

Week of 2/2/2020

## Week at a Glance

**Week 1**  
**Fall / Winter 2019 - 2020**

|                                     | Sunday 2/2  | Monday 2/3   | Tuesday 2/4   | Wednesday 2/5  | Thursday 2/6  | Friday 2/7  | Saturday 2/8  |
|-------------------------------------|---|--|---|--|---|---|---|
| <b>Breakfast</b><br>8:00 - 9:00     | Juice of Choice<br>Cereal of Choice<br>Egg<br>Grits<br>Sausage Links<br>Toast w/ Margarine<br><br>Milk<br>Coffee or Hot Tea | Juice of Choice<br>Cereal of Choice<br>Eggs<br>Grits<br>Bologna<br>Toast w/ Margarine<br><br>Milk<br>Coffee or Hot Tea | Juice of Choice<br>Cereal of Choice<br>Egg<br>Cheesy Grits<br>Sausage Patties<br>Toast w/ Margarine<br><br>Milk<br>Coffee or Hot Tea                  | Juice of Choice<br>Cereal of Choice<br>Egg<br>French Toast<br><br>Syrup / Margarine<br><br>Milk<br>Coffee or Hot Tea | Juice of Choice<br>Cereal of Choice<br>Ham, Bacon & Cheese Omelet<br>Hash Browns<br><br>Toast w/ Margarine<br><br>Milk<br>Coffee or Hot Tea | Juice of Choice<br>Cereal of Choice<br>Egg<br>Sausage Gravy<br><br>Biscuit<br><br>Milk<br>Coffee or Hot Tea | Juice of Choice<br>Cereal of Choice<br>Egg<br>Grits<br>Bacon<br>Toast w/ Margarine<br><br>Milk<br>Coffee or Hot Tea   |
| <b>LUNCH</b><br>12:00 - 1:00        | Sliced Ham<br>Baked Sweet Potato<br>Seasoned Cabbage<br><br>Cinnamon Butter<br><br>Pineapple Upside Down Cake<br>Iced Tea   | BBQ Chicken<br>Potato Salad<br>Southern Green Beans<br><br>Peach Cobbler<br>Iced Tea                                   | Smoked Sausage<br>Pinto Beans<br>Squash and Onions<br><br>Chocolate Cake w/ Icing<br>Iced Tea   | Taco Soup<br>Grilled Cheese Sandwich<br><br>Crackers<br><br>Tropical Fruit<br>Iced Tea                               | Country Fried Steak<br>Mashed Potatoes w/ Gravy<br>Seasoned Spinach<br><br>Cinnamon Roll Cake<br>Iced Tea                                   | Fried Fish<br>French Fries<br>Coleslaw<br><br>Lemon Pudding<br>Iced Tea                                     | Chicken Noodle Soup<br>Pimento Cheese Sandwich<br>Fruit Cocktail<br>Crackers<br><br>Chocolate Chip Cookie<br>Iced Tea |
| <b>DINNER</b><br>5:00 - 6:00        | Hamburger Steak w/ Gravy<br>Lima Beans<br>Honey Glazed Carrots<br><br>Sugar Cookies<br>Iced Tea                             | Fried Fish<br>Macaroni and Cheese<br>Coleslaw<br><br>Tartar Sauce<br><br>Lemon Pie<br>Iced Tea                         | Hamburger or Cheeseburger<br>French Fries<br><br>Lettuce, Tomato, Onion, Pickle<br>Mayonnaise, Ketchup, Mustard<br><br>Rice Krispie Treat<br>Iced Tea | Honey Mustard Chicken<br>Rice w/ Gravy<br>California Mix Vegetables<br><br>Mandarin Orange Cake<br>Iced Tea          | Chunky Chicken Gumbo<br>Rice<br>Tossed Salad w/ Dressing<br><br>Ice Cream<br>Iced Tea   | Braised Beef Tips<br>Buttered Noodles<br>Italian Green Beans<br><br>Buttermilk Pie<br>Iced Tea              | Pork Roast<br>Rice Pilaf<br>Sliced Carrots<br><br>Strawberry Shortcake<br>Iced Tea                                    |
| <b>Evening Snack</b><br>8:00 - 2:00 |   |  |   |  |   |   |   |

