



# REV. ERIN GINGRICH

## S P I R I T U A L C O A C H

### AREAS OF STUDY

- Mindfulness
- Dance as moving meditation
- Neurobiology of trauma
- Physiology of trauma
- Healing trauma - individual, collective + intergenerational
- Ending colonial, white supremacist, capitalistic hetero-patriarchy

### EDUCATION

#### **Master of Divinity**

Meadville Lombard  
Theological School  
Chicago, IL 2006-10

#### **Certified Massage Therapist**

Touchstone Healing Arts  
School for Massage  
Burlington, Vermont 2003-4

#### **BA in Cultural Anthropology**

University of Illinois  
Minor in Women's Studies  
Urbana-Champaign, 1994-8

### CONTACT

✉ embodyingpractices  
[at]gmail[dot]com

📍 Des Moines, IA

### WORK EXPERIENCE

#### ADJUNCT PROFESSOR

##### **Grand View University**

January -December 2021

- The Human Condition (4 hrs)
- Healing Racialized Trauma (faculty)
- Mindfulness, physiology of trauma, + racialized trauma; Invited to lead abbreviated version for faculty by the Center for Excellence in Teaching and Learning.

#### ASSOCIATE MINISTER OF SOCIAL JUSTICE

##### **First Unitarian Church of Des Moines**

2014-2019

- Led social justice & membership ministries
- Led worship services + rites of passage, offered pastoral care in church of 500 members
- Member of Ministry Operations Team

#### MINISTER

##### **Unitarian Universalist Church of Reston**

2010-2013

- Worship, pastoral care, staff supervision, leadership development & mission alignment in church of 200 members
- Supported lay leaders in writing "The History of Clergy/Staff Misconduct + Abuse of Power at UUCR"