

Week of 3/1/2020

Week at a Glance

Week 1
Fall / Winter 2019 - 2020

	Sunday 3/1	Monday 3/2	Tuesday 3/3	Wednesday 3/4	Thursday 3/5	Friday 3/6	Saturday 3/7
Breakfast 8:00 - 9:00	Juice of Choice Cereal of Choice Egg Grits Sausage Links Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Grits Bologna Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Cheesy Grits Sausage Patties Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg French Toast Syrup / Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Ham, Bacon & Cheese Omelet Hash Browns Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Sausage Gravy Biscuit Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Grits Bacon Toast w/ Margarine Milk Coffee or Hot Tea
LUNCH 12:00 - 1:00	Sliced Ham Baked Sweet Potato Seasoned Cabbage Cinnamon Butter Pineapple Upside Down Cake Iced Tea	BBQ Chicken Potato Salad Southern Green Beans Peach Cobbler Iced Tea	Smoked Sausage Pinto Beans Squash and Onions Chocolate Cake w/ Icing Iced Tea	Taco Soup Grilled Cheese Sandwich Crackers Tropical Fruit Iced Tea	Country Fried Steak Mashed Potatoes w/ Gravy Seasoned Spinach Cinnamon Roll Cake Iced Tea	Fried Fish French Fries Coleslaw Lemon Pudding Iced Tea	Chicken Noodle Soup Pimento Cheese Sandwich Fruit Cocktail Crackers Chocolate Chip Cookie Iced Tea
DINNER 5:00 - 6:00	Hamburger Steak w/ Gravy Lima Beans Honey Glazed Carrots Sugar Cookies Iced Tea	Fried Fish Macaroni and Cheese Coleslaw Tartar Sauce Lemon Pie Iced Tea	Hamburger or Cheeseburger French Fries Lettuce, Tomato, Onion, Pickle Mayonnaise, Ketchup, Mustard Rice Krispie Treat Iced Tea	Honey Mustard Chicken Rice w/ Gravy California Mix Vegetables Mandarin Orange Cake Iced Tea	Chunky Chicken Gumbo Rice Tossed Salad w/ Dressing Ice Cream Iced Tea	Braised Beef Tips Buttered Noodles Italian Green Beans Buttermilk Pie Iced Tea	Pork Roast Rice Pilaf Sliced Carrots Strawberry Shortcake Iced Tea
Evening Snack 8:00 - 2:00							

Week of 3/8/2020

Week at a Glance

Week 2
Fall / Winter 2019 - 2020

	Sunday 3/8	Monday 3/9	Tuesday 3/10	Wednesday 3/11	Thursday 3/12	Friday 3/13	Saturday 3/14
Breakfast 8:00 - 9:00	Juice of Choice Cereal of Choice Egg Grits Bologna Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Grits Sausage Patties Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Grits Sausage Links Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fried Egg Corned Beef Hash Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Steak, Egg & Cheese on Biscuit Hash Browns Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Pancakes Syrup / Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Grits Bacon Toast w/ Margarine Milk Coffee or Hot Tea
LUNCH 12:00 - 1:00	Sliced Ham Blackeye Peas Fried Okra Apple Pie Iced Tea	Tomato Soup Grilled Cheese Sandwich Crackers Fruit Cocktail Iced Tea	Fried Fish Rice Pilaf Italian Mixed Vegetables Baked Apple Slices Iced Tea	Fried Chicken Buttered Corn Greens Four Layer Dessert Iced Tea	Sliced Turkey Wild Rice Maple Roasted Brussel Sprouts Sweet Potato Pie Iced Teas	Egg Salad Sandwich Potato Chips English Pea Salad Mandarin Oranges Iced Tea	Chicken, Rice and Broccoli Casserole Breadstick Sliced Fruit Iced Tea
DINNER 5:00 - 6:00	Chicken Tenders Tator Tots Broccoli w/ Cheese Sauce Yellow Cake w/ Icing Iced Tea	BBQ Pork Sandwich Baked Beans Cole Slaw Snickerdoodle Cookie Iced Teas	Veal Parmesan Buttered Noodles Green Beans Peanut Butter Cake Iced Tea	Smothered Pork Chop Potato Pancakes Mixed Vegetables Neiman Marcus Cake Bar Iced Tea	Spaghetti w/ Meat Sauce Tossed Salad w/ Dressing Garlic Bread Fruited Gelatin Iced Tea	Catfish Fillet Macaroni and Cheese Cole Slaw Lemon Squares Iced Tea	Beef Stew Breaded Squash Cornbread Blushing Pear Halves Iced Tea
Evening Snack 8:00 - 2:00							

