

December 2025



Heardmont Senior Community Center

heardmontparkseniorcommunitycenter.org

205-991-5742

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 9:30-12 Bridge 9:30-12 Mahjong 9:30-10:30 Tai Chi 11-12 Total Body Conditioning 12:30-2 Watercolor (FULL)	2 10-1 Bingo 10-2 Canasta 10:30-11:15 Aerobics 11:15-12 Aerobics 12:30 Estate Planning: <i>Advance Directive by Provident Law</i>	3 9-12 Bridge 9:30-10:30 Beg. Line Dance 11-12 Improver Line Dance 1:30 Gentle Yoga	4 Lunch Bunch: RSVP, Stone Bridge Farms in Cullman, depart 10am 10:30-11:15 Aerobics 11:15-12 Aerobics	5 10-11 Refit	6
7	8 9:30-12 Bridge 9:30-12 Mahjong 9:30-10:30 Tai Chi 11-12 Total Body Conditioning 12:30-2 Watercolor (FULL)	9 10-1 Bingo 10-2 Canasta 10:30-11:15 Aerobics-sub 11:15-12 Aerobics-sub 12:30 Open Bingo <i>by SouthernCare New Beacon</i>	10 9-12 Bridge 9:30-10:30 Beg. Line Dance 11-12 Improver Line Dance 1:30 Gentle Yoga	11 9:30 Christie Anne Art, \$15, RSVP by 12/8 10-1 Bingo 10:30-11:15 Aerobics 11:15-12 Aerobics 12:10 Christmas Carols 12:30 Christmas SINGO! <i>by Harrison Regional Library</i>	12 10-11 Refit	13
14	15 9:30-12 Bridge 9:30-12 Mahjong 9:30-10:30 Tai Chi 11-12 Total Body Conditioning 12:30-2 Watercolor (FULL)	16 10-12 Bingo 10-2 Canasta 10:30-11:15 Aerobics 11:15-12 Aerobics 12 Christmas Lunch & Birthday Cake <i>RSVP with Drinks & Desserts</i> 12:15-2:15 Shelby Strummers 	17 9-12 Bridge 9:30-10:30 Beg. Line Dance 11-12 Improver Line Dance 1:30 Gentle Yoga	18 Lunch Bunch: RSVP, depart 10:45 10:30-11:15 Aerobics-sub 11:15-12 Aerobics-sub	19 10-11 Refit	20
21	22 Kitchen CLOSED Bridge CANCELLED 9:30-12 Mahjong 9:30-10:30 Tai Chi 11-12 Total Body Conditioning Watercolor CANCELLED	23 Kitchen CLOSED 10-1 Bingo 10-2 Canasta 10:30-11:15 Aerobics 11:15-12 Aerobics	24 Center & Kitchen CLOSED 	25 Center & Kitchen CLOSED	26 Center & Kitchen CLOSED	27
28	29 Center & Kitchen CLOSED 	30 Center & Kitchen CLOSED	31 Center & Kitchen CLOSED	Monday-Friday 8:30-2:30 (unless otherwise noted) Lunch served daily 12-12:15 Calendar subject to change Highlighted events/activities require sign-up *Center & Kitchen CLOSED December 24-January 1 Open Friday, January 2, 2026, 8:30-12, Kitchen CLOSED		