

Week of 10/10/2021

## Week at a Glance

**Week 1**  
*Spring / Summer 2021*

	Sunday 10/10	Monday 10/11	Tuesday 10/12	Wednesday 10/13	Thursday 10/14	Friday 10/15	Saturday 10/16
<b>Breakfast</b> 8:00 - 9:00	Juice of Choice Cereal of Choice Breakfast Casserole Biscuit Margarine / Jelly  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Pancakes Sausage Links Margarine / Syrup  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Grits Breakfast Ham Red Eye Gravy Biscuit Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Bacon Diced Potatoes Toast w/ Margarine / Jelly or Danish Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Bacon Egg & Cheese Slider Hash Browns  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Sausage Gravy over Biscuit  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Grits Bacon Toast w/ Margarine / Jelly or Cinnamon Roll Milk Coffee or Hot Tea
<b>LUNCH</b> 12:00 - 1:00	Beef Taco Casserole Corn w/ Red Peppers  Cornbread  Citrus Fruit Cup Iced Tea	Low Country Boil w/ Potatoes & Corn  Hushpuppies  Mandarin Orange Fluff Iced Tea	Fried Chicken Macaroni and Cheese Turnip Greens Cornbread  Fresh Melon Cup Iced Tea	Grilled Ham & Cheese Breaded Vegetable Sticks Salad w/ Dressing  Pineapple Upside Down Cake Iced Tea	Baked Pork Chop Sweet Potato Nuggets California Blend Vegetables Cornbread  Cherry Pie Iced Tea	Fried Fish Wild Rice Blend Grilled Vegetable Medley Hushpuppies  Lemon Wedge Frosted Lemon Cake Iced Tea	Turkey Club Sandwich Breaded Vegetable Sticks Creamy Cucumber Salad  Ice Cream Iced Tea
<b>DINNER</b> 5:00 - 6:00	Turkey Chef Salad w/ Dressing Italian Pasta Salad  Breadstick w/ Margarine  Fresh Baked Cookie Iced Tea	Cheesy Eggs Sausage Pattie Hash Browns Muffin Margarine / Jelly  Mixed Berries Iced Tea	Hamburger or Cheeseburger Breaded Mushrooms Marinated Cucumber & Onions  Lettuce / Tomato / Onion / Pickle Mayonnaise / Ketchup / Mustard  Chocolate Brownie Iced Tea	Shrimp and Grits Parmesan Baked Tomatoes  Cheese Biscuit  Tropical Fruit Cup Iced Tea	Salad Trio Chicken Salad Egg Salad Pasta Salad Pickled Beets  Sliced Bread  Strawberry Parfait Iced Tea	Country Fried Steak Mashed Potatoes Buttered Green Beans Country Gravy  Biscuit  Fresh Fruit Cup Iced Tea	BBQ Pulled Pork Baked Beans Colorful Cole Slaw  Sliced Fresh Fruit Iced Tea
<b>Evening Snack</b> 8:00 - 2:00							

Week of 10/17/2021

## Week at a Glance

**Week 2**  
*Spring / Summer 2021*

	Sunday 10/17	Monday 10/18	Tuesday 10/19	Wednesday 10/20	Thursday 10/21	Friday 10/22	Saturday 10/23
<b>Breakfast</b> 8:00 - 9:00	Juice of Choice Cereal of Choice Eggs Corned Beef Hash Toast w/ Margarine / Jelly or Muffin  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Grits Bacon Toast w/ Margarine / Jelly  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs French Toast Sausage Links Margarine / Syrup  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fried Eggs Cheese Grits Bologna Toast w/ Margarine / Jelly or Bagel Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Steak, Egg & Cheese Biscuit Hash Browns  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Sausage Gravy over Biscuit  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Bacon Diced Potatoes Toast w/ Margarine / jelly or Pecan Roll Milk Coffee or Hot Tea
<b>LUNCH</b> 12:00 - 1:00	Salisbury Steak Mashed Potatoes Buttered Carrots Country Gravy  Apple Pie Iced Tea	Beef Stew Squash and Onions  Cornbread  Black Forest Cake Iced Tea	Hamburger Casserole Italian Vegetables  Breadstick  Fruit Crisp Iced Tea	Garlic Herb Pork Tenderloin Wild Rice Pilaf California Vegetables  Scalloped Peaches Iced Tea	Chicken and Waffles Sauteed Spinach  Fresh Fruit Iced Teas	Fried Fish Cheese Grits Stewed Okra and Tomatoes  Hushpuppies  Citrus Fruit Cup Iced Tea	Baked Ham Macaroni and Cheese Collard Greens  Strawberry Shortcake Iced Tea
<b>DINNER</b> 5:00 - 6:00	Chicken Pasta Primavera  Garlic Breadstick  Mixed Berry Parfait Iced Tea	Roast Chicken Pinto Beans Seasoned Greens  Citrus Fruit Cup Iced Teas	Turkey BLT Sandwich Sweet Potato Fries Marinated Cucumber Salad  Fresh Fruit Iced Tea	Tuna Salad and Vegetable Cold Plate Marinated Tomato Salad  Sliced Bread  Lemon Bar Iced Tea	Grilled Cheese Sandwich Breaded Vegetable Sticks Tossed Salad w/ Dressing  Sherbet Iced Tea	Sliced Turkey Corn Bread Stuffing Roasted Root Vegetables Turkey Gravy  Fruit Cobbler Iced Tea	Hamburger Steak w/ Gravy Mashed Potatoes Mixed Vegetables  Sliced Fresh Fruit Iced Tea
<b>Evening Snack</b> 8:00 - 2:00							

