

Week of 1/10/2021

Week at a Glance

Week 1
Fall / Winter 2020 - 2021

	Sunday 1/10	Monday 1/11	Tuesday 1/12	Wednesday 1/13	Thursday 1/14	Friday 1/15	Saturday 1/16
Breakfast 8:00 - 9:00	Juice of Choice Cereal of Choice Egg Grits Sausage Links Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Cheese Grits Bologna Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Grits Sausage Patties Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg French Toast Syrup / Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Bacon Egg & Cheese Slider Hash Browns Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Sausage Gravy over Biscuit Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Grits Bacon Toast w/ Margarine Milk Coffee or Hot Tea
LUNCH 12:00 - 1:00	Pork Chop Baked Sweet Potato Seasoned Cabbage Cornbread Pineapple Upside Down Cake Iced Tea	BBQ Chicken Hidden Valley Potato Salad Green Beans Peach Cobbler Iced Tea	Smoked Sausage Pinto Beans Squash and Onions Cornbread No Bake Cookies Iced Tea	Italian Meatball Sub Pasta Salad Marinated Cucumbers / Onions Mandarin Orange Salad Iced Tea	Country Fried Steak Mashed Potatoes w Gravy Seasoned Spinach Cinnamon Roll Cake Iced Tea	Fried Fish French Fries Turnip Greens Tartar Sauce Lemon Pie Iced Tea	Pork Roast Sliced Carrots Seasoned Cabbage Cornbread Confetti Cake / Icing Iced Tea
DINNER 5:00 - 6:00	Hamburger Steak / Gravy Seasoned Lima Beans Honey Glazed Carrots Sugar Cookies Iced Tea	Baked Fish Macaroni and Cheese Coleslaw Tatar Sauce Lemon Pie Iced Tea	Hamburger / Cheeseburger French Fries Lettuce / Tomato / Onion / Pickle Mayonnaise / Ketchup / Mustard Rice Krispie Treat Iced Tea	Taco Soup Grilled Cheese Sandwich Crackers Tropical Fruit Iced Tea	Chunky Chicken Gumbo Rice Tossed Salad w/ Dressing Cornbread Ice Cream Iced Tea	Beef Tips w/ Mushroom Buttered Noodles Italian Green Beans Buttermilk Pie Iced Tea	Chicken Noodle Soup Pimento Cheese Sandwich Fruit Cocktail Crackers Chocolate Chip Cookie Iced Tea
Evening Snack 8:00 - 2:00							

Week of 1/17/2021

Week at a Glance

Week 2
Fall / Winter 2020 - 2021

	Sunday 1/17	Monday 1/18	Tuesday 1/19	Wednesday 1/20	Thursday 1/21	Friday 1/22	Saturday 1/23
Breakfast 8:00 - 9:00	Juice of Choice Cereal of Choice Egg Grits Bologna Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Grits Sausage Patties Mini Muffins Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Bacon Egg Cheese Roll up Breakfast Cubes Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fried Egg Corned Beef Hash Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Steak, Egg & Cheese Biscuit Hash Browns Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Pancakes Syrup / Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Grits Bacon Toast w/ Margarine Milk Coffee or Hot Tea
LUNCH 12:00 - 1:00	Meatloaf Mashed Potatoes w/ Gravy Fried Okra Apple Pie Iced Tea	BBQ Pork Sandwich Baked Beans Coleslaw Fruit Cocktail Iced Tea	Baked Fish Corn Italian Mixed Vegetables Baked Apples Iced Tea	Fried Chicken Blackeye Peas Greens Cornbread Four Layer Delight Iced Tea	Fried Fish Macaroni and Cheese Coleslaw Sweet Potato Pie Iced Teas	Sliced Turkey Rice and Gravy Buttered Green Beans Cornbread Stuffing Cranberry Sauce Bundt Cake Iced Tea	Chicken and Rice Casserole Buttered Broccoli Sliced Fruit Iced Tea
DINNER 5:00 - 6:00	Chicken Tenders Rice Pilaf Broccoli w/ Cheese Sauce Honey Mustard Dipping Sauce Spice Cake w/ Icing Iced Tea	Tomato Soup Grilled Cheese Sandwich Crackers Snickerdoodle Cookie Iced Teas	Beef Stroganoff Buttered Noodles Italian Green Beans Peanut Butter Cake Iced Tea	Smothered Pork Chop Potatoes Au Gratin Mixed Vegetables Neiman Marcus Cake Bar Iced Tea	Spaghetti / Meat sauce Tossed Salad / Dressing Garlic Toast Fruited Gelatin Iced Tea	Egg Salad Sandwich Potato Chips English Pea Salad Mandarin Oranges Iced Tea	Beef Stew over Rice Fried Squash Blushing Pears Iced Tea
Evening Snack 8:00 - 2:00							

