

White Oak Swimming Club - Badge Times

N.B. Under 10's badges are for White Oak pool only, as these are not ASA times

Sprint Distance	Stroke	U10's	Bronze	Silver	Gold	Platinum
<b>White Oak 36 2/3 yds</b>						
1L 36 2/3 yds	Freestyle/Frontcrawl	00:32.0	00:29.5	00:25.7	00:23.0	N/A
2L 73 1/3 yds	Freestyle/Frontcrawl	N/A	01:05.5	00:57.2	00:52.0	N/A
3L 110 yds	Freestyle/Frontcrawl	N/A	01:45.0	01:31.6	01:23.0	01:17.4
<b>White Oak 36 2/3 yds</b>						
1L 36 2/3 yds	Backstroke	00:34.0	00:34.5	00:30.1	00:27.3	N/A
2L 73 1/3 yds	Backstroke	N/A	01:13.5	01:04.3	00:58.4	N/A
3L 110 yds	Backstroke	N/A	01:56.8	01:42.0	01:32.6	01:26.0
<b>White Oak 36 2/3 yds</b>						
1L 36 2/3 yds	Breaststroke	00:38.0	00:38.2	00:33.4	00:30.3	N/A
2L 73 1/3 yds	Breaststroke	N/A	01:23.5	01:13.0	01:06.3	N/A
3L 110 yds	Breaststroke	N/A	02:12.8	01:56.0	01:45.5	01:37.9
<b>White Oak 36 2/3 yds</b>						
1L 36 2/3 yds	Butterfly	00:38.0	00:32.7	00:28.7	00:26.1	N/A
2L 73 1/3 yds	Butterfly	N/A	01:11.3	01:02.2	00:56.5	N/A
3L 110 yds	Butterfly	N/A	01:54.5	01:40.0	01:31.0	01:24.4
<b>White Oak 36 2/3 yds</b>						
4L IM 146 2/3 yds (4x36 2/3 yds)	Individual Medley (IM)	N/A	02:44.6	02:23.8	02:10.6	N/A

Sprint Distance	Stroke	U10's	Bronze	Silver	Gold	Platinum
<b>25 Metre Pools</b>						
1L 25m	Freestyle/Frontcrawl	N/A	00:21.0	00:18.3	00:16.7	N/A
2L 50m (1L 50m pool)	Freestyle/Frontcrawl	N/A	00:47.0	00:41.0	00:37.2	N/A
4L 100m (2L 50m pool)	Freestyle/Frontcrawl	N/A	01:44.3	01:31.0	01:22.8	01:16.9
<b>25 Metre Pools</b>						
1L 25m	Backstroke	N/A	00:24.7	00:21.5	00:19.6	N/A
2L 50m (1L 50m pool)	Backstroke	N/A	00:54.4	00:47.5	00:43.0	N/A
4L 100m (2L 50m pool)	Backstroke	N/A	01:56.0	01:41.4	01:32.0	01:25.5
<b>25 Metre Pools</b>						
1L 25m	Breaststroke	N/A	00:27.2	00:23.8	00:21.7	N/A
2L 50m (1L 50m pool)	Breaststroke	N/A	01:00.4	00:52.7	00:48.0	N/A
4L 100m (2L 50m pool)	Breaststroke	N/A	02:12.0	01:55.4	01:44.8	01:37.3
<b>25 Metre Pools</b>						
1L 25m	Butterfly	N/A	00:23.2	00:20.3	00:18.5	N/A
2L 50m (1L 50m pool)	Butterfly	N/A	00:52.4	00:45.7	00:41.5	N/A
4L 100m (2L 50m pool)	Butterfly	N/A	01:53.8	01:39.4	01:30.4	01:23.9
<b>25 Metre Pools</b>						
4L 100m (4x50m)	Individual Medley (IM)	N/A	01:58.6	01:43.6	01:34.1	N/A

