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and I am making a difference
in my family's life.*

*I am grateful for the
opportunity to create a
comfortable and
loving space.*

*I welcome change and adapt
with grace to the evolving
needs of my family.*

*I find fulfillment in the
little moments of
connection with my family.*

*I am patient and
compassionate with myself as
I navigate my homemaking
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*My efforts contribute to a
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