The Six Tastes



Seek and Find

What does the * symbol mean on the six tastes food lists?

Name five foods that have a least two distinct tastes. List foods and their two tastes.

List seven herbs and/or spices you currently have in your kitchen and their corresponding taste according to the six tastes food list.

Name five vegetables you enjoy eating along with their taste according to the six tastes food list.

List your questions here:

Bring this sheet to class on the third week.

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