Week of 10/24/2021

## Week at a Glance

Week 3  
Spring / Summer 2021

	Sunday 10/24	Monday 10/25	Tuesday 10/26	Wednesday 10/27	Thursday 10/28	Friday 10/29	Saturday 10/30
Breakfast 8:00 - 9:00	Juice of Choice Cereal of Choice Breakfast Casserole  Cinnamon Toast w/ Margarine / Jelly  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Waffles Sausage Links Margarine / Syrup  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Grits Breakfast Ham Red Eye Gravy Biscuit w/ Margarine / Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Bacon Breakfast Potatoes Toast w/ Margarine / Jelly  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Cheese Grits Sausage Patties Toast w/ Margarine / Jelly or Muffin Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Steak, Egg and Cheese on English Muffin Hash Browns  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Grits Bacon Toast w/ Margarine / Jelly or Cinnamon Roll Milk Coffee or Hot Tea
LUNCH 12:00 - 1:00	Chicken Alfredo Fettuccine  Buttered Broccoli  Garlic Breadstick  Lemon Delight Iced Tea	Crab Patties Corn O'Brien  Vegetable Medley  Pineapple w/ Whipped Topping Iced Tea	Smothered Pork Chop Brown Rice Buttered Carrots and Green Beans  Cornbread  Peach Cobbler Iced Tea	Hamburger Patty Baked Sweet Potato  Roasted Vegetables  Cinnamon Butter  Fresh Fruit Cup Iced Tea	Southern Fried Chicken Macaroni Salad  Cherry Tomatoes w/ Side of Ranch Dressing  Sliced Fresh Fruit Iced Tea	Cheese Pizza Caesar Salad w/ Dressing    Tropical Fruit Cup Iced Tea	Hamburger Steak w/ Gravy Mashed Potatoes  Buttered Carrots  Brownie Iced Tea
DINNER 5:00 - 6:00	Sloppy Joe Tater Tots  Ketchup  Cookies Iced Tea	Quiche Spinach Salad with Bacon w/ Dressing  Mixed Berries Iced Tea	Salad Trio Pimento Cheese Chicken Salad Potato Salad Pickled Beets Croissant  Strawberry Parfit Iced Tea	Pasta Primavera w/ Shrimp Tossed Salad w/ Dressing  Lemon Meringue Pie Iced Tea	BBQ Pork Baked Beans Colorful Cole Slaw  Ice Cream Iced Tea	Grilled Chicken Breast on a Bun Sweet Potato Fries California Blend Vegetables Lettuce / Tomato Mayonnaise  Fresh Fruit Cup Iced Tea	Fried Fish Okra and Tomatoes Zucchini and Squash  Lemon Wedge  Fresh Fruit Cup Iced Tea
Evening Snack 8:00 - 2:00							

