

Week of 6/23/2019

## Week at a Glance

Week 1  
Spring / Summer 2019

	Sunday 6/23	Monday 6/24	Tuesday 6/25	Wednesday 6/26	Thursday 6/27	Friday 6/28	Saturday 6/29
<b>Breakfast</b> 8:00 - 9:00	Juice of Choice Cereal of Choice Egg Grits Sausage Links Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Grits Bologna Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Cheesy Grits Sausage Patties Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg French Toast  Syrup / Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Ham, Bacon & Cheese Omelet Hash Browns  Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Sausage Gravy  Biscuit  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Grits Bacon Toast w/ Margarine  Milk Coffee or Hot Tea
<b>LUNCH</b> 12:00 - 1:00	Sliced Roast Beef Rosemary Potatoes Brussel Sprouts  Chess Pie Iced Tea	Baked Pork Chops Pinto Beans Turnip Greens  Ambrosia Iced Tea	Meatloaf w/ Gravy Mashed Potatoes Buttered Peas  Chocolate Cake w/ Icing Iced Tea	Baked Ham Candied Sweet Potato Seasoned Cabbage  Fruit Cobbler Iced Tea	Fried Chicken Lima Beans Squash w/ Onions  Strawberry Cake w/ Icing Iced Tea	Fried Catfish Steak Fries Cole Slaw Tartar Sauce / Ketchup  Lemon Squares Iced Tea	Pork Tips Rice w/ Gravy Brussel Sprouts  Brownie Iced Tea
<b>DINNER</b> 5:00 - 6:00	Hot Dog on a Bun French Fries Baked Beans  Sliced Fruit Iced Tea	Fish Sandwich Macaroni and Cheese Mixed Vegetables  Apple Turnover Iced Tea	Chicken Allison Rice w/ Gravy Buttered Broccoli  Strawberry Delight Iced Tea	Vegetable Soup Pimenmto Cheese Sandwich  Crackers  Peach bavarian Cream Iced Tea	Hamburger or Cheeseburger Potato Chips  Lettuce / Tomato / Onion / Pickle Mayonnaise / Ketchup / Mustard  Four Layer Delight Iced Tea	Pot Pie Fried Okra  Cornbread Muffin  Chocolate Chip Bar Iced Tea	Sloppy Joe on a Bun Corn Nuggets Buttered Green Beans  Pineapple Tidbits Iced Tea
<b>Evening Snack</b> 8:00 - 2:00							

Week of 6/30/2019

## Week at a Glance

**Week 2**  
**Spring / Summer 2019**

	Sunday 6/30	Monday 7/1	Tuesday 7/2	Wednesday 7/3	Thursday 7/4	Friday 7/5	Saturday 7/6
<b>Breakfast</b> 8:00 - 9:00	Juice of Choice Cereal of Choice Egg  Grits Bologna Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg  Grits Sausage Patties Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg  Grits Sausage Links Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fried Egg  Corned Beef Hash Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Sausage, Egg & Cheese on Biscuit Hash Browns  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg  Pancakes  Syrup / Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg  Grits Bacon Toast w/ Margarine  Milk Coffee or Hot Tea
<b>LUNCH</b> 12:00 - 1:00	Opened Faced Roast Beef Sandwich Mashed Potatoes w/ Gravy Seasoned Cabbage  Mandarin Orange Cake Iced Tea	Spaghetti w/ Meat Sauce  Italian Green Beans  Garlic Toast  Buttermilk Pie Iced Tea	Baked Chicken  Rice w/ Gravy Squash and Onions  Blonde Brownie Iced Tea	Country Fried Fish  Blackeye Peas Buttered Carrots  Lemon Pie Iced Tea	Barbecue Ribs  Potato Sala Cole Slaw  Pineapple Upside Down Cake Iced Teas	Beef Stew  Buttered Noodles Mixed Vegetables  Baked Peach Halves Iced Tea	Baked Parmesan Chicken  Mashed Potatoes Capri Mixed Vegetables  Brownie w/ Icing Iced Tea
<b>DINNER</b> 5:00 - 6:00	Wild Rice and Chicken Soup Grilled Cheese Sandwich  Tossed Salad w/ Dressing  Baked Sliced Apples Iced Tea	Sausage Ranch Quiche Sliced Tomatoes  Crackers  Fruit and Marshmallow Cream Iced Teas	Chef Salad w/ Dressing Fruit Salad  Breadstick  Pineapple Delight Iced Tea	Bake Penne Buttered Green Beans  Crackers  Sugar Cookies Iced Tea	Chicken Salad Sandwich English Pea Salad  Tomato Spoon Salad  Apple Banana Cup Iced Tea	Potato Soup Bacon Lettuce Tomato Sandwich  Fresh Sliced Fruit Iced Tea	Hamburger Steak w/ Gravy Rice  Buttered Broccoli  Yellow Cake w/ Icing Iced Tea
<b>Evening Snack</b> 8:00 - 2:00							

