

Walking in the Light: A 7-Day Journey with Jesus in the Gospel of John

Day 1: The Light Has Come

Scripture: John 1:1-5

Key Truth: Jesus is the eternal Word and true Light who shines in the darkness.

Historical Insight: In Greek philosophy, 'the Word' (Logos) meant divine reason. John redefines Logos as Jesus, the living God.

Reflection Questions:

- How do you see Jesus as the 'Light' in your current season?
- What does it mean to you that His light cannot be overcome?

Prayer Prompt: Ask God to help you see areas of hidden darkness and to fill them with His light.

Day 2: Light vs. Darkness in the Human Heart

Scripture: John 3:19-21

Key Truth: We often reject the light because it exposes sin-but Jesus invites us to come clean.

Cultural Context: The Pharisees appeared righteous but clung to darkness. Nicodemus, though religious, sought Jesus at night.

Reflection Questions:

- Are there areas in your life you keep in the dark?
- What might it look like to bring them into God's light?

Prayer Prompt: Lord, help me walk in truth, not in shame or hiding.

Day 3: A Woman Transformed by the Light

Scripture: John 4:1-30

Key Truth: Jesus meets us in our mess and offers living water and light.

Historical Insight: Jews avoided Samaritans, especially women. Jesus' interaction broke cultural barriers.

Reflection Questions:

- How does Jesus' grace toward this woman reflect His grace toward you?
- What 'wells' are you still drawing from that don't satisfy?

Prayer Prompt: Jesus, meet me at my well. Fill me with Your truth and love.

Day 4: The Light that Heals

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Scripture: John 9:1-12

Key Truth: Jesus opens our eyes-not just physically, but spiritually.

Reflection Questions:

- In what ways have you been spiritually blind?
- What truth has Jesus recently revealed to you?

Prayer Prompt: Open my eyes, Lord, to see You clearly and follow You faithfully.

Day 5: The Light that Leads

Scripture: John 10:1-16

Key Truth: Jesus is the Light that leads and protects His sheep.

Reflection Questions:

- Are you following Jesus' voice or another?
- How has He led you out of darkness in the past?

Prayer Prompt: Help me to hear Your voice and trust Your leading every day.

Day 6: The Light of Resurrection Power

Scripture: John 11:17-44

Key Truth: Jesus brings life where there is death-physically, spiritually, emotionally.

Reflection Questions:

- Is there anything "dead" in your life that you need Jesus to resurrect?
- What does it look like to believe even when you don't understand?

Prayer Prompt: Lord, speak life into the areas of my life that feel hopeless or broken.

Day 7: Walk in the Light, Live in the Light

Scripture: John 12:35-36, 46

Key Truth: The call isn't just to receive the light, but to walk in it daily.

Reflection Questions:

- How will you commit to walking in the light every day?
- Who can you invite into the light with you?

Prayer Prompt: Father, thank You for drawing me into Your light. Help me to walk in truth, obedience, and bold faith.

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Final Reflection & Next Steps

What have you learned about Jesus this week?

How has your heart changed in these 7 days?

Action: Write out a prayer or declaration committing your life to walk in the light of Christ.

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