

Week of 12/8/2019

## Week at a Glance

Week 1  
Fall / Winter 2019 - 2020

	Sunday 12/8	Monday 12/9	Tuesday 12/10	Wednesday 12/11	Thursday 12/12	Friday 12/13	Saturday 12/14
<b>Breakfast</b> 8:00 - 9:00	Juice of Choice Cereal of Choice Egg Grits Sausage Links Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Grits Bologna Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Cheesy Grits Sausage Patties Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg French Toast  Syrup / Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Ham, Bacon & Cheese Omelet Hash Browns  Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Sausage Gravy  Biscuit  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Grits Bacon Toast w/ Margarine  Milk Coffee or Hot Tea
<b>LUNCH</b> 12:00 - 1:00	Sliced Ham Baked Sweet Potato Seasoned Cabbage  Cinnamon Butter  Pineapple Upside Down Cake Iced Tea	BBQ Chicken Potato Salad Southern Green Beans  Peach Cobbler Iced Tea	Smoked Sausage Pinto Beans Squash and Onions  Chocolate Cake w/ Icing Iced Tea	Taco Soup Grilled Cheese Sandwich  Crackers  Tropical Fruit Iced Tea	Country Fried Steak Mashed Potatoes w/ Gravy Seasoned Spinach  Cinnamon Roll Cake Iced Tea	Fried Fish French Fries Coleslaw  Lemon Pudding Iced Tea	Chicken Noodle Soup Pimento Cheese Sandwich Fruit Cocktail Crackers  Chocolate Chip Cookie Iced Tea
<b>DINNER</b> 5:00 - 6:00	Hamburger Steak w/ Gravy Lima Beans Honey Glazed Carrots  Sugar Cookies Iced Tea	Fried Fish Macaroni and Cheese Coleslaw  Tartar Sauce  Lemon Pie Iced Tea	Hamburger or Cheeseburger French Fries  Lettuce, Tomato, Onion, Pickle Mayonnaise, Ketchup, Mustard  Rice Krispie Treat Iced Tea	Honey Mustard Chicken Rice w/ Gravy California Mix Vegetables  Mandarin Orange Cake Iced Tea	Chunky Chicken Gumbo Rice Tossed Salad w/ Dressing  Ice Cream Iced Tea	Braised Beef Tips Buttered Noodles Italian Green Beans  Buttermilk Pie Iced Tea	Pork Roast Rice Pilaf Sliced Carrots  Strawberry Shortcake Iced Tea
<b>Evening Snack</b> 8:00 - 2:00							

Week of 12/15/2019

## Week at a Glance

**Week 2**  
Fall / Winter 2019 - 2020

	Sunday 12/15	Monday 12/16	Tuesday 12/17	Wednesday 12/18	Thursday 12/19	Friday 12/20	Saturday 12/21
<b>Breakfast</b> 8:00 - 9:00	Juice of Choice Cereal of Choice Egg  Grits Bologna Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg  Grits Sausage Patties Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg  Grits Sausage Links Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fried Egg  Corned Beef Hash Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Steak, Egg & Cheese on Biscuit Hash Browns  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg  Pancakes  Syrup / Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg  Grits Bacon Toast w/ Margarine  Milk Coffee or Hot Tea
<b>LUNCH</b> 12:00 - 1:00	Sliced Ham  Blackeye Peas Fried Okra  Apple Pie Iced Tea	Tomato Soup  Grilled Cheese Sandwich Crackers  Fruit Cocktail Iced Tea	Fried Fish  Rice Pilaf Italian Mixed Vegetables  Baked Apple Slices Iced Tea	Fried Chicken  Buttered Corn Greens  Four Layer Dessert Iced Tea	Sliced Turkey  Wild Rice Maple Roasted Brussel Sprouts  Sweet Potato Pie Iced Teas	Egg Salad Sandwich  Potato Chips English Pea Salad  Mandarin Oranges Iced Tea	Chicken, Rice and Broccoli Casserole  Breadstick  Sliced Fruit Iced Tea
<b>DINNER</b> 5:00 - 6:00	Chicken Tenders Tator Tots Broccoli w/ Cheese Sauce  Yellow Cake w/ Icing Iced Tea	BBQ Pork Sandwich Baked Beans Cole Slaw  Snickerdoodle Cookie Iced Teas	Veal Parmesan Buttered Noodles Green Beans  Peanut Butter Cake Iced Tea	Smothered Pork Chop Potato Pancakes Mixed Vegetables  Neiman Marcus Cake Bar Iced Tea	Spaghetti w/ Meat Sauce Tossed Salad w/ Dressing  Garlic Bread  Fruited Gelatin Iced Tea	Catfish Fillet Macaroni and Cheese Cole Slaw  Lemon Squares Iced Tea	Beef Stew Breaded Squash  Cornbread  Blushing Pear Halves Iced Tea
<b>Evening Snack</b> 8:00 - 2:00							

