



JANUARY 2022

HAPPY NEW YEAR!!!!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 New Years Day!! 10:30 Hydration/ Snacks 3:00 Hydration/ Snacks Activity Packets Available-Lobby
2 10:00 <i>Columbia Church of Christ-AR</i> 10:30 Hydration/ Snacks 3:00 Hydration/ Snacks	3 National fruitcake toss Day 9:30 Sit-er-cize 10:30 Hydration/ Snacks 1:00 Devotions w/Jeff 2:00 Brinqo w/ Joyce 3:00 Walking Club 3:30 Hydration/ Snacks	4 National Spaghetti Day 9:30 Chair Yoqa 10:30 Hydration/ Snacks 11:00 Binqo 1:00 Devotions w/Jeff 2:00 play pool -PR 3:30 Hydration/ Snacks	5 National Bird Day 9:30 Sit-er-cize-AR 10:00 Hydration/ Snacks 11:00 Music Therapy 1:00 Devotions w/ Jeff 3:00 Play Pool-PR 3:30 Hydration/ Snacks	6 National Shortbread Day 9:30 Chair Arobics- AR 10:00 Hydration/ Snacks 11:00 WALMART TRIP 1:00 Devotions w/Jeff 2:00 WALKING CLUB 3:00 Hydration/ Snacks	7 9:30 Sit-er-cize-AR 10:00 Hydration/ Snacks 11:00 Bingo 1:00 Devotions w/Jeff 2:00 AFTERNOON MOIVE 3:00 Hydration/ Snacks	8 10:30 Hydration/ Snacks 3:00 Hydration/ Snacks Activity Packets Available-Lobby
9 10:00 <i>Columbia Church of Christ-AR</i> 10:30 Hydration/ Snacks 3:00	10 9:30 Sit-er-cize 10:30 Hydration/ Snacks 1:00 Devotions w/Jeff 2:00 Brinqo w/ Joyce 3:00 Hydration/ Snacks 5:30 popcorn & movie	11 9:30 Music Therapy 10:30 Hydration/ Snacks 1:00 Devotions w/Jeff 2:00 walking club 3:30 Karaoke-AR 3:30 Hydration/ Snacks	12 9:30 Sit-er-cize-AR 10:00 Hydration/ Snacks 11:00 Binqo w/ Jeff 1:00 Devotions w/ Jeff 3:00 Play Pool-PR 3:30 Hydration/ Snacks Clothes Closet Open	13 9:30 Chair Arobics- AR 10:00 Hydration/ Snacks 11:00 WALMART TRIP 1:00 Devotions w/Jeff 2:00 WALKING CLUB 3:30 Hydration/ Snacks	14 9:30 Sit-er-cize-AR 10:00 Hydration/ Snacks 11:00 Penny Auction 1:00 Devotions w/Jeff 2:00 January Birthday Party 3:00 Binqo	15 10:30 Hydration/ Snacks 3:00 Hydration/ Snacks Activity Packets Available-Lobby
16 10:00 <i>Columbia Church of Christ-AR</i> 10:30 Hydration/ Snacks 3:00 Hydration/ Snacks	17 Martin Luther King Jr. Day 9:30 Muffins and coffee 10:30 Hydration/ Snacks 1:00 Devotions w/Jeff 2:00 Music Therapy 3:00 afternoon snacks 3:30 Walking Club	18 9:30 Chair Yoqa 10:30 Hydration/ Snacks 1:00 Devotions w/Jeff 2:00 Binqo 3:30 Hydration/ Snacks	19 National Popcorn Day 9:30 Sit-er-cize-AR 10:00 Hydration/ Snacks 11:00 Binqo w/ Jeff 1:00 Devotions w/ Jeff 3:00 movie time AC- 3:30 Hydration/ Snacks	20 National Cheese Lover Day 9:30 Chair Arobics- AR 10:00 Hydration/ Snacks 11:00 WALMART TRIP 1:00 Devotions w/Jeff 2:00 Binqo 3:30 Hydration/snacks Clothes Closet Open	21 9:30 Muffins and Coffee 10:00 Hydration/ Snacks 11:00 Board Games 1:00 Devotions w/Jeff 2:00 AFTERNOON MOIVE 3:00 Hydration/ Snacks	22 10:00 Hydration/ Snacks 3:00 Hydration/ Snacks Activity Packets Available-Lobby
23 10:00 <i>Columbia Church of Christ-AR</i> Hydration/ Snacks 10:30 Hydration/ Snacks 3:00	24 National Peanut Butter Day 9:30 Sit-er-cize 10:30 Hydration/ Snacks 1:00 Devotions w/Jeff 2:00 Binqo w/ Joyce 3:00 CARD GAMES 3:30 Hydration/ Snacks	25 National Opposite Day 9:30 Music Therapy 10:30 Hydration/ Snacks 1:00 Devotions w/Jeff 2:00 Walking Club 3:30 Hydration/ Snacks	26 9:30 Walking Club 10:00 Hydration/ Snacks 11:00 Binqo w/ Jeff 1:00 Devotions w/ Jeff 3:00 Play Pool-PR 3:30 Hydration/ Snacks	27 National Chocolate Cake Day 9:30 Chair Arobics- AR 10:00 Hydration/ Snacks 11:00 WALMART TRIP 1:00 Devotions w/Jeff 2:00 POPCORN & MOVIE 3:00 Hydration/ Snacks	28 9:30 Muffins and Coffee 10:00 Hydration/ Snacks 11:00 Walking Club 1:00 Devotions w/Jeff 3:00 Card Games/Puzzle 3:30 Hydration/ Snacks	29 10:00 Hydration/ Snacks 3:00 Hydration/ Snacks
30 10:00 Hydration/Snacks 3:00 Hydration/Snacks	31 9:30 Music therapy 10:30 Hydration/Snacks 11:00 Walking Club 1:00 Devotions w/Jeff 2:00 Bingo 3:00 Hydration/ Snacks	All activities subject to change without notice. Snacks also served daily at 8:30 pm.				