

Short-Form Coping with Children's Negative Emotions Scale

King, G. L., Kehoe, C. E., Havighurst, S. S., Youssef, G. J., Macdonald, J. A., Dunsmore, J. C., Berkowitz, T. S., & Westrupp, E. M. (2023). Creation of a Short-Form and Brief Short-Form Version of the Coping With Children's Negative Emotions Scale. *Assessment*, 30(6), 1947-1968. <https://doi-org.ezproxy1.lib.asu.edu/10.1177/10731911221126919>

		1	2	3	4	5	6	7
		Very Unlikely		Medium			Very Likely	
<hr/>								
1. If my child becomes angry because they are sick or hurt and can't go to their friend's birthday party, I would:								
a. Tell my child not to make a big deal out of missing the party.	1	2	3	4	5	6	7	
b. Acknowledge that it can be disappointing to miss out on something you want to do.	1	2	3	4	5	6	7	
2. If my child is going over to spend the afternoon at a friend's house and becomes nervous and upset because I can't stay there with them, I would:								
a. Help my child think of things that they could do so that being at the friend's house without me wasn't scary (e.g., take a favorite book or toy with them).	1	2	3	4	5	6	7	
b. Acknowledge that it can feel worrying being separated from you.	1	2	3	4	5	6	7	
c. Feel upset and uncomfortable because of my child's reactions.								
d. Encourage my child to talk about their nervous feelings.								
e. Tell my child to quit over-reacting and being a baby.								
3. If my child is participating in some group activity with their friends and proceeds to make a mistake and then looks embarrassed and on the verge of tears, I would:								
a. Feel uncomfortable and embarrassed myself.	1	2	3	4	5	6	7	
b. Encourage my child to talk about their feelings of embarrassment.	1	2	3	4	5	6	7	
c. Tell my child to straighten up or we'll go home right away.	1	2	3	4	5	6	7	
4. If my child is about to appear in a recital or sports activity and becomes visibly nervous about people watching them, I would:								
a. Encourage my child to talk about their nervous feelings.	1	2	3	4	5	6	7	
b. Help my child think of things they could do to get ready for their turn (e.g., to do some warm-ups and not to look at the audience).	1	2	3	4	5	6	7	
c. Tell my child that if they don't calm down, we'll have to leave and go home right away.	1	2	3	4	5	6	7	
5. If my child is playing with other children and one of them calls them names, and my child then begins to tremble and become tearful, I would:								
a. Acknowledge that getting called names can be upsetting.	1	2	3	4	5	6	7	
b. Tell my child to behave or we'll have to go home right away.	1	2	3	4	5	6	7	
c. Help my child think of constructive things to do when other children tease them (e.g., find other things to do).	1	2	3	4	5	6	7	
6. If my child is shy and scared around strangers and consistently becomes teary and wants to stay in their bedroom whenever family friends come to visit, I would:								
a. Tell my child that they are being a baby.	1	2	3	4	5	6	7	
b. Feel upset and uncomfortable because of my child's reactions.	1	2	3	4	5	6	7	

Brief Short-Form Coping with Children's Negative Emotions Scale

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	1	2	3	4	5	6	7
	Very Unlikely		Medium		Very Likely		
1. If my child is going over to spend the afternoon at a friend's house and becomes nervous and upset because I can't stay there with them, I would:							
a. Tell my child to quit over-reacting and being a baby.	1	2	3	4	5	6	7
b. Acknowledge that it can feel worrying being separated from you.	1	2	3	4	5	6	7
2. If my child is participating in some group activity with their friends and proceeds to make a mistake and then looks embarrassed and on the verge of tears, I would:							
a. Encourage my child to talk about their feelings of embarrassment.	1	2	3	4	5	6	7
b. Feel uncomfortable and embarrassed myself.	1	2	3	4	5	6	7
3. If my child is about to appear in a recital or sports activity and becomes visibly nervous about people watching them, I would:							
a. Tell my child that if they don't calm down, we'll have to leave and go home right away.	1	2	3	4	5	6	7
4. If my child is playing with other children and one of them calls them names, and my child then begins to tremble and becomes tearful, I would:							
a. Help my child think of constructive things to do when other children tease them (e.g., find other things to do).							