

Week of 9/5/2021

Week at a Glance

Week 1
Spring / Summer 2021

	Sunday 9/5	Monday 9/6	Tuesday 9/7	Wednesday 9/8	Thursday 9/9	Friday 9/10	Saturday 9/11
Breakfast 8:00 - 9:00	Juice of Choice Cereal of Choice Breakfast Casserole Biscuit Margarine / Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Pancakes Sausage Links Margarine / Syrup Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Grits Breakfast Ham Red Eye Gravy Biscuit Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Bacon Diced Potatoes Toast w/ Margarine / Jelly or Danish Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Bacon Egg & Cheese Slider Hash Browns Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Sausage Gravy over Biscuit Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Grits Bacon Toast w/ Margarine / Jelly or Cinnamon Roll Milk Coffee or Hot Tea
LUNCH 12:00 - 1:00	Beef Taco Casserole Corn w/ Red Peppers Cornbread Citrus Fruit Cup Iced Tea	Low Country Boil w/ Potatoes & Corn Hushpuppies Mandarin Orange Fluff Iced Tea	Fried Chicken Macaroni and Cheese Turnip Greens Cornbread Fresh Melon Cup Iced Tea	Grilled Ham & Cheese Breaded Vegetable Sticks Salad w/ Dressing Pineapple Upside Down Cake Iced Tea	Baked Pork Chop Sweet Potato Nuggets California Blend Vegetables Cornbread Cherry Pie Iced Tea	Bake Fish Fillet Wild Rice Blend Grilled Vegetable Medley Hushpuppies Lemon Wedge Frosted Lemon Cake Iced Tea	Turkey BLT Sandwich Breaded Vegetable Sticks Creamy Cucumber Salad Ice Cream Iced Tea
DINNER 5:00 - 6:00	Turkey Chef Salad w/ Dressing Italian Pasta Salad Breadstick w/ Margarine Fresh Baked Cookie Iced Tea	Cheesy Eggs Sausage Pattie Hash Browns Muffin Margarine / Jelly Mixed Berries Iced Tea	Hamburger or Cheeseburger Breaded Mushrooms Marinated Cucumber & Onions Lettuce / Tomato / Onion / Pickle Mayonnaise / Ketchup / Mustard Chocolate Brownie Iced Tea	Shrimp and Grits Parmesan Baked Tomatoes Cheese Biscuit Tropical Fruit Cup Iced Tea	Salad Trio Chicken Salad Egg Salad Pasta Salad Pickled Beets Sliced Bread Strawberry Parfait Iced Tea	Country Fried Steak Mashed Potatoes Buttered Green Beans Country Gravy Biscuit Fresh Fruit Cup Iced Tea	BBQ Pulled Pork Baked Beans Colorful Cole Slaw Sliced Fresh Fruit Iced Tea
Evening Snack 8:00 - 2:00							

Week of 9/12/2021

Week at a Glance

Week 2
Spring / Summer 2021

	Sunday 9/12	Monday 9/13	Tuesday 9/14	Wednesday 9/15	Thursday 9/16	Friday 9/17	Saturday 9/18
Breakfast 8:00 - 9:00	Juice of Choice Cereal of Choice Eggs Corned Beef Hash Toast w/ Margarine / Jelly or Muffin Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Grits Bacon Toast w/ Margarine / Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs French Toast Sausage Links Margarine / Syrup Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fried Eggs Cheese Grits Bologna Toast w/ Margarine / Jelly or Bagel Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Steak, Egg & Cheese Biscuit Hash Browns Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Sausage Gravy over Biscuit Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Bacon Diced Potatoes Toast w/ Margarine / jelly or Pecan Roll Milk Coffee or Hot Tea
LUNCH 12:00 - 1:00	Salisbury Steak Mashed Potatoes Buttered Carrots Country Gravy Apple Pie Iced Tea	Fish Stew Sautéed Asparagus Cornbread Black Forest Cake Iced Tea	Hamburger Casserole Italian Vegetables Breadstick Fruit Crisp Iced Tea	Garlic Herb Pork Tenderloin Wild Rice Pilaf California Vegetables Scalloped Peaches Iced Tea	Chicken and Waffles Sautéed Spinach Fresh Fruit Iced Teas	Fried Fish Cheese Grits Stewed Okra and Tomatoes Hushpuppies Citrus Fruit Cup Iced Tea	Baked Ham Macaroni and Cheese Collard Greens Strawberry Shortcake Iced Tea
DINNER 5:00 - 6:00	Chicken Pasta Primavera Garlic Breadstick Mixed Berry Parfait Iced Tea	Roast Chicken Pinto Beans Seasoned Greens Citrus Fruit Cup Iced Teas	Turkey Club Sandwich Sweet Potato Fries Marinated Cucumber Salad Fresh Fruit Iced Tea	Tuna Salad and Vegetable Cold Plate Marinated Tomato Salad Sliced Bread Lemon Bar Iced Tea	Grilled Cheese Sandwich Breaded Vegetable Sticks Tossed Salad w/ Dressing Sherbet Iced Tea	Sliced Turkey Corn Bread Stuffing Roasted Root Vegetables Turkey Gravy Fruit Cobbler Iced Tea	Hamburger Steak w/ Gravy Mashed Potatoes Mixed Vegetables Sliced Fresh Fruit Iced Tea
Evening Snack 8:00 - 2:00							

