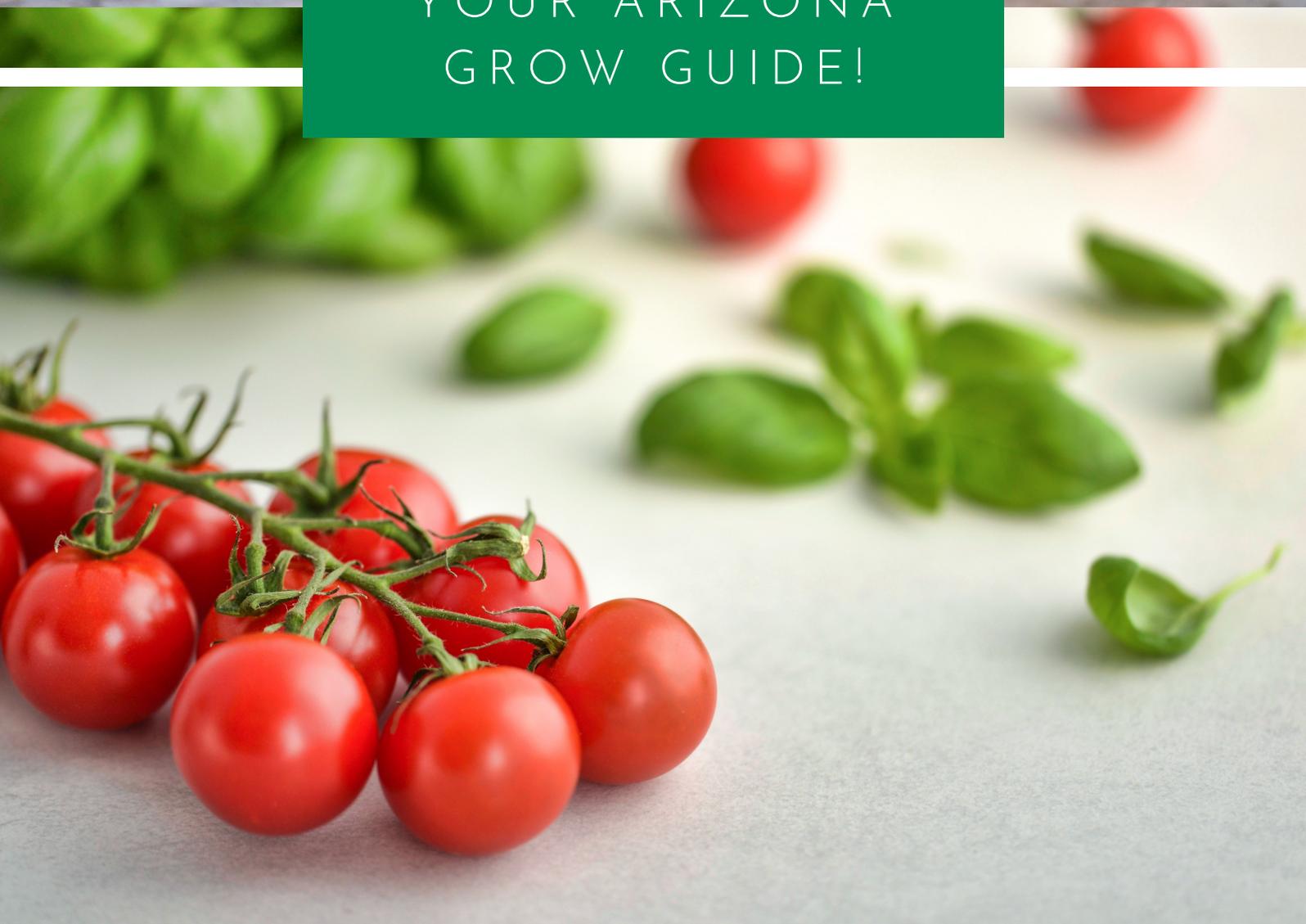




NICHE ORGANIC  
YOUR ARIZONA  
GROW GUIDE!



## HERE'S A SECRET:

*It is possible to grow an organic garden in the Sonoran Desert.*

The key is to learn the climate and plant seasonally.

It took me a lifetime (and a four-year college degree) to learn these secrets, but I am so passionate about bringing healthy, organic food to your table that I want to share my knowledge with you.

Please enjoy this free guide to seasonal planting, hand-crafted for you by Niche Organic.



## YOUR SPRING-SUMMER GARDEN

Temperatures are finally warming up from winter's subtle frosts, but you're prepared. Plant these veggies in February or March for a bountiful harvest in time for the Fourth of July.

- Tomatoes
- Peppers
- Squash
- Eggplant
- Corn
- Basil
- Strawberries
- Cucumbers

Woops! Started a little late? Not to worry. Corn, beans, squash, cucumbers, melons, okra and sweet potatoes can still do well when planted in May-June.

## YOUR MONSOON GARDEN

These options do well when planted in July-August. That's why we call them monsoon crops! The summer rains create just enough moisture and reprieve from the heat to allow these crops to thrive.

Harvest right as fall sets in, between August-October.

- Corn
- Beans
- Squash
- Tomato



## YOUR FALL-WINTER GARDEN

You won't have to worry about covering your plants when you plant frost-resistant produce! The lower the temperature, the sweeter the crop!

Plant right after your monsoon rains (September-October) to enjoy these veggies in your winter stews:

- Beets
- Broccoli
- Cabbage
- Cauliflower
- Chard
- Kale
- Onion
- Peas
- Rutabagas
- Spinach
- Turnips

# NICHE ORGANIC

Want to grow something you don't see here? At Niche Organic, we love to try new things! I'll do the research, ordering, planting, maintenance and harvesting of all your favorite foods. Let's learn together!

Rooting for your garden,

Ashlie Thompson  
Owner & Executive Gardener  
Niche Organic, LLC

*Organic Vegetable Gardening Made Simple.*