Week of 2/9/2020

## Week at a Glance

Week 2  
Fall / Winter 2019 - 2020

|   | Sunday 2/9  | Monday 2/10   | Tuesday 2/11  | Wednesday 2/12  | Thursday 2/13  | Friday 2/14  | Saturday 2/15   |
|---|---|---|---|---|--|--|---|
| <b>Breakfast</b><br>8:00 - 9:00         | Juice of Choice<br>Cereal of Choice<br>Egg<br><br>Grits<br>Bologna<br>Toast w/ Margarine<br><br>Milk<br>Coffee or Hot Tea | Juice of Choice<br>Cereal of Choice<br>Egg<br><br>Grits<br>Sausage Patties<br>Toast w/ Margarine<br><br>Milk<br>Coffee or Hot Tea | Juice of Choice<br>Cereal of Choice<br>Egg<br><br>Grits<br>Sausage Links<br>Toast w/ Margarine<br><br>Milk<br>Coffee or Hot Tea | Juice of Choice<br>Cereal of Choice<br>Fried Egg<br><br>Corned Beef Hash<br>Toast w/ Margarine<br><br>Milk<br>Coffee or Hot Tea | Juice of Choice<br>Cereal of Choice<br>Steak, Egg & Cheese on<br>Biscuit<br>Hash Browns<br><br>Milk<br>Coffee or Hot Tea | Juice of Choice<br>Cereal of Choice<br>Egg<br><br>Pancakes<br><br>Syrup / Margarine<br><br>Milk<br>Coffee or Hot Tea | Juice of Choice<br>Cereal of Choice<br>Egg<br><br>Grits<br>Bacon<br>Toast w/ Margarine<br><br>Milk<br>Coffee or Hot Tea |
| <b>LUNCH</b><br>12:00 - 1:00            | Sliced Ham<br><br>Blackeye Peas<br>Fried Okra<br><br>Apple Pie<br>Iced Tea  | Tomato Soup<br><br>Grilled Cheese Sandwich<br>Crackers<br><br>Fruit Cocktail<br>Iced Tea  | Fried Fish<br><br>Rice Pilaf<br>Italian Mixed Vegetables<br><br>Baked Apple Slices<br>Iced Tea                                  | Fried Chicken<br><br>Buttered Corn<br>Greens<br><br>Four Layer Dessert<br>Iced Tea  | Sliced Turkey<br><br>Wild Rice<br>Maple Roasted Brussel Sprouts<br><br>Sweet Potato Pie<br>Iced Teas                     | Egg Salad Sandwich<br><br>Potato Chips<br>English Pea Salad<br><br>Mandarin Oranges<br>Iced Tea                      | Chicken, Rice and Broccoli<br>Casserole<br><br>Breadstick<br><br>Sliced Fruit<br>Iced Tea                               |
| <b>DINNER</b><br>5:00 - 6:00            | Chicken Tenders<br>Tator Tots<br>Broccoli w/ Cheese Sauce<br><br>Yellow Cake w/ Icing<br>Iced Tea                         | BBQ Pork Sandwich<br>Baked Beans<br>Cole Slaw<br><br>Snickerdoodle Cookie<br>Iced Teas  | Veal Parmesan<br>Buttered Noodles<br>Green Beans<br><br>Peanut Butter Cake<br>Iced Tea  | Smothered Pork Chop<br>Potato Pancakes<br>Mixed Vegetables<br><br>Neiman Marcus Cake Bar<br>Iced Tea                            | Spaghetti w/ Meat Sauce<br>Tossed Salad w/ Dressing<br><br>Garlic Bread<br><br>Fruited Gelatin<br>Iced Tea               | Catfish Fillet<br>Macaroni and Cheese<br>Cole Slaw<br><br>Lemon Squares<br>Iced Tea                                  | Beef Stew<br>Breaded Squash<br><br>Cornbread<br><br>Blushing Pear Halves<br>Iced Tea                                    |
| <b>Evening<br/>Snack</b><br>8:00 - 2:00 |   |   |   |   |  |  |   |

