


# April 2026



## Heardmont Senior Community Center

heardmontparkseniorcommunitycenter.org

205-991-5742

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Monday-Friday 8:30-2:30</b> (unless otherwise noted) <b>Lunch served daily 12-12:15</b> <b>Calendar subject to change</b> <b>Highlighted events/activities require sign-up</b> <b>Follow us on Facebook</b> <b>@HeardmontSeniorCommunityCenter</b>			<b>1</b> 9-12 Bridge 9:30-10:30 Beg. Line Dance 11-12 Improver Line Dance 1:30 Gentle Yoga	<b>2</b> 10-1 Bingo 10:30-11:15 Aerobics 11:15-12 Aerobics <b>12:30 Open Bingo</b> <i>by SouthernCare New Beacon</i> 1:20-2:15 Total Body Conditioning	<b>3</b> <b>Kitchen CLOSED</b> 10-11 Refit 	<b>4</b>
<b>5</b>	<b>6</b> 9:30-12 Bridge 9:30-12 Mahjong 9:30-10:30 Tai Chi 11-12 Total Body Conditioning <b>12:30-2 Watercolor (FULL)</b>	<b>7</b> 10-1 Bingo 10-2 Canasta 10:30-11:15 Aerobics 11:15-12 Aerobics <b>12:30 Open Bingo</b> <i>by Monark Grove</i>	<b>8</b> 9-12 Bridge 9:30-10:30 Beg. Line Dance 11-12 Improver Line Dance 1:30 Gentle Yoga	<b>9</b> <b>Lunch Bunch: RSVP,</b> <i>depart 10:45</i> 10:30-11:15 Aerobics 11:15-12 Aerobics 1:20-2:15 Total Body Conditioning	<b>10</b> 10-11 Refit	<b>11</b>
<b>12</b>	<b>13</b> 9:30-12 Bridge 9:30-12 Mahjong 9:30-10:30 Tai Chi 11-12 Total Body Conditioning <b>12:30-2 Open Watercolor</b>	<b>14</b> 10-1 Bingo 10-2 Canasta 10:30-11:15 Aerobics 11:15-12 Aerobics 11 Birthday Cake 12:15-2:15 Shelby Strummers <b>12:30 Open Bingo</b> <i>by Harrison Regional Library</i> 	<b>15</b> 9-12 Bridge 9:30-10:30 Beg. Line Dance 11-12 Improver Line Dance 1:30 Gentle Yoga	<b>16</b> <b>9:30 Christie Anne Art, \$15,</b> <b>RSVP by 4/13</b> 10-1 Bingo 10:30-11:15 Aerobics 11:15-12 Aerobics 12:15 Spring Facials by Magee 1:20-2:15 Total Body Conditioning	<b>17</b> 10-11 Refit	<b>18</b>
<b>19</b>	<b>20</b> 9:30-12 Bridge 9:30-12 Mahjong 9:30-10:30 Tai Chi 11-12 Total Body Conditioning <b>12:30-2 Open Watercolor</b>	<b>21</b> 10-1 Bingo 10-2 Canasta 10:30-11:15 Aerobics 11:15-12 Aerobics <b>12:30 POD &amp; TOD Accounts</b> <i>for Seniors presented by ACES</i>	<b>22</b> <b>Center &amp; Kitchen</b> <b>CLOSED</b> <b>Shelby County Senior Picnic</b> <i>in Columbiana</i> Register: picnic.shelbyal.com *Buses depart at 8:45 to Picnic, RSVP*	<b>23</b> 10-1 Bingo 10:30-11:15 Aerobics 11:15-12 Aerobics 12:30 Jerry Ginn, singer 1:20-2:15 Total Body Conditioning	<b>24</b> 10-11 Refit <b>Lunch will be served at</b> <b>11am then the Center will</b> <b>be CLOSED for the day.</b>	<b>25</b>
<b>26</b>	<b>27</b> <b>Kitchen CLOSED</b> 9:30-12 Bridge 9:30-12 Mahjong 9:30-10:30 Tai Chi 11-12 Total Body Conditioning <b>12:30-2 Open Watercolor</b>	<b>28</b> 10-1 Bingo 10-2 Canasta 10:30-11:15 Aerobics 11:15-12 Aerobics <b>12:30 Penny Auction</b> <i>by Quality 1 Home Care</i>	<b>29</b> 9-12 Bridge 9:30-10:30 Beg. Line Dance 11-12 Improver Line Dance 1:30 Gentle Yoga	<b>30</b> <b>Pelham Wellness Fair at</b> <b>Pelham Sr Center</b> <b>(Lunch afterwards):</b> <b>RSVP, depart 9:45</b> 10:30-11:15 Aerobics 11:15-12 Aerobics 1:20-2:15 Total Body Conditioning	<b>May 1</b> <b>ASO Coffee Concert:</b> <b>Barber &amp; Dvorak, RSVP 4/6-4/23</b> 