Week of 9/19/2021

Week at a Glance

Week 3
Spring / Summer 2021

	Sunday 9/19	Monday 9/20	Tuesday 9/21	Wednesday 9/22	Thursday 9/23	Friday 9/24	Saturday 9/25
Breakfast 8:00 - 9:00	Juice of Choice Cereal of Choice Breakfast Casserole Cinnamon Toast w/ Margarine / Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Waffles Sausage Links Margarine / Syrup Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Grits Breakfast Ham Red Eye Gravy Biscuit w/ Margarine / Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Bacon Breakfast Potatoes Toast w/ Margarine / Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Cheese Grits Sausage Patties Toast w/ Margarine / Jelly or Muffin Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Steak, Egg and Cheese on English Muffin Hash Browns Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Grits Bacon Toast w/ Margarine / Jelly or Cinnamon Roll Milk Coffee or Hot Tea
LUNCH 12:00 - 1:00	Chicken Alfredo Fettuccine Buttered Broccoli Garlic Breadstick Lemon Delight Iced Tea	Crab Patties Corn O'Brien Grilled Vegetable Medley Pineapple w/ Whipped Topping Iced Tea	Smothered Pork Chop Brown Rice Buttered Carrots and Green Beans Cornbread Peach Cobbler Iced Tea	Hamburger Patty Baked Sweet Potato Roasted Vegetables Cinnamon Butter Fresh Fruit Cup Iced Tea	Southern Fried Chicken Macaroni Salad Cherry Tomatoes w/ Side of Ranch Dressing Sliced Fresh Fruit Iced Tea	Cheese Pizza Caesar Salad w/ Dressing Tropical Fruit Cup Iced Tea	Hamburger Steak w/ Gravy Mashed Potatoes Buttered Carrots Brownie Iced Tea
DINNER 5:00 - 6:00	Sloppy Joe Tater Tots Ketchup Cookies Iced Tea	Quiche Spinach Salad with Bacon w/ Dressing Mixed Berries Iced Tea	Salad Trio Pimento Cheese Chicken Salad Potato Salad Pickled Beets Croissant Strawberry Parfit Iced Tea	Pasta Primavera Tossed Salad w/ Dressing Lemon Meringue Pie Iced Tea	BBQ Pork Baked Beans Colorful Cole Slaw Ice Cream Iced Tea	Grilled Chicken Breast on a Bun Sweet Potato Fries California Blend Vegetables Lettuce / Tomato Mayonnaise Fresh Fruit Cup Iced Tea	Baked Fish Fillet Fried Okra Zucchini and Squash Lemon Wedge Fresh Fruit Cup Iced Tea
Evening Snack 8:00 - 2:00							

