

Week of 10/13/2019

## Week at a Glance

Week 1  
Spring / Summer 2019

	Sunday 10/13	Monday 10/14	Tuesday 10/15	Wednesday 10/16	Thursday 10/17	Friday 10/18	Saturday 10/19
<b>Breakfast</b> 8:00 - 9:00	Juice of Choice Cereal of Choice Egg Grits Sausage Links Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Grits Bologna Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Cheesy Grits Sausage Patties Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg French Toast  Syrup / Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Ham, Bacon & Cheese Omelet Hash Browns  Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Sausage Gravy  Biscuit  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Grits Bacon Toast w/ Margarine  Milk Coffee or Hot Tea
<b>LUNCH</b> 12:00 - 1:00	Sliced Roast Beef Italian seasoned red potatoes Brussel Sprouts  Chess Pie Iced Tea	Baked Pork Chops Pinto Beans Turnip Greens  Ambrosia Iced Tea	Meatloaf w/ Gravy Mashed Potatoes Buttered Peas  Chocolate Cake w/ Icing Iced Tea	Fried Chicken Lima Beans Squash w/ Onions  Fruit Cobbler Iced Tea	Vegetable Soup Pimenmto Cheese Sandwich  Crackers  Strawberry Cake w/ Icing Iced Tea	Fried Catfish Steak Fries Cole Slaw Tartar Sauce / Ketchup  Lemon Squares Iced Tea	Pork Tips Rice w/ Gravy Brussel Sprouts  Brownie Iced Tea
<b>DINNER</b> 5:00 - 6:00	Hot Dog on a Bun French Fries Baked Beans  Sliced Fruit Iced Tea	Fish Sandwich Macaroni and Cheese Mixed Vegetables  Apple Turnover Iced Tea	Chicken Allison Rice w/ Gravy Buttered Broccoli  Strawberry Delight Iced Tea	Baked Ham Candied Sweet Potato Seasoned Cabbage  Peach bavarian Cream Iced Tea	Hamburger or Cheeseburger Potato Chips  Lettuce / Tomato / Onion / Pickle Mayonnaise / Ketchup / Mustard  Four Layer Delight Iced Tea	Pot Pie Fried Okra  Cornbread Muffin  Chocolate Chip Bar Iced Tea	Sloppy Joe on a Bun Corn Nuggets Buttered Green Beans  Pineapple Tidbits Iced Tea
<b>Evening Snack</b> 8:00 - 2:00							

Week of 10/20/2019

## Week at a Glance

Week 2  
Spring / Summer 2019

	Sunday 10/20	Monday 10/21	Tuesday 10/22	Wednesday 10/23	Thursday 10/24	Friday 10/25	Saturday 10/26
<b>Breakfast</b> 8:00 - 9:00	Juice of Choice Cereal of Choice Egg  Grits Bologna Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg  Grits Sausage Patties Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg  Grits Sausage Links Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fried Egg  Corned Beef Hash Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Sausage, Egg & Cheese on Biscuit Hash Browns  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg  Pancakes  Syrup / Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg  Grits Bacon Toast w/ Margarine  Milk Coffee or Hot Tea
<b>LUNCH</b> 12:00 - 1:00	Wild Rice and Chicken Soup Grilled Cheese Sandwich  Tossed Salad w/ Dressing  Mandarin Orange Cake Iced Tea	Spaghetti w/ Meat Sauce Italian Green Beans  Garlic Toast  Buttermilk Pie Iced Tea	Chef Salad w/ Dressing Fruit Salad  Breadstick  Blonde Brownie Iced Tea	Country Fried Fish Blackeye Peas  Buttered Carrots  Lemon Pie Iced Tea	Chicken Salad Sandwich English Pea Salad  Tomato Spoon Salad  Pineapple Upside Down Cake Iced Teas	Potato Soup Bacon Lettuce Tomato Sandwich  Baked Peach Halves Iced Tea	Baked Parmesan Chicken Mashed Potatoes  Capri Mixed Vegetables  Brownie w/ Icing Iced Tea
<b>DINNER</b> 5:00 - 6:00	Opened Faced Roast Beef Sandwich Mashed Potatoes w/ Gravy Seasoned Cabbage  Baked Sliced Apples Iced Tea	Spinach and Mushroom Quiche  Sliced Tomatoes  Crackers  Fruit and Marshmallow Cream Iced Teas	Baked Chicken  Rice w/ Gravy Squash and Onions  Pineapple Delight Iced Tea	Bake Penne  Buttered Green Beans  Crackers  Sugar Cookies Iced Tea	Barbecue Ribs  Potato Salad Cole Slaw  Apple Banana Cup Iced Tea	Beef Stew  Buttered Noodles  Fresh Sliced Fruit Iced Tea	Hamburger Steak w/ Gravy  Rice Buttered Broccoli  Yellow Cake w/ Icing Iced Tea
<b>Evening Snack</b> 8:00 - 2:00							