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Middle Distance		U10's	Bronze	Silver	Gold	Platinum
<b>White Oak 36 2/3 yds</b>						
6L 220 yds	Freestyle/Frontcrawl	N/A	03:52.0	03:22.9	03:04.5	02:51.5
12L 440 yds	Freestyle/Frontcrawl	N/A	08:09.0	07:07.7	06:28.8	06:01.3
<b>White Oak 36 2/3 yds</b>						
6L 220 yds	Backstroke	N/A	04:13.2	03:41.4	03:21.2	03:07.0
<b>White Oak 36 2/3 yds</b>						
6L 220 yds	Breaststroke	N/A	04:43.0	04:07.6	03:45.4	03:29.1
<b>White Oak 36 2/3 yds</b>						
6L 220 yds	Butterfly	N/A	04:11.3	03:39.8	03:19.8	03:05.7
<b>White Oak 36 2/3 yds</b>						
8L 293 1/3 yds (4x73 1/3 yds)	Individual Medley (IM)	N/A	05:56.7	05:11.6	04:43.1	N/A
<b>25 Metre Pools</b>						
8L 200m	Freestyle/Frontcrawl	N/A	03:49.9	03:20.8	03:02.4	02:49.4
16L 400m	Freestyle/Frontcrawl	N/A	08:04.7	07:03.5	06:24.7	05:57.2
<b>25 Metre Pools</b>						
8L 200m (4L 50m pool)	Backstroke	N/A	04:11.1	03:39.4	03:19.3	03:05.0
<b>25 Metre Pools</b>						
8L 200m (4L 50m pool)	Breaststroke	N/A	04:40.4	04:05.0	03:42.6	03:26.6
<b>25 Metre Pools</b>						
8L 200m (4L 50m pool)	Butterfly	N/A	04:09.2	03:37.7	03:17.8	03:03.7
<b>25 Metre Pools</b>						
8L 200m (4x50m)	Individual Medley (IM)	N/A	04:17.2	03:44.6	03:24.1	03:09.5
<b>50 Metre Pools</b>						
4L 200m	Freestyle/Frontcrawl	N/A	03:51.6	03:22.5	03:04.4	02:51.4
8L 400m	Freestyle/Frontcrawl	N/A	08:08.1	07:06.8	06:28.3	06:01.1
<b>50 Metre Pools</b>						
4L 200m (4x50m)	Individual Medley (IM)	N/A	04:19.2	03:46.4	03:26.0	03:09.5

Distance		U10's	Bronze	Silver	Gold	Platinum
<b>White Oak 36 2/3 yds</b>						
24L 880 yds	Freestyle/Frontcrawl	N/A	16:54.1	14:46.9	13:26.3	12:29.1
45L 1650 yds	Freestyle/Frontcrawl	N/A	31:54.3	27:59.1	25:29.1	23:38.3
<b>White Oak 36 2/3 yds</b>						
12L 440 yds (4 x 110 yds)	Individual Medley (IM)	N/A	09:06.8	07:59.7	07:16.2	06:45.2
<b>25 Metre Pools</b>						
32L 800m	Freestyle/Frontcrawl	N/A	16:45.3	14:38.2	13:17.9	12:20.7
60L 1500m	Freestyle/Frontcrawl	N/A	31:43.4	27:42.8	25:10.7	23:22.4
<b>25 Metre Pools</b>						
16L 400m (4x100m)	Individual Medley (IM)	N/A	09:03.7	07:55.0	07:11.5	06:40.6
<b>50 Metre Pools</b>						
16L 800m	Freestyle/Frontcrawl	N/A	16:47.7	14:44.8	13:25.1	12:28.5
30L 1500m	Freestyle/Frontcrawl	N/A	31:55.0	27:55.2	25:26.7	23:37.1
<b>50 Metre Pools</b>						
8L 400m (4x100m)	Individual Medley (IM)	N/A	09:07.1	07:58.7	07:15.6	06:40.6