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Week of 7/7/2019

## Week at a Glance

Week 3  
Spring / Summer 2019

	Sunday 7/7	Monday 7/8	Tuesday 7/9	Wednesday 7/10	Thursday 7/11	Friday 7/12	Saturday 7/13
<b>Breakfast</b> 8:00 - 9:00	Juice of Choice Cereal of Choice egg  Grits Bologna Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice egg  Corned Beef Hash  Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg  Cheesey Grits Sausage Links Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fried Egg  Breakfast Cubes Sausage Pattie Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Bacon, Egg & Cheese on English Muffin Hash Browns  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg  Sausage Gravy  Biscuit  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg  Grits Bacon Toast w/ Margarine  Milk Coffee or Hot Tea
<b>LUNCH</b> 12:00 - 1:00	Baked Ham Candied Sweet Potatoes Seasoned Cabbage   Sour Cream Coconut Cake Iced Tea	Sliced Turkey Macaroni and Cheese Greens   Yellow Cake w/ Icing Iced Tea	Egg Salad Sandwich Blackeye Pea Salad Marinated Cucumbers / Onions   Rosy Applesauce Iced Tea	Hamburger or Cheeseburger Bake Bean Potato Chips  Lettuce / Tomato / Onion / Pickle Mayonnaise / Ketchup / Mustard  Strawberry Delight Iced Tea	Fried Chicken Baked Sweet Potato Corn and Cheese Casserole  Cornbread Muffin  Banana Pudding Iced Tea	Fried Fish French Fries Coleslaw   Lemon Pie Iced Tea	Pork Chop Rice Pilaf Buttered Green Beans   Fruited Jell-O Iced Tea
<b>DINNER</b> 5:00 - 6:00	Tuna Salad Sandwich Sliced Tomatoes Fruit Salad   Ice Cream  Iced Tea	Cheese Quesadilla Yellow Rice Shredded Lettuce / Diced Tomatoes  Sour Cream  Sliced Fruit  Iced Tea	Ravioli w/ Sauce Buttered Green Beans   Banana Pineapple Dessert  Iced Tea	Corn Dogs Pasta Salad Fruit Salad   Jell-O Cake  Iced Tea	Beef Stew Rice  Cornbread  Chocolate Chip Cookies  Iced Tea	Roast Beef Sandwich Tator Tots Apple Raisin Salad  Peanut Butter Cake w/ Peanut Butter icing Iced Tea	Chicken Tenders Hidden Valley Potato Sala Fried Zucchini   Fruit Cup  Iced Tea
<b>Evening Snack</b> 8:00 - 2:00							

Week of 7/14/2019

## Week at a Glance

**Week 4**  
**Spring / Summer 2019**

	Sunday 7/14	Monday 7/15	Tuesday 7/16	Wednesday 7/17	Thursday 7/18	Friday 7/19	Saturday 7/20
<b>Breakfast</b> 8:00 - 9:00	Juice of Choice Cereal of Choice Egg  Grits Bologna Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg  Grits Smoked Sausage Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg  Waffles Syrup / Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fried Eggs  Grits Sausage Links Toast w/ Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Bacon Egg and Cheese on Croissant Hash Browns  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg  Pancakes Syrup / Margarine  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg  Grits Bacon Toast w/ Margarine  Milk Coffee or Hot Tea
<b>LUNCH</b> 12:00 - 1:00	Sliced Turkey w/ Gravy Cornbread Stuffing Stewed Tomatoes  Country Apple Dumplings  Iced Tea	Personnel Pizza Salad w/ Dressing  Iced Cupcake  Iced Tea	Hamburger Steak w/ Gravy Baked Potato Buttered Peas  Butter / Sour Cream  Chocolate Cream Pie  Iced Tea	Italian Baked Chicken Baby Carrots Garlic Toast  Strawberries w/ Cool Whip  Iced Tea	Pork Roast Lima Beans California Mixed Vegetables  Cheesecake  Iced Tea	Chicken Tenders Potato Salad Buttered Carrots  Honey Mustard Dressing  Peanut Butter & Brownie Dump Cake Iced Tea	Salisbury Steak Speckled Butter Beans Fried Okra  Fruit Crisp  Iced Tea
<b>DINNER</b> 5:00 - 6:00	Vegetable Beef Soup Deli Sandwich Peach /Cottage Cheese Salad Crackers  Sugar Cookies Iced Tea	Beef Fajita Spanish Rice Black Bean & Corn Salad  Shredded Lettuce / Diced Tomatoes Sour Cream  Sherbet Iced Tea	Cheese Omelet Sausage Pattie Hash Browns  Buttered Biscuit  Peanut Butter Cookie Iced Tea	Sub Sandwich Potato Salad Three Bean Salad  Lemon Squares Iced Tea	Lasagna Italian Green Beans  Breadstick  ice Cream Iced Tea	Hamburger or Cheeseburger French Fries  Lettuce / Tomato / Onion / Pickle Mayonnaise / Ketchup / Mustard  Banana Split Pie Iced Tea	Baked Ham Baked Sweet Potato Fried Zucchini  Oreo Delight Iced Tea
<b>Evening Snack</b> 8:00 - 2:00							