Week of 12/22/2019

## Week at a Glance

**Week 3**  
**Fall / Winter 2019 - 2020**

	Sunday 12/22	Monday 12/23	Tuesday 12/24	Wednesday 12/25	Thursday 12/26	Friday 12/27	Saturday 12/28
<b>Breakfast</b> 8:00 - 9:00	Juice of Choice Cereal of Choice egg  Grits Bologna Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice egg  Corned Beef Hash  Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg  Cheesy Grits Sausage Links Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fried Egg  Breakfast Cubes Sausage Pattie Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Chicken, Egg & Cheese on Biscuit Hash Browns  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg  Sausage Gravy  Biscuit  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg  Grits Bacon Toast w/ Margarine  Milk Coffee or Hot Tea
<b>LUNCH</b> 12:00 - 1:00	Chicken and Dumplings Breaded Okra   Brownie w/ Icing  Iced Tea	Orange Marmalade Ham Lima Beans Seasoned Cabbage  Chess Pie  Iced Tea	Steak Fingers Rice w/ Gravy Buttered Peas  Yellow Cake w/ Chocolate Frosting Iced Tea	Baked Chicken Mashed Potatoes w/ Gravy Greens  Strawberry Cake w/ Icing  Iced Tea	Sliced Turkey Cornbread Stuffing Rice w/ Gravy Buttered Roll Sweet Potato Casserole Green Bean Casserole Choice of Pie  Iced Tea	Smoked Sausage Hash Greens Cornbread  Banana Pudding  Iced Tea	Spaghetti w/ Meat sauce Italian Green Beans Garlic Toast  Applesauce  Iced Tea
<b>DINNER</b> 5:00 - 6:00	Vegetable Soup Roast Beef Sandwich Pickled Beets  Lettuce / Tomato / Onion  Mayonnaise / Mustard  Chocolate Chip Cookie Iced Tea	French Toast Scrambled Eggs Cheesy Grits  Margarine / Syrup  Sliced Fruit Iced Tea	Spinach / Mushroom Quiche Marinated Green Bean Salad  Crackers  Oreo Delight Iced Tea	Hamburger or Cheeseburger French Fries  Lettuce / Tomato / Onion / Pickle Mayonnaise / Ketchup / Mustard  Oatmeal Cream Cookie Iced Tea	Chef Salad Pasta Salad   Ambrosia Iced Tea	Fried Fish Macaroni and Cheese Coleslaw  Tartar Sauce  Peach Cobbler Iced Tea	Salisbury Steak Mashed Potatoes w/ Gravy Fried Squash   Blushing Pear Halves Iced Tea
<b>Evening Snack</b> 8:00 - 9:00							

Week of 12/29/2019

## Week at a Glance

**Week 4**  
Fall / Winter 2019 - 2020

	Sunday 12/29	Monday 12/30	Tuesday 12/31	Wednesday 1/1	Thursday 1/2	Friday 1/3	Saturday 1/4
Breakfast 8:00 - 9:00	Juice of Choice Cereal of Choice Egg  Grits Bologna Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg  Grits Smoked Sausage Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fried Eggs  Grits Sausage Links Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg  Waffles Syrup / Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Sausage, Egg and Cheese on Croissant Hash Browns  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg  Pancakes Syrup / Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg  Grits Bacon Toast w/ Margarine  Milk Coffee or Hot Tea
LUNCH 12:00 - 1:00	Pot Roast Chateau Potatoes Stewed Tomatoes  Peach Pie Iced Tea	Country Fried Steak Blackeye Peas Buttered Carrots  Banana Pudding Iced Tea	Chicken Tortillas Tossed Salad w/ Dressing  Mixed Cheese, Onion, Diced Tomato, Shredded Lettuce Sour Cream  Caramel Cake w/ Icing Iced Tea	Chicken Pot Pie Fried Okra  Buttered Biscuit  Chocolate Cake w/ Icing Iced Tea	Blackened Chicken Breast Wild Rice Mixed Vegetables  Cheesecake Iced Tea	Salmon Patties Rice Pilaf Coleslaw  Strawberry Shortcake Iced Tea	Meatballs w/ Sauce Spaghetti Buttered Green Beans  Pound Cake Iced Tea
DINNER 5:00 - 6:00	Grilled Ham and Cheese Macaroni Salad Fruit Cocktail  Sugar Cookies Iced Tea	Lasagna Buttered Green Beans  Breadstick  Tropical Fruit Iced Tea	Pork Chops Mashed Sweet Potatoes Greens  Peanut Butter Cookies Iced Tea	Meatloaf Mashed Potatoes w/ Gravy Buttered Broccoli  Fruit Cocktail Iced Tea	Taco Salad Black Bean and Corn Salad  Fruit Cup Iced Tea	Baked Potato Soup Bacon Lettuce and Tomato Creamy Cucumber Salad  Rocky Road Pie Iced Tea	Chicken Tenders O'Brien Potatoes Okra and Tomatoes  Fruit and Marshmallow Cream Iced Tea
Evening Snack 8:00 - 2:00							