

The Decluttering Decision Guide

Make clearer decisions about one small area at a time.

Choose a manageable boundary

Start with one drawer, shelf, or small category. Set out spaces for keep here, move elsewhere, donate, and discard. Add a small review pile for unresolved items.

Ask about real use

Do I use this now? Does it support a routine, need, or memory I value? If it is for a future plan, is that plan specific and realistic?

Check duplicates and condition

How many do I actually need? Which version do I reach for? If an item needs repair, am I willing to arrange it within a date I choose?

Decide where it belongs

Kept items need a usable home. Store frequent-use items near the activity. If space is tight, revisit quantity before adding more storage.

Finish the exit plan

Choose who will take donations and when. Check what the recipient accepts. Use an appropriate local disposal route for items that cannot go in ordinary trash.

Quick checklist

- ☐ One small area selected
- ☐ Useful keep items returned to a home
- ☐ Elsewhere items moved to the right space
- ☐ Donation destination and date chosen
- ☐ Review pile given a decision date

Turn decisions into progress

Use this page to choose a manageable next step.

Area or category I am editing today

What I want this space to support

Items I am unsure about and what I need to decide

Donation or disposal plan and date

One storage change to try using what I already have

For sentimental items, choose what you want to preserve before deciding what to release. You can pause on emotionally difficult decisions and work on easier categories first.

Want support making decisions and creating useful homes for what stays? Explore [LabelMakeHers Home Organization](#) or [Listing-Prep Decluttering](#).