

The 15 Minute Home Reset

A small reset for a space you need to use today.

Start small

Choose one area: a kitchen counter, entryway, bathroom vanity, or living room. Gather a basket and a trash bag. Set a 15-minute timer; finishing every task is optional.

Minutes 0 to 3

Remove obvious trash and recycling. Put away food or items that need immediate attention. Leave difficult decisions for another session.

Minutes 3 to 8

Return easy items to their homes. Collect items that belong elsewhere in your basket. Keep the trip focused so you do not start organizing another room.

Minutes 8 to 12

Clear the surface or pathway needed for the next activity. Group daily essentials where you use them. Contain loose items that do not yet have a home.

Minutes 12 to 15

Return the basket contents or schedule a short follow-up. Put your supplies away. Notice what helped and stop when your timer ends.

Quick checklist

- ☐ Trash and recycling removed
- ☐ Everyday essentials easy to find
- ☐ One useful surface or pathway clear
- ☐ Items needing decisions contained
- ☐ Next reset time chosen

Make the reset fit your life

Use this page to choose a manageable next step.

My priority area and why I need it usable

The three actions that make this area functional

When I will reset and the cue that will remind me

What keeps piling up here? What home or simpler system does it need?

Short on time? Choose one useful action: contain dishes, clear the doorway, or gather tomorrow's essentials. A small reset still counts.

Need help creating systems that are easier to reset? Explore [LabelMakeHers Room-by-Room Organizing](#) or [Home Reset Sessions](#).