

KID'S CELLPHONE CONTRACT

PARENT(S) GUARDIAN(S) NAME:

CHILD'S NAME:

DATE OF CONTRACT:

Welcome to the Kid's Cellphone Contract! This contract is designed to protect and educate [Child's Name] about the responsible use of their cellphone. By signing this contract, both [Child's Name] and [Your Name(s)] agree to follow the rules and guidelines outlined below.

RESPONSIBLE USAGE

- ☐ I understand that my cellphone is a privilege, not a right. I will use it responsibly and follow the rules set by my parent(s)/guardian(s).
- ☐ I will use my cellphone primarily for educational and communication purposes.
- ☐ I will not use my cellphone to bully, harass, or engage in any harmful behavior towards others.

SCREEN TIME

- ☐ I understand the importance of balancing screen time with other activities such as homework, physical activity, and spending time with family and friends.
- ☐ I will limit my screen time to ____ hours per day on school days and ____ hours per day on weekends.

APPROPRIATE CONTENT

- ☐ I will only download and use age-appropriate apps and games, as determined by my parent(s)/guardian(s).
- ☐ I will not access or share inappropriate content, including but not limited to violence, adult content, or harmful information.

PRIVACY AND SAFETY

- ☐ I will not share personal information, such as my home address, phone number, or school name, with anyone online.
- ☐ I will not meet in person with anyone I have met online without the permission and presence of my parent(s)/guardian(s).
- ☐ If I encounter any online activity that makes me uncomfortable or suspicious, I will immediately report it to my parent(s)/guardian(s).

RESPECTFUL COMMUNICATION

- ☐ I will communicate respectfully and kindly with others when using my cellphone, whether it's through text messages, social media, or other apps.
- ☐ I will not engage in cyberbullying, and if I witness someone being bullied online, I will report it to a trusted adult.

DEVICE CARE

- ☐ I will take care of my cellphone and protect it from damage.
- ☐ I understand that I am responsible for any damage or loss of my cellphone beyond normal wear and tear.

SCREEN TIME

- ☐ I will use my cellphone for educational purposes, including researching, studying, and completing assignments.
- ☐ I will not use my cellphone during class or while doing homework unless it is part of a school assignment.

BEDTIME RULES

- ☐ I will not use my cellphone in my bedroom after bedtime, _____ pm. It will be charged in a designated area overnight.

PARENTAL ACCESS

- ☐ I understand that my parent(s)/guardian(s) may access my cellphone, apps, and messages to ensure I am following this contract and using my cellphone responsibly.

CONSEQUENCES

- ☐ If I violate any of the terms of this contract, there will be consequences, including temporary or permanent loss of cellphone privileges, as determined by my parent(s)/guardian(s).

PERIOD REVIEWS

- ☐ My parent(s)/guardian(s) and I will review this contract periodically to ensure it remains relevant and effective.

By signing below, we agree to abide by the terms of this Kid's Cellphone Contract:

PARENT(S)/GUARDIAN(S) SIGNATURE: _____

CHILD'S SIGNATURE: _____

DATE: _____

We believe that this contract will help [Child's Name] use their cellphone responsibly, stay safe online, and continue their education while enjoying the benefits of technology.