Week of 2/16/2020

## Week at a Glance

Week 3  
Fall / Winter 2019 - 2020

|   | Sunday 2/16   | Monday 2/17   | Tuesday 2/18   | Wednesday 2/19   | Thursday 2/20   | Friday 2/21   | Saturday 2/22   |
|---|---|---|--|--|---|---|---|
| <b>Breakfast</b><br>8:00 - 9:00         | Juice of Choice<br>Cereal of Choice<br>egg<br><br>Grits<br>Bologna<br>Toast w/ Margarine<br><br>Milk<br>Coffee or Hot Tea                                   | Juice of Choice<br>Cereal of Choice<br>egg<br><br>Corned Beef Hash<br>Toast w/ Margarine<br><br>Milk<br>Coffee or Hot Tea | Juice of Choice<br>Cereal of Choice<br>Egg<br><br>Cheesy Grits<br>Sausage Links<br>Toast w/ Margarine<br><br>Milk<br>Coffee or Hot Tea | Juice of Choice<br>Cereal of Choice<br>Fried Egg<br><br>Breakfast Cubes<br>Sausage Pattie<br>Toast w/ Margarine<br><br>Milk<br>Coffee or Hot Tea                   | Juice of Choice<br>Cereal of Choice<br>Chicken, Egg & Cheese on<br>Crossian<br>Hash Browns<br><br>Milk<br>Coffee or Hot Tea | Juice of Choice<br>Cereal of Choice<br>Egg<br><br>Sausage Gravy<br>Biscuit<br><br>Milk<br>Coffee or Hot Tea | Juice of Choice<br>Cereal of Choice<br>Egg<br><br>Grits<br>Bacon<br>Toast w/ Margarine<br><br>Milk<br>Coffee or Hot Tea |
| <b>LUNCH</b><br>12:00 - 1:00            | Chicken and Dumplings<br>Breaded Okra<br><br><br>Brownie w/ Icing<br><br>Iced Tea   | Orange Marmalade Ham<br>Lima Beans<br>Seasoned Cabbage<br><br>Chess Pie<br><br>Iced Tea                                   | Steak Fingers<br>Rice w/ Gravy<br>Buttered Peas<br><br>Yellow Cake w/ Chocolate<br>Frosting<br>Iced Tea                                | Baked Chicken<br>Mashed Potatoes w/ Gravy<br>Greens<br><br>Strawberry Cake w/ Icing<br><br>Iced Tea  | Sliced Turkey<br>Rice w/ Gravy<br>Mixed Vegetables<br><br>Lemon Pie<br><br>Iced Tea   | Smoked Sausage Hash<br>Greens<br>Cornbread<br><br>Banana Pudding<br><br>Iced Tea                            | Spaghetti w/ Meat sauce<br>Italian Green Beans<br>Garlic Toast<br><br>Applesauce<br><br>Iced Tea                        |
| <b>DINNER</b><br>5:00 - 6:00            | Vegetable Soup<br>Roast Beef Sandwich<br>Pickled Beets<br><br>Lettuce / Tomato / Onion<br><br>Mayonnaise / Mustard<br><br>Chocolate Chip Cookie<br>Iced Tea | French Toast<br>Scrambled Eggs<br><br>Margarine / Syrup<br><br>Sliced Fruit<br>Iced Tea                                   | Spinach / Mushroom Quiche<br>Marinated Green Bean Salad<br><br>Crackers<br><br>Oreo Delight<br>Iced Tea                                | Hamburger or Cheeseburger<br>French Fries<br><br>Lettuce / Tomato / Onion /<br>Pickle<br>Mayonnaise / Ketchup /<br>Mustard<br><br>Oatmeal Cream Cookie<br>Iced Tea | Chef Salad<br>Pasta Salad<br><br><br>Ambrosia<br>Iced Tea   | Fried Fish<br>Macaroni and Cheese<br>Coleslaw<br><br>Tartar Sauce<br><br>Peach Cobbler<br>Iced Tea          | Salisbury Steak<br>Mashed Potatoes w/ Gravy<br>Fried Squash<br><br>Blushing Pear Halves<br>Iced Tea                     |
| <b>Evening<br/>Snack</b><br>8:00 - 9:00 |   |   |  |  |   |   |   |

