

DSAEK/DMEK POST OPERATIVE EYE DROP INSTRUCTIONS

RIGHT EYE

LEFT EYE

!Wait 5 Minutes Between Drops!

Daytime



1. **Prednisolone** (Pred forte) – Anti-inflammatory (White or Pink top): one (1) drop, four (4) times/day – Shake Well

2. **Vigamox** (Moxifloxacin) - Antibiotic (tan top): one (1) drop, four (4) times/day

Nighttime



3. **Muro-128 ointment** (sodium chloride) - (tube): quarter inch (1/4”) each night at bedtime

ACTIVITY LIMITATIONS

1. Strict bedrest with face up positioning for 2 days after surgery. You may take 5-minute breaks every hour to move around, use the bathroom and eat meals. No watching TV or using computer unless it is bolted to the ceiling.
2. Keep the eye covered at all times, except when placing drops. Wear either safety glasses or an eye shield during the daytime and wear an eye shield at night when sleeping.
3. Do not lift anything heavier than 5 pounds.
4. No getting the eye wet, keep it closed when showering.
5. **DO NOT RUB THE EYE.**
6. No swimming, no bending over, no strenuous exercise. Light activity only.

It is important to attend all your post-operative appointments. Please call with any questions or concerns.