

Decluttering Areas to Consider ✨

Area/Category	Items to Declutter	Done
Living Room	- Old magazines and newspapers	
	- Broken or unused electronics	
	- Excess decorative items and knick-knacks	
	- Outdated or unused furniture	
Bedroom	- Clothes you no longer wear	
	- Worn-out bedding and linens	
	- Unwanted jewelry and accessories	
	- Excess shoes and accessories	
Kitchen	- Expired food items	
	- Duplicate kitchen utensils and gadgets	
	- Unused or chipped dishes and cookware	
	- Empty or near-empty spice containers	
Bathroom	- Old or expired toiletries	
	- Empty or nearly empty bottles	
	- Unused towels and washcloths	
	- Broken or outdated personal care items	
Home Office	- Outdated paperwork and documents	
	- Unused office supplies	
	- Broken or old electronic equipment	

Area/Category	Items to Declutter	Done
	- Duplicate cables and cords	
Closets and Storage Areas	- Clothes that no longer fit or you don't wear	
	- Unused or out-of-season clothing	
	- Unnecessary shoes and accessories	
	- Forgotten or expired items in storage bins	
Garage/Attic/ Basement	- Broken tools and equipment	
	- Outdated sporting goods	
	- Excess holiday decorations	
	- Unused or broken furniture	
Digital Files	- Duplicate photos and videos	
	- Unused apps and software	
	- Outdated documents and files	
	- Old emails and subscriptions	
Computer/Desktop	- Unnecessary desktop shortcuts	
	- Unused software and applications	
	- Cluttered files and folders	
	- Duplicate files and photos	
Phone	- Delete unused apps and contacts	
	- Organize apps into folders	
	- Clear cached data and old messages	

Area/Category	Items to Declutter	Done
	- Review and update privacy settings	
Social Media	- Unfollow or unfriend inactive accounts	
	- Delete or archive old posts and photos	
	- Review and update privacy settings	
Email	- Unsubscribe from unnecessary newsletters	
	- Organize and categorize emails	
	- Delete or archive old emails	
Digital Devices	- Uninstall unused apps	
	- Organize and declutter files	
	- Clear cache and old downloads	
Cloud Storage	- Delete or organize files and documents	
	- Remove outdated or unused backups	
	- Review and update sharing permissions	
Contacts (Phone, Social Media)	- Delete duplicate and obsolete contacts	
	- Update contact information and photos	
	- Unfriend or unfollow inactive social media connections	