Week of 2/23/2020

## Week at a Glance

Week 4  
Fall / Winter 2019 - 2020

|                                 | Sunday 2/23   | Monday 2/24  | Tuesday 2/25   | Wednesday 2/26  | Thursday 2/27  | Friday 2/28  | Saturday 2/29   |
|---------------------------------|---|--|--|---|--|--|---|
| Breakfast<br>8:00 - 9:00        | Juice of Choice<br>Cereal of Choice<br>Egg<br><br>Grits<br>Bologna<br>Toast w/ Margarine<br><br>Milk<br>Coffee or Hot Tea | Juice of Choice<br>Cereal of Choice<br>Egg<br><br>Grits<br>Smoked Sausage<br>Toast w/ Margarine<br><br>Milk<br>Coffee or Hot Tea | Juice of Choice<br>Cereal of Choice<br>Fried Eggs<br><br>Grits<br>Sausage Links<br>Toast w/ Margarine<br><br>Milk<br>Coffee or Hot Tea             | Juice of Choice<br>Cereal of Choice<br>Egg<br><br>Waffles<br>Syrup / Margarine<br><br>Milk<br>Coffee or Hot Tea | Juice of Choice<br>Cereal of Choice<br>Sausage, Egg and Cheese on<br>Croissant<br>Hash Browns<br><br>Milk<br>Coffee or Hot Tea | Juice of Choice<br>Cereal of Choice<br>Egg<br><br>Pancakes<br>Syrup / Margarine<br><br>Milk<br>Coffee or Hot Tea | Juice of Choice<br>Cereal of Choice<br>Egg<br><br>Grits<br>Bacon<br>Toast w/ Margarine<br><br>Milk<br>Coffee or Hot Tea |
| LUNCH<br>12:00 - 1:00           | Pot Roast<br>Chateau Potatoes<br>Stewed Tomatoes<br><br>Peach Pie<br>Iced Tea   | Country Fried Steak<br>Blackeye Peas<br>Buttered Carrots<br><br>Vanilla Pudding<br>Iced Tea                                      | Chicken Tortillas<br>Mexicorn<br><br>Mixed Cheese, Onion, Diced<br>Tomato, Shredded Lettuce<br>Sour Cream<br><br>Caramel Cake w/ Icing<br>Iced Tea | Chicken Pot Pie<br>Fried Okra<br>Butter Biscuit<br><br>Chocolate Cake w/icing<br>Iced Tea                       | Blackened Chicken Breast<br>Wild Rice<br>Mixed Vegetables<br><br>Cheesecake<br>Iced Tea  | Salmon Patties<br>Rice Pilaf<br>Coleslaw<br><br>Strawberry Shortcake<br>Iced Tea                                 | Meatballs w/ Sauce<br>Spaghetti<br>Buttered Green Beans<br><br>Pound Cake<br>Iced Tea                                   |
| DINNER<br>5:00 - 6:00           | Grilled Ham and Cheese<br>Macaroni Salad<br>Fruit Cocktail<br><br>Sugar Cookies<br>Iced Tea                               | Lasagna<br>Buttered Green Beans<br><br>Breadstick<br><br>Tropical Fruit<br>Iced Tea  | Pork Chops<br>Mashed Sweet Potatoes<br>Greens<br><br>Peanut Butter Cookies<br>Iced Tea   | Meatloaf<br>Mashed Potatoes w/ Gravy<br>Buttered Broccoli<br><br>Fruit Cocktail<br>Iced Tea                     | Taco Salad<br>Black Bean and Corn Salad<br><br>Fruit Cup<br>Iced Tea   | Baked Potato Soup<br>Bacon Lettuce and Tomato<br>Creamy Cucumber Salad<br><br>Rocky Road Pie<br>Iced Tea         | Chicken Tenders<br>O'Brien Potatoes<br>Okra and Tomatoes<br><br>Fruit and Marshmallow Cream<br>Iced Tea                 |
| Evening<br>Snack<br>8:00 - 2:00 |   |  |  |   |  |  |   |