Week of 1/24/2021

Week at a Glance

Week 3
Fall / Winter 2020 - 2021

	Sunday 1/24	Monday 1/25	Tuesday 1/26	Wednesday 1/27	Thursday 1/28	Friday 1/29	Saturday 1/30
Breakfast 8:00 - 9:00	Juice of Choice Cereal of Choice egg Grits Bologna Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice egg Corned Beef Hash Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Cheesy Grits Sausage Links Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fried Egg Breakfast Cubes Sausage Pattie Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Chicken, Egg & Cheese Croissant Hash Browns Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Sausage Gravy Biscuit Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Grits Bacon Toast w/ Margarine Milk Coffee or Hot Tea
LUNCH 12:00 - 1:00	Chicken and Dumplings Fried Okra Brownie w/ Icing Iced Tea	Honey Glazed Ham Lima Beans Seasoned Cabbage Chess Pie Iced Tea	Beef Fingers Rice / Gravy Buttered Pea Yellow Cake w/ Chocolate Frosting Iced Tea	Seasoned Baked Chicken Mashed Potatoes / Gravy Parmesan Tomato Half Strawberry Cake w/ Icing Iced Tea	Pepperoni Pizza Mixed Vegetables Cheesecake Iced Tea	Fried Fish Hushpuppies Coleslaw Tartar Sauce Lemon Pie Iced Tea	Spaghetti w/ Meat sauce Italian Mixed Vegetables Garlic Toast Applesauce Iced Tea
DINNER 5:00 - 6:00	Vegetable Soup Roast Beef Sandwich Beets Crackers Chocolate Chip Cookies Iced Tea	Scrambled Eggs Cheese Grits Sausage Patty Tomato Wedges Sliced Fruit Iced Tea	Italian Sausage on a Bun w/ Onions and Peppers Broccoli Salad Peach Dump Cake Iced Tea	Hamburger / Cheeseburger French Fries Lettuce / Tomato / Onion / Pickle Mayonnaise / Ketchup / Mustard Oatmeal Pie Iced Tea	BBQ Ribs Potato Salad Marinated Green Beans Salad Coca Cola Cake Iced Tea	Chef Salad w/ Dressing Dill Pickle Pasta Salad Breadstick Ambrosia Iced Tea	Salisbury Steak Mashed Potatoes w/ Gravy Okra and Tomatoes Blushing Pears Iced Tea
Evening Snack 8:00 - 2:00							

Week of 1/31/2021

Week at a Glance

Week 4
Fall / Winter 2020 - 2021

	Sunday 1/31	Monday 2/1	Tuesday 2/2	Wednesday 2/3	Thursday 2/4	Friday 2/5	Saturday 2/6
Breakfast 8:00 - 9:00	Juice of Choice Cereal of Choice Egg Grits Sausage Links Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Grits Bacon Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fried Eggs Grits Sausage Patties Toast w/ Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Waffles Syrup / Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Sausage, Egg and Cheese Biscuit Hash Browns Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Pancakes Syrup / Margarine Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Grits Bacon Toast w/ Margarine Milk Coffee or Hot Tea
LUNCH 12:00 - 1:00	Turkey Pot Roast Scalloped Potatoes Parmesan Tomato Half Peach Pie Iced Tea	Smoked Sausage over Red Beans and Rice Greens Cornbread Banana Pudding w/ Whipped Topping Iced Tea	King Ranch Chicken Casserole over Rice Breadstick Caramel Cake w/ Icing Iced Tea	Chicken Pot Pie Fried Okra Buttered Biscuit Peanut Butter Cookies Iced Tea	Philly Steak Sandwich French Fries Marinated Tomatoes and Onions Rocky Road Pie Iced Tea	Hot Dog on a Bun Potato Chips Coleslaw Chili / Onion Strawberry Shortcake Iced Tea	Spaghetti w/ Meatballs Buttered Green Beans Breadstick Pound Cake Iced Tea
DINNER 5:00 - 6:00	Grilled Ham & Cheese Sandwich Macaroni Salad Fruit Cocktail Sugar Cookies Iced Tea	Lasagna Tossed Salad w/ Dressing Garlic Toast Tropical Fruit Iced Tea	Grilled Pork Chop Mashed Potato Soup Seasoned Cabbage Chocolate Cake w/ Icing Iced Tea	Meatloaf Mashed Potatoes w/ Gravy Buttered Broccoli Fruit Cocktail Iced Tea	Taco Salad Black Bean and Corn Salad Sliced Fruit Iced Tea	Baked Potato Soup Bacon Lettuce and Tomato Sandwich Creamy Cucumber Salad Crackers Sweet Potato Pie Iced Tea	Chicken Tenders Potatoes O'Brien Okra and Tomatoes Fruit and Marshmallow Cream Iced Tea
Evening Snack 8:00 2:00							