Week of 10/31/2021

## Week at a Glance

**Week 4**  
**Spring / Summer 2021**

	Sunday 10/31	Monday 11/1	Tuesday 11/2	Wednesday 11/3	Thursday 11/4	Friday 11/5	Saturday 11/6
<b>Breakfast</b> 8:00 - 9:00	Juice of Choice Cereal of Choice Eggs Grits Bologna Toast w/ Margarine / Jelly or Danish Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Sausage Links Diced Potatoes Toast w/ Margarine / Jelly  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs French Toast Bacon Margarine / Syrup  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Grits Sausage Patties  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Grits Breakfast Ham Red Eye Gravy Biscuit w/ Margarine / Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Chicken, Egg and Cheese on English Muffin Hash Browns  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Bacon Diced Potatoes Toast w/ Margarine / jelly or Pecan Roll Milk Coffee or Hot Tea
<b>LUNCH</b> 12:00 - 1:00	Honey Thyme Pork Tenderloin Roasted Potatoes Brussel Sprouts   Peach Pie Iced Tea	Shrimp and Grits Okra and Tomatoes   Citrus Fruit Cup Iced Tea	Fried Chicken Succotash Tossed Salad w/ Dressing   Fresh Melon Cup Iced Tea	Vegetable Stir- Fry with Rice Oriental Vegetables  Egg Roll   Coconut Mousse Iced Tea	Hamburger or Cheeseburger Potato Chips  Lettuce / Tomato / Onion / Pickle Mayonnaise / Ketchup / Mustard  Sliced Fresh Fruit Iced Tea	Low Country Boil with Potatoes and Corn Cole Slaw  Cocktail Sauce  Tropical Fruit Cup Iced Tea	Sheppard's Pie California Vegetables  Cornbread   Cookies Iced Tea
<b>DINNER</b> 5:00 - 6:00	Chicken Salad on Croissant Pickled Beets  Sliced Tomato / Lettuce   Mandarin Orange Fluff Iced Tea	Spaghetti w/ Meat Sauce Italian Vegetables  Garlic Breadstick   Marble Cake Iced Tea	Hamburger Patty w/ Gravy Scalloped Potatoes Dill Carrots   Fruit Cobbler Iced Tea	Bake Pork Chops Pinto Beans Collard Greens   Sliced Peaches Iced Tea	Roast Chicken Yellow Rice Buttered Broccoli   Ice Cream Iced Tea	Grilled Cheese Sandwich Tomato Soup Breaded Vegetable Sticks   Mixed Berry Parfait Iced Tea	Fried Catfish Parmesan Potatoes Green Peas  Tarter Sauce  Pineapple with Whipped Topping Iced Tea
<b>Evening Snack</b> 8:00 2:00							

Week of 11/7/2021

## Week at a Glance

**Week 5**  
**Spring / Summer 2021**

	Sunday 11/7	Monday 11/8	Tuesday 11/9	Wednesday 11/10	Thursday 11/11	Friday 11/12	Saturday 11/13
<b>Breakfast</b> 8:00 - 9:00	Juice of Choice Cereal of Choice Breakfast Casserole  Cinnamon Toast w/ Margarine / Jelly  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Bacon Cheese Grits Toast w/ Margarine / Jelly  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Country Hash  Toast w/ Margarine / Jelly or Muffin  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Sausage Links Grits Toast w/ Margarine / Jelly  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Sausage, Egg and Cheese on Slider Hash Browns  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Sausage Gravy over Biscuit  Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Bacon Diced Potatoes Toast w/ Margarine / jelly or Pecan Roll Milk Coffee or Hot Tea
<b>LUNCH</b> 12:00 - 1:00	Hamburger Steak w/ Gravy Mashed Potatoes Tossed Salad w/ Dressing  Red Velvet Cake Iced Tea	Sliced Ham with Pineapple Glaze Wild Rice Blend Brussel Sprouts  Cheesecake Iced Tea	Paste Primavera w/ Chicken Turkey Tossed Salad w/ Dressing  Cookies Iced Tea	Smothered Pork Chop Brown Rice Turnip Greens  Peaches and Cream Iced Tea	Fried Chicken Livers Yellow Rice Seasoned Greens  Fresh Fruit Cup Iced Tea	Baked Ziti Italian Vegetables  Garlic Toast  Yellow Cake w/ Icing Iced Tea	BBQ Chicken Potato Salad Cucumber, Tomato and Onion Salad  Sliced Fresh Fruit Iced Tea
<b>DINNER</b> 5:00 - 6:00	Baked Chicken Rice and Gravy Buttered Broccoli Cornbread Margarine  Strawberry Cup Iced Tea	Cheesy Eggs Grits Hash Browns  Toast w/ Margarine / Jelly  Mixed Berries Iced Tea	Salmon Patties Fried Okra California Vegetables  Tarter Sauce  Citrus Fruit Cup Iced Tea	Sloppy Joe Baked Beans Corn  Ice Cream Iced Tea	Fried Fish Rosemary Potatoes Grilled Vegetables  Lemon Wedge  Lemon Bar Iced Tea	BBQ Pork Sweet Potato Fries Tangy Cole Slaw  Cinnamon Baked Apples Iced Tea	Hamburger Casserole Tossed Salad w/ Dressing  Breadstick  Peach Pie Iced Tea
<b>Evening Snack</b> 8:00 - 2:00							