window or door. Make sure everyone inside the home is accounted for.
- Stay outside until the fire department arrives.

## **Symptoms of CO poisoning**

The initial symptoms of CO poisoning are similar to the flu (but without the fever); they include:

- Headache
- Fatigue
- Shortness of breath
- Nausea
- Dizziness
- If you suspect that you are experiencing CO poisoning, get fresh air immediately. Leave the house and call 9-1-1 from a neighbor's home or cell phone. You could lose consciousness and die from CO poisoning if you stay in the home.

## **Get a CO Detector**

Like working smoke detectors, every home with any gas appliance must have a CO detector on each floor of the house. <https://www.nfpa.org/Public-Education/Staying-safe/Safety-equipment/Carbon-monoxide>

[www.championsfire.org](http://www.championsfire.org)