

Week of 7/21/2019

Week at a Glance

Week 1
Spring / Summer 2019

	Sunday 7/21	Monday 7/22	Tuesday 7/23	Wednesday 7/24	Thursday 7/25	Friday 7/26	Saturday 7/27
Breakfast 8:00 - 9:00	Juice of Choice Cereal of Choice Egg Grits Sausage Links Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Grits Bologna Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Cheesy Grits Sausage Patties Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg French Toast Syrup / Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Ham, Bacon & Cheese Omelet Hash Browns Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Sausage Gravy Biscuit Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Grits Bacon Toast w/ Margarine Milk Coffee or Hot Tea
LUNCH 12:00 - 1:00	Sliced Roast Beef Italian seasoned red potatoes Brussel Sprouts Chess Pie Iced Tea	Baked Pork Chops Pinto Beans Turnip Greens Ambrosia Iced Tea	Meatloaf w/ Gravy Mashed Potatoes Buttered Peas Chocolate Cake w/ Icing Iced Tea	Baked Ham Candied Sweet Potato Seasoned Cabbage Fruit Cobbler Iced Tea	Fried Chicken Lima Beans Squash w/ Onions Strawberry Cake w/ Icing Iced Tea	Fried Catfish Steak Fries Cole Slaw Tartar Sauce / Ketchup Lemon Squares Iced Tea	Pork Tips Rice w/ Gravy Brussel Sprouts Brownie Iced Tea
DINNER 5:00 - 6:00	Hot Dog on a Bun French Fries Baked Beans Sliced Fruit Iced Tea	Fish Sandwich Macaroni and Cheese Mixed Vegetables Apple Turnover Iced Tea	Chicken Allison Rice w/ Gravy Buttered Broccoli Strawberry Delight Iced Tea	Vegetable Soup Pimenmto Cheese Sandwich Crackers Peach bavarian Cream Iced Tea	Hamburger or Cheeseburger Potato Chips Lettuce / Tomato / Onion / Pickle Mayonnaise / Ketchup / Mustard Four Layer Delight Iced Tea	Pot Pie Fried Okra Cornbread Muffin Chocolate Chip Bar Iced Tea	Sloppy Joe on a Bun Corn Nuggets Buttered Green Beans Pineapple Tidbits Iced Tea
Evening Snack 8:00 - 2:00							

Week of 7/28/2019

Week at a Glance

Week 2
Spring / Summer 2019

	Sunday 7/28	Monday 7/29	Tuesday 7/30	Wednesday 7/31	Thursday 8/1	Friday 8/2	Saturday 8/3
Breakfast 8:00 - 9:00	Juice of Choice Cereal of Choice Egg Grits Bologna Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Grits Sausage Patties Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Grits Sausage Links Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fried Egg Corned Beef Hash Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Sausage, Egg & Cheese on Biscuit Hash Browns Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Pancakes Syrup / Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Grits Bacon Toast w/ Margarine Milk Coffee or Hot Tea
LUNCH 12:00 - 1:00	Opened Faced Roast Beef Sandwich Mashed Potatoes w/ Gravy Seasoned Cabbage Mandarin Orange Cake Iced Tea	Spaghetti w/ Meat Sauce Italian Green Beans Garlic Toast Buttermilk Pie Iced Tea	Baked Chicken Rice w/ Gravy Squash and Onions Blonde Brownie Iced Tea	Country Fried Fish Blackeye Peas Buttered Carrots Lemon Pie Iced Tea	Barbecue Ribs Potato Sala Cole Slaw Pineapple Upside Down Cake Iced Teas	Beef Stew Buttered Noodles Mixed Vegetables Baked Peach Halves Iced Tea	Baked Parmesan Chicken Mashed Potatoes Capri Mixed Vegetables Brownie w/ Icing Iced Tea
DINNER 5:00 - 6:00	Wild Rice and Chicken Soup Grilled Cheese Sandwich Tossed Salad w/ Dressing Baked Sliced Apples Iced Tea	Sausage Ranch Quiche Sliced Tomatoes Crackers Fruit and Marshmallow Cream Iced Teas	Chef Salad w/ Dressing Fruit Salad Breadstick Pineapple Delight Iced Tea	Bake Penne Buttered Green Beans Crackers Sugar Cookies Iced Tea	Chicken Salad Sandwich English Pea Salad Tomato Spoon Salad Apple Banana Cup Iced Tea	Potato Soup Bacon Lettuce Tomato Sandwich Fresh Sliced Fruit Iced Tea	Hamburger Steak w/ Gravy Rice Buttered Broccoli Yellow Cake w/ Icing Iced Tea
Evening Snack 8:00 - 2:00							

