

Week of 7/19/2020

Week at a Glance

Week 1
Spring / Summer 2020

	Sunday 7/19	Monday 7/20	Tuesday 7/21	Wednesday 7/22	Thursday 7/23	Friday 7/24	Saturday 7/25
Breakfast 8:00 - 9:00	Juice of Choice Cereal of Choice Egg Grits Sausage Links Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Cheese Grits Bologna Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Bacon Egg Cheese Roll up Breakfast Cubes Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg French Toast Syrup / Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Ham, Bacon & Cheese Omelet Hash Browns Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Sausage Gravy Biscuit Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Grits Bacon Toast w/ Margarine Milk Coffee or Hot Tea
LUNCH 12:00 - 1:00	Sliced Roast Beef Rosemary Potatoes Buttered Carrots Chess Pie Iced Tea	Baked Chicken Ranch Beans Turnip Green Corn Bread Ambrosia Iced Tea	Country Meatloaf Garlic Mashed Potatoes Buttered Green Peas Chocolate Cake w/ Icing Iced Tea	Vegetable Soup Grilled Pimento Cheese Sandwich Crackers Peach Bavarian Cream Iced Tea	Chicken Strips Rice w/ Gravy Okra and Tomatoes Honey Mustard Dipping Sauce Chocolate Chip Bar Iced Tea	Fried Shrimp French Fries Coleslaw Tartar Sauce / Ketchup Lemon Squares Iced Tea	Chicken Cheese Quesadilla Yellow Rice Shredded Lettuce / Diced Tomatoes Sour Cream Sliced Fruit Iced Tea
DINNER 5:00 - 6:00	Grilled Chicken Pattie Mixed Corn Sliced Tomatoes Sliced Fruit Iced Tea	Country Fried Fish Mixed Vegetables Coleslaw Apple turnover Iced Tea	Chicken Allison Buttered Rice Buttered Broccoli Strawberry Delight Iced Tea	Baked Ham Candied Sweet Potatoes Seasoned Cabbage Cornbread Fruit Cobbler Iced Tea	Hamburger or Cheeseburger Potato Chips Lettuce / Tomato / Onion / Pickle Mayonnaise / Ketchup / Ice Cream Iced Tea	BBQ Pork Sandwich Lima Beans Squash and Onions Strawberry Cake w/ Icing Iced Tea	Sloppy Joe Corn Nuggets Buttered Green Beans Diced Pineapple Iced Tea
Evening Snack 8:00 - 2:00							

Week of 7/26/2020

Week at a Glance

Week 2
Spring / Summer 2020

	Sunday 7/26	Monday 7/27	Tuesday 7/28	Wednesday 7/29	Thursday 7/30	Friday 7/31	Saturday 8/1
Breakfast 8:00 - 9:00	Juice of Choice Cereal of Choice Egg Grits Bologna Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Grits Sausage Patties Mini Muffins Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Grits Bacon Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fried Egg Corned Beef Hash Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Steak, Egg & Cheese on Biscuit Hash Browns Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Pancakes Syrup / Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Grits Bacon Toast w/ Margarine Milk Coffee or Hot Tea
LUNCH 12:00 - 1:00	Chicken and Wild Rice Soup Grilled Cheese Sandwich Tossed Salad w/ Dressing Crackers Baked Apple Pie Iced Tea	Sausage Ranch Quiche Sliced Tomatoes Crackers Fruit and Marshmallow Cream Iced Tea	Smothered Chicken Rice Parmesan Tomatoes Cornbread Blonde Brownie Iced Tea	Chef Salad Fruit Salad Crackers Peanut Butter Cookie Iced Tea	Egg Salad on Croissant Macaroni Salad Tomato Spoon Salad Apple Banana Cake Iced Teas	Potato Soup Bacon Lettuce Tomato Sandwich Mayonnaise Sliced Fruit Iced Tea	BBQ Pork Sandwich Macaroni and Cheese Coleslaw Baked Beans Watermelon Iced Tea
DINNER 5:00 - 6:00	Pork Chops Baked Potatoes Seasoned Cabbage Butter / Sour Cream Mandarin Orange Cake Iced Tea	Spaghetti w/ Meat Sauce Buttered Broccoli Garlic Bread Parmesan Cheese Buttermilk Pie Iced Teas	BBQ Burger Casserole Buttered Green Beans Breadstick Pineapple Delight Iced Tea	Fried Fish Sandwich Blackeye Peas Buttered Carrots Lemon Pie Iced Tea	Beef Burgundy Buttered Noodles Squash and Onions Baked Peach Halves Iced Tea	Country Fried Steak Mashed Potatoes w/ Gravy Greens Peanut Butter Brownie Dump Cake Iced Tea	Hamburger Steak Rice with Brown Gravy Brussel Sprouts Cornbread Yellow Cake with Icing Iced Tea
Evening Snack 8:00 - 2:00							