Week of 10/27/2019

## Week at a Glance

Week 3  
Spring / Summer 2019

	Sunday 10/27	Monday 10/28	Tuesday 10/29	Wednesday 10/30	Thursday 10/31	Friday 11/1	Saturday 11/2
<b>Breakfast</b> 8:00 - 9:00	Juice of Choice Cereal of Choice egg  Grits Bologna Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice egg  Corned Beef Hash  Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg  Cheesy Grits Sausage Links Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fried Egg  Breakfast Cubes Sausage Pattie Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Bacon, Egg & Cheese on English Muffin Hash Browns  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg  Sausage Gravy  Biscuit  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg  Grits Bacon Toast w/ Margarine  Milk Coffee or Hot Tea
<b>LUNCH</b> 12:00 - 1:00	Tuna Salad Sandwich Sliced Tomatoes Fruit Salad    Sour Cream Coconut Cake Iced Tea	Cheese Quesadilla Yellow Rice Shredded Lettuce / Diced Tomatoes  Sour Cream  Yellow Cake w/ Icing Iced Tea	Egg Salad Sandwich Blackeye Pea Salad Marinated Cucumbers / Onions    Rosy Applesauce Iced Tea	Hamburger or Cheeseburger Bake Bean Potato Chips  Lettuce / Tomato / Onion / Pickle Mayonnaise / Ketchup / Mustard  Strawberry Delight Iced Tea	Country Fried Steak Mashed Potatoes w/ Gravy Peas   Banana Pudding Iced Tea	Fried Fish French Fries Coleslaw   Lemon Pie Iced Tea	Pork Chop Rice Pilaf Buttered Green Beans   Fruited Jell-O Iced Tea
<b>DINNER</b> 5:00 - 6:00	Baked Ham Candied Sweet Potatoes Seasoned Cabbage   Ice Cream  Iced Tea	Sliced Turkey Macaroni and Cheese Greens   Sliced Fruit  Iced Tea	Ravioli w/ Sauce Buttered Green Beans   Banana Pineapple Dessert  Iced Tea	Corn Dogs Pasta Salad Fruit Salad   Jell-O Cake  Iced Tea	Beef Stew Rice  Cornbread  Chocolate Chip Cookies  Iced Tea	Roast Beef Sandwich Tator Tots Apple Raisin Salad  Peanut Butter Cake w/ Peanut Butter icing Iced Tea	Chicken Tenders Hidden Valley Potato Sala Fried Zucchini   Fruit Cup  Iced Tea
<b>Evening Snack</b> 8:00 - 2:00							

Week of 11/3/2019

## Week at a Glance

**Week 4**  
**Spring / Summer 2019**

	Sunday 11/3	Monday 11/4	Tuesday 11/5	Wednesday 11/6	Thursday 11/7	Friday 11/8	Saturday 11/9
<b>Breakfast</b> 8:00 - 9:00	Juice of Choice Cereal of Choice Egg  Grits Bologna Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg  Grits Smoked Sausage Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg  Waffles Syrup / Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fried Eggs  Grits Sausage Links Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Bacon Egg and Cheese on Croissant Hash Browns  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg  Pancakes Syrup / Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg  Grits Bacon Toast w/ Margarine  Milk Coffee or Hot Tea
<b>LUNCH</b> 12:00 - 1:00	Chicken Noodle Soup Deli Sandwich Sliced Peaches  Crackers  Country Apple Dumplings  Iced Tea	Personnel Pizza Salad w/ Dressing    Iced Cupcake  Iced Tea	Hamburger Steak w/ Gravy Mashed Potatoes Buttered Peas  Butter / Sour Cream  Chocolate Cream Pie  Iced Tea	Italian Baked Chicken Baby Carrots Garlic Toast   Strawberries w/ Cool Whip  Iced Tea	Pork Roast Lima Beans California Mixed Vegetables   Cheesecake  Iced Tea	Chicken Tenders Potato Salad Buttered Carrots  Honey Mustard Dressing  Peanut Butter & Brownie Dump Cake Iced Tea	Steak Fingers Tator Tots Broccoli and Cauliflower Salad   Fruit Crisp  Iced Tea
<b>DINNER</b> 5:00 - 6:00	Sliced Turkey w/ Gravy Cornbread Stuffing  Stewed Tomatoes    Sugar Cookies Iced Tea	Loaded Baked Potato Beef, Bacon Bits, Mixed Cheese, Onion  Butter / Sour Cream  Sherbet Iced Tea	Cheesy Eggs Sausage Pattie  Hash Browns  Buttered Biscuit  Peanut Butter Cookie Iced Tea	Sub Sandwich Potato Salad  Three Bean Salad   Lemon Squares Iced Tea	Lasagna Italian Green Beans  Breadstick  ice Cream Iced Tea	Hamburger or Cheeseburger French Fries  Lettuce / Tomato / Onion / Pickle Mayonnaise / Ketchup / Mustard  Banana Split Pie Iced Tea	Baked Ham Yams  Fried Zucchini   Oreo Delight Iced Tea
<b>Evening Snack</b> 8:00 2:00							