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Week of 8/4/2019

Week at a Glance

Week 3
Spring / Summer 2019

	Sunday 8/4	Monday 8/5	Tuesday 8/6	Wednesday 8/7	Thursday 8/8	Friday 8/9	Saturday 8/10
Breakfast 8:00 - 9:00	Juice of Choice Cereal of Choice egg Grits Bologna Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice egg Corned Beef Hash Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Cheesey Grits Sausage Links Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fried Egg Breakfast Cubes Sausage Pattie Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Bacon, Egg & Cheese on English Muffin Hash Browns Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Sausage Gravy Biscuit Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Grits Bacon Toast w/ Margarine Milk Coffee or Hot Tea
LUNCH 12:00 - 1:00	Baked Ham Candied Sweet Potatoes Seasoned Cabbage Sour Cream Coconut Cake Iced Tea	Sliced Turkey Macaroni and Cheese Greens Yellow Cake w/ Icing Iced Tea	Egg Salad Sandwich Blackeye Pea Salad Marinated Cucumbers / Onions Rosy Applesauce Iced Tea	Hamburger or Cheeseburger Bake Bean Potato Chips Lettuce / Tomato / Onion / Pickle Mayonnaise / Ketchup / Mustard Strawberry Delight Iced Tea	Fried Chicken Baked Sweet Potato Corn and Cheese Casserole Cornbread Muffin Banana Pudding Iced Tea	Fried Fish French Fries Coleslaw Lemon Pie Iced Tea	Pork Chop Rice Pilaf Buttered Green Beans Fruited Jell-O Iced Tea
DINNER 5:00 - 6:00	Tuna Salad Sandwich Sliced Tomatoes Fruit Salad Ice Cream Iced Tea	Cheese Quesadilla Yellow Rice Shredded Lettuce / Diced Tomatoes Sour Cream Sliced Fruit Iced Tea	Ravioli w/ Sauce Buttered Green Beans Banana Pineapple Dessert Iced Tea	Corn Dogs Pasta Salad Fruit Salad Jell-O Cake Iced Tea	Beef Stew Rice Cornbread Chocolate Chip Cookies Iced Tea	Roast Beef Sandwich Tator Tots Apple Raisin Salad Peanut Butter Cake w/ Peanut Butter icing Iced Tea	Chicken Tenders Hidden Valley Potato Sala Fried Zucchini Fruit Cup Iced Tea
Evening Snack 8:00 - 9:00							

Week of 8/11/2019

Week at a Glance

Week 4
Spring / Summer 2019

	Sunday 8/11	Monday 8/12	Tuesday 8/13	Wednesday 8/14	Thursday 8/15	Friday 8/16	Saturday 8/17
Breakfast 8:00 - 9:00	Juice of Choice Cereal of Choice Egg Grits Bologna Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Grits Smoked Sausage Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Waffles Syrup / Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fried Eggs Grits Sausage Links Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Bacon Egg and Cheese on Croissant Hash Browns Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Pancakes Syrup / Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Grits Bacon Toast w/ Margarine Milk Coffee or Hot Tea
LUNCH 12:00 - 1:00	Sliced Turkey w/ Gravy Cornbread Stuffing Stewed Tomatoes Country Apple Dumplings Iced Tea	Personnel Pizza Salad w/ Dressing Iced Cupcake Iced Tea	Hamburger Steak w/ Gravy Baked Potato Buttered Peas Butter / Sour Cream Chocolate Cream Pie Iced Tea	Italian Baked Chicken Baby Carrots Garlic Toast Strawberries w/ Cool Whip Iced Tea	Pork Roast Lima Beans California Mixed Vegetables Cheesecake Iced Tea	Chicken Tenders Potato Salad Buttered Carrots Honey Mustard Dressing Peanut Butter & Brownie Dump Cake Iced Tea	Salisbury Steak Speckled Butter Beans Fried Okra Fruit Crisp Iced Tea
DINNER 5:00 - 6:00	Vegetable Beef Soup Deli Sandwich Peach /Cottage Cheese Salad Crackers Sugar Cookies Iced Tea	Beef Fajita Spanish Rice Black Bean & Corn Salad Shredded Lettuce / Diced Tomatoes Sour Cream Sherbet Iced Tea	Cheese Omelet Sausage Pattie Hash Browns Buttered Biscuit Peanut Butter Cookie Iced Tea	Sub Sandwich Potato Salad Three Bean Salad Lemon Squares Iced Tea	Lasagna Italian Green Beans Breadstick ice Cream Iced Tea	Hamburger or Cheeseburger French Fries Lettuce / Tomato / Onion / Pickle Mayonnaise / Ketchup / Mustard Banana Split Pie Iced Tea	Baked Ham Yams Fried Zucchini Oreo Delight Iced Tea
Evening Snack 8:00 - 2:00							