Week of 3/15/2020

Week at a Glance

Week 3
Fall / Winter 2019 - 2020

	Sunday 3/15	Monday 3/16	Tuesday 3/17	Wednesday 3/18	Thursday 3/19	Friday 3/20	Saturday 3/21
Breakfast 8:00 - 9:00	Juice of Choice Cereal of Choice egg Grits Bologna Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice egg Corned Beef Hash Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Cheesy Grits Sausage Links Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fried Egg Breakfast Cubes Sausage Pattie Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Chicken, Egg & Cheese on Crossian Hash Browns Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Sausage Gravy Biscuit Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Grits Bacon Toast w/ Margarine Milk Coffee or Hot Tea
LUNCH 12:00 - 1:00	Chicken and Dumplings Breaded Okra Brownie w/ Icing Iced Tea	Orange Marmalade Ham Lima Beans Seasoned Cabbage Chess Pie Iced Tea	Steak Fingers Rice w/ Gravy Buttered Peas Yellow Cake w/ Chocolate Frosting Iced Tea	Baked Chicken Mashed Potatoes w/ Gravy Greens Strawberry Cake w/ Icing Iced Tea	Sliced Turkey Rice w/ Gravy Mixed Vegetables Lemon Pie Iced Tea	Smoked Sausage Hash Greens Cornbread Banana Pudding Iced Tea	Spaghetti w/ Meat sauce Italian Green Beans Garlic Toast Applesauce Iced Tea
DINNER 5:00 - 6:00	Vegetable Soup Roast Beef Sandwich Pickled Beets Lettuce / Tomato / Onion Mayonnaise / Mustard Chocolate Chip Cookie Iced Tea	French Toast Scrambled Eggs Margarine / Syrup Sliced Fruit Iced Tea	Spinach / Mushroom Quiche Marinated Green Bean Salad Crackers Oreo Delight Iced Tea	Hamburger or Cheeseburger French Fries Lettuce / Tomato / Onion / Pickle Mayonnaise / Ketchup / Mustard Oatmeal Cream Cookie Iced Tea	Chef Salad Pasta Salad Ambrosia Iced Tea	Fried Fish Macaroni and Cheese Coleslaw Tartar Sauce Peach Cobbler Iced Tea	Salisbury Steak Mashed Potatoes w/ Gravy Fried Squash Blushing Pear Halves Iced Tea
Evening Snack 8:00 - 9:00							

Week of 3/22/2020

Week at a Glance

Week 4
Fall / Winter 2019 - 2020

	Sunday 3/22	Monday 3/23	Tuesday 3/24	Wednesday 3/25	Thursday 3/26	Friday 3/27	Saturday 3/28
Breakfast 8:00 - 9:00	Juice of Choice Cereal of Choice Egg Grits Bologna Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Grits Smoked Sausage Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fried Eggs Grits Sausage Links Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Waffles Syrup / Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Sausage, Egg and Cheese on Croissant Hash Browns Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Pancakes Syrup / Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Grits Bacon Toast w/ Margarine Milk Coffee or Hot Tea
LUNCH 12:00 - 1:00	Pot Roast Chateau Potatoes Stewed Tomatoes Peach Pie Iced Tea	Country Fried Steak Blackeye Peas Buttered Carrots Vanilla Pudding Iced Tea	Chicken Tortillas Mexicorn Mixed Cheese, Onion, Diced Tomato, Shredded Lettuce Sour Cream Caramel Cake w/ Icing Iced Tea	Chicken Pot Pie Fried Okra Butter Biscuit Chocolate Cake w/icing Iced Tea	Blackened Chicken Breast Wild Rice Mixed Vegetables Cheesecake Iced Tea	Salmon Patties Rice Pilaf Coleslaw Strawberry Shortcake Iced Tea	Meatballs w/ Sauce Spaghetti Buttered Green Beans Pound Cake Iced Tea
DINNER 5:00 - 6:00	Grilled Ham and Cheese Macaroni Salad Fruit Cocktail Sugar Cookies Iced Tea	Lasagna Buttered Green Beans Breadstick Tropical Fruit Iced Tea	Pork Chops Mashed Sweet Potatoes Greens Peanut Butter Cookies Iced Tea	Meatloaf Mashed Potatoes w/ Gravy Buttered Broccoli Fruit Cocktail Iced Tea	Taco Salad Black Bean and Corn Salad Fruit Cup Iced Tea	Baked Potato Soup Bacon Lettuce and Tomato Creamy Cucumber Salad Rocky Road Pie Iced Tea	Chicken Tenders O'Brien Potatoes Okra and Tomatoes Fruit and Marshmallow Cream Iced Tea
Evening Snack 8:00 - 2:00							