

Below are a selection of **B1 high-scoring phrases** which will help you to increase the quality of your presentations.

1. Talking about interests & personal habits

Used to introduce yourself, preferences, free time:

- I've always been interested in...
- One thing I really enjoy is...
- In my spare time, I'm quite into...
- Recently, I've started to...
- I guess you could say that...
- I suppose I'd say...
- I'm quite keen on...
- I'm really into...
- I tend to enjoy...
- I don't really have much time for..., but...

2. Giving opinions (neutral to strong)

Clear personal viewpoints:

- From my point of view...
- To be honest, I think...
- I strongly believe that...
- On the whole, I would say...
- There's no doubt that...
- What really matters to me is...
- In my opinion...
- As far as I'm concerned...
- I feel that...
- Personally, I think...

3. Agreeing & showing understanding

Useful for interaction and discussion tasks:

- That's an interesting perspective — I hadn't thought of that.
- I see what you mean, but...
- To be fair, that depends on the situation.
- I agree with that.
- I know what you mean.
- That's a good point.
- I partly agree, but...

4. Disagreeing politely / expressing doubt

Soft disagreement without sounding aggressive:

- I'm not completely convinced, to be honest.
- While I see the advantages, there are definitely some drawbacks.
- I'm not sure I agree.
- I see your point, but I think...
- I'm not sure about that.
- I have a different view.

5. Talking about society, trends & the modern world

Very useful for exams (photos, abstract questions):

- In today's world, it's becoming more important to...
- This really depends on cultural/background factors.
- These days, many people...
- Society is changing, and...
- Nowadays, it's common to...
- Compared to the past,...