Week of 9/26/2021

Week at a Glance

Week 4
Spring / Summer 2021

	Sunday 9/26	Monday 9/27	Tuesday 9/28	Wednesday 9/29	Thursday 9/30	Friday 10/1	Saturday 10/2
Breakfast 8:00 - 9:00	Juice of Choice Cereal of Choice Eggs Grits Bologna Toast w/ Margarine / Jelly or Danish Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Sausage Links Diced Potatoes Toast w/ Margarine / Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs French Toast Bacon Margarine / Syrup Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Grits Sausage Patties Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Grits Breakfast Ham Red Eye Gravy Biscuit w/ Margarine / Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Chicken, Egg and Cheese on English Muffin Hash Browns Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Bacon Diced Potatoes Toast w/ Margarine / jelly or Pecan Roll Milk Coffee or Hot Tea
LUNCH 12:00 - 1:00	Honey Thyme Pork Tenderloin Roasted Potatoes Brussel Sprouts Peach Pie Iced Tea	Shrimp and Grits Okra and Tomatoes Citrus Fruit Cup Iced Tea	Fried Chicken Succotash Tossed Salad w/ Dressing Fresh Melon Cup Iced Tea	Vegetable Stir- Fry with Rice Oriental Vegetables Egg Roll Coconut Mousse Iced Tea	Hamburger or Cheeseburger Potato Chips Lettuce / Tomato / Onion / Pickle Mayonnaise / Ketchup / Mustard Sliced Fresh Fruit Iced Tea	Low Country Boil with Potatoes and Corn Cole Slaw Cocktail Sauce Tropical Fruit Cup Iced Tea	Sheppard's Pie California Vegetables Cornbread Cookies Iced Tea
DINNER 5:00 - 6:00	Chicken Salad on Croissant Pickled Beets Sliced Tomato / Lettuce Mandarin Orange Fluff Iced Tea	Spaghetti w/ Meat Sauce Italian Vegetables Garlic Breadstick Marble Cake Iced Tea	Hamburger Patty w/ Gravy Scalloped Potatoes Dill Carrots Fruit Cobbler Iced Tea	Bake Pork Chops Pinto Beans Collard Greens Sliced Peaches Iced Tea	Roast Chicken Yellow Rice Buttered Broccoli Ice Cream Iced Tea	Grilled Cheese Sandwich Tomato Soup Breaded Vegetable Sticks Mixed Berry Parfait Iced Tea	Fried Catfish Parmesan Potatoes Green Peas Tarter Sauce Pineapple with Whipped Topping Iced Tea
Evening Snack 8:00 2:00							

Week of 10/3/2021

Week at a Glance

Week 5
Spring / Summer 2021

	Sunday 10/3	Monday 10/4	Tuesday 10/5	Wednesday 10/6	Thursday 10/7	Friday 10/8	Saturday 10/9
Breakfast 8:00 - 9:00	Juice of Choice Cereal of Choice Breakfast Casserole Cinnamon Toast w/ Margarine / Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Bacon Cheese Grits Toast w/ Margarine / Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Country Hash Toast w/ Margarine / Jelly or Muffin Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Sausage Links Grits Toast w/ Margarine / Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Sausage, Egg and Cheese on Slider Hash Browns Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Sausage Gravy over Biscuit Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Bacon Diced Potatoes Toast w/ Margarine / jelly or Pecan Roll Milk Coffee or Hot Tea
LUNCH 12:00 - 1:00	Hamburger Steak w/ Gravy Mashed Potatoes Tossed Salad w/ Dressing Red Velvet Cake Iced Tea	Sliced Ham with Pineapple Glaze Wild Rice Blend Brussel Sprouts Cheesecake Iced Tea	Paste Primavera w/ Shrimp Turkey Tossed Salad w/ Dressing Cookies Iced Tea	Smothered Pork Chop Brown Rice Turnip Greens Peaches and Cream Iced Tea	Fried Chicken Livers Yellow Rice Seasoned Greens Fresh Fruit Cup Iced Tea	Baked Ziti Italian Vegetables Garlic Toast Yellow Cake w/ Icing Iced Tea	BBQ Chicken Potato Salad Cucumber, Tomato and Onion Salad Sliced Fresh Fruit Iced Tea
DINNER 5:00 - 6:00	Baked Chicken Rice and Gravy Buttered Broccoli Cornbread Margarine Strawberry Cup Iced Tea	Cheesy Eggs Grits Hash Browns Toast w/ Margarine / Jelly Mixed Berries Iced Tea	Salmon Patties Fried Okra California Vegetables Tarter Sauce Citrus Fruit Cup Iced Tea	Sloppy Joe Baked Beans Corn Ice Cream Iced Tea	Baked Fish Fillet Rosemary Potatoes Grilled Vegetables Lemon Wedge Lemon Bar Iced Tea	BBQ Pork Sweet Potato Fries Tangy Cole Slaw Cinnamon Baked Apples Iced Tea	Hamburger Casserole Tossed Salad w/ Dressing Breadstick Peach Pie Iced Tea
Evening Snack 8:00 - 2:00							