# November 2026

**Heardmont Senior Community Center**
heardmontparkseniorcommunitycenter.org
205-991-5742

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|---|---|---|---|
| 1 | 2 Center CLOSED<br>Polling Site<br>Kitchen OPEN<br> | 3 Center CLOSED<br>Polling Site<br>Kitchen OPEN<br> | 4<br>9-12 Bridge<br>9:30-10:30 Beg. Line Dance<br>11-12 Improver Line Dance<br>1:30 Gentle Yoga | 5 9:30 Christie Anne Art, $15, RSVP by 10/30<br>10-1 Bingo<br>10:30-11:15 Aerobics<br>11:15-12 Aerobics<br>1:15-2:15 Total Body Conditioning<br>*12:30 Matching Leaves*<br>*by Harrison Regional Library* | 6<br>*ASO Coffee Concert:*<br>*Montgomery & Brahms,*<br>***RSVP 10/5-29**, Depart 9:45*<br>10-11 ReFit<br>6:30 Shelby Shufflers<br>(Square Dance) | 7 |
| 8 | 9<br>9:30-12 Bridge<br>9:30-12 Mahjong<br>9:30-10:30 Tai Chi<br>11-12 Total Body Conditioning<br>12:30-2 Watercolor (FULL) | 10 10-1 Bingo<br>10-2 Canasta<br>10:30-11:15 Aerobics<br>11:15-12 Aerobics<br>*12:30 Pumpkin Floral Arranging by ACES, FREE, RSVP* | 11 Center & Kitchen CLOSED<br> | 12<br>Lunch Bunch: RSVP, depart 10:45<br>10:30-11:15 Aerobics<br>11:15-12 Aerobics<br>1:15-2:15 Total Body Conditioning | 13<br>10-11 ReFit | 14 |
| 15 | 16<br><br>9:30-12 Bridge<br>9:30-12 Mahjong<br>9:30-10:30 Tai Chi<br>11-12 Total Body Conditioning<br>11 Birthday Cake<br>Watercolor CANCELLED | 17<br>10-1 Bingo<br>10-2 Canasta<br>10:30-11:15 Aerobics<br>11:15-12 Aerobics<br>*12 Thanksgiving Pie Bar RSVP by 10/10* | 18<br>9-12 Bridge<br>9:30-10:30 Beg. Line Dance<br>11-12 Improver Line Dance<br>1:30 Gentle Yoga | 19<br>10-1 Bingo<br>10:30-11:15 Aerobics<br>11:15-12 Aerobics<br>*12:30 Open Bingo*<br>*by Right at Home*<br>1:15-2:15 Total Body Conditioning | 20<br>10-11 ReFit<br>6:30 Shelby Shufflers<br>(Square Dance) | 21 |
| 22 | 23<br>9:30-12 Bridge<br>9:30-12 Mahjong<br>9:30-10:30 Tai Chi<br>11-12 Total Body Conditioning<br>Watercolor CANCELLED | 24<br>10-1 Bingo<br>10-2 Canasta<br>10:30-11:15 Aerobics<br>11:15-12 Aerobics<br>*12:30 Chew & Chat*<br>*by Aletheia House* | 25<br>9-12 Bridge<br>9:30-10:30 Beg. Line Dance<br>11-12 Improver Line Dance<br>Gentle Yoga CANCELLED | 26 Center & Kitchen CLOSED<br> | 27 Center & Kitchen CLOSED<br> | 28 |
| 29 | 30<br>9:30-12 Bridge<br>9:30-12 Mahjong<br>9:30-10:30 Tai Chi<br>11-12 Total Body Conditioning<br>12:30-2 Watercolor (FULL) |  | **Monday-Friday 8:30-2:30 (unless otherwise noted)**<br>**Lunch served daily 12-12:15**<br>**Calendar subject to change**<br>**Highlighted events/activities require sign-up**<br>**Follow us on Facebook @HeardmontSeniorCommunityCenter** |  | | |