Week of 8/2/2020

Week at a Glance

Week 3
Spring / Summer 2020

	Sunday 8/2	Monday 8/3	Tuesday 8/4	Wednesday 8/5	Thursday 8/6	Friday 8/7	Saturday 8/8
Breakfast 8:00 - 9:00	Juice of Choice Cereal of Choice egg Grits Bologna Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice egg Corned Beef Hash Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Cheesy Grits Sausage Links Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fried Egg Breakfast Cubes Sausage Pattie Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Chicken, Egg & Cheese on Crossian Hash Browns Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Sausage Gravy Biscuit Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Grits Bacon Toast w/ Margarine Milk Coffee or Hot Tea
LUNCH 12:00 - 1:00	Tuna Melt Sliced Tomatoes Broccoli Salad Ice Cream Iced Tea	Beef Tips with Mushrooms Over Rice Buttered Carrots Chocolate Cake w/ Peanut Butter Icing Iced Tea	Chicken Salad Sandwich Macaroni Salad Marinated Cucumbers / Onions Chocolate Chip Cookies Iced Tea	Hamburger or Cheeseburger Baked Beans Lettuce / Tomato / Onion / Pickle Mayonnaise / Ketchup / Mustard Strawberry Delight Iced Tea	Roast Beef Sandwich Tator Tots Apple Raisin Salad Lettuce / Tomato / Onion Mayonnaise / Tomato Peanut Butter Cake Iced Tea	Fried Fish French Fries ColeSlaw Tartar Sauce / Ketchup Lemon Pie Iced Tea	Pork Chop Rice Pilaf Buttered Green Peas Cornbread Fruited Gelatin Iced Tea
DINNER 5:00 - 6:00	Brown Suagr Glazed Ham Mashed Sweet Potatos Seasoned Cabbage Sour Cream / Coconut Cake Iced Tea	BBQ Pork Sandwich Potato Chips ColeSlaw Sliced Fruit Iced Tea	Sliced Turkey w/ Gravy Wild Rice Greens Cornbread Rosy Applesauce Iced Tea	Roasted Pork Loin Baked Sweet Potato Buttered Green Beans Banan Apple Dessert Iced Tea	Fried Chicken Lima Beans Buttered Corn Banana Pudding Iced Tea	Corn Dogs Pasta Salad Fruit Cup Ketchup / Mustard Jello Cake Iced Tea	Chicken Tenders Hidden Valley Potato Salad Fried Squash Honey Mustard Dipping Sauce Fruit Cup Iced Tea
Evening Snack 8:00 - 2:00							

Week of 8/9/2020

Week at a Glance

Week 4
Spring / Summer 2020

	Sunday 8/9	Monday 8/10	Tuesday 8/11	Wednesday 8/12	Thursday 8/13	Friday 8/14	Saturday 8/15
Breakfast 8:00 - 9:00	Juice of Choice Cereal of Choice Egg Grits Sausage Links Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Grits Smoked Sausage Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fried Eggs Grits Bacon Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Waffles Syrup / Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Sausage, Egg and Cheese on Croissant Hash Browns Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Pancakes Syrup / Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Grits Bacon Toast w/ Margarine Milk Coffee or Hot Tea
LUNCH 12:00 - 1:00	Vegetable Beef Soup Deli Sandwich Peach / Cottage Salad Lettuce / Tomato/ Onion Mayonnaise / Mustard Sugar Cookies Iced Tea	BBQ Chicken Baked Beans Coleslaw Yellow Cake w/ Icing Iced Tea	Hamburger Steak w/ Gravy Twice Baked Potatoe Tossed Salad w/ Dressing Sour Cream Chocolate Cream Pie Iced Tea	Italian Chicken Bake Baby Carrots Garlic Cheese Biscuit Chocolate Cake w/icing strawberry w/ Whipped Topping	Pork Roast Pint Beans California Mixed Vegetables Cheesecake Iced Tea	BBQ Ribs Potato Salad Baked Beans Pineapple Upside Cake Iced Tea	Minestrone Soup Grilled Cheese Sandwich Crackers Sliced Fruit Iced Tea
DINNER 5:00 - 6:00	Sliced Turkey w/ Gravy Cornbread Dressing Stewed Tomatoes Cranberry Sauce Country Apple Dumplins Iced Tea	Parmesan Baked Fish Rice Pilaf Mixed Vegetables Lemon Square Iced Tea	Lasagna Italian Green Beans Garlic Bread Ice Cream Iced Tea	Beef Fajita Spanish Rice Black Bean & Corn Salad Shredded Lettuce / Diced Tomatoes Sour Cream Sherbet Iced Tea	Cheese Omelet Sausage Patty Hash Browns Sliced Tomatoes Biscuit Margarine / Jelly Pear Half Iced Tea	Hamburger or Cheeseburger French Fries Lettuce / Tomato / Onion / Pickle Mayonnaise / Ketchup / Mustard Banana Split Pie Iced Tea	Baked Ham Baked Sweet Potato Fried Zucchini Cinnamon Butter Oreo Delight Iced Tea
Evening Snack 8:00 - 2:00							