

# HOT FLASHES

Fairfax County Retired Employees Association

March 2018



*Green Spring Gardens Park (click on photo for more information)*

## Chairman's Message

We've made it through February! Spring will be here soon. Time to dust off winter's cobwebs and venture out into the sunlight. Here's what your Board of Directors has planned for 2018 so far:

Wednesday, May 2nd, 10 AM: Our annual meeting, to be held in the main branch of the Credit Union, 4201 Members Way, Fairfax. Find out what our COLA will be and vote on a change in our dues structure.

Wednesday, May 16th, 10 AM – 2 PM: Our 7th annual Information for Seniors Fair. The Board initiated the Information for Seniors Fair for three reasons: to provide an opportunity for our members to get their questions answered by representatives from county agencies; to give seniors an opportunity to have free health screenings and get information on common

medical conditions; and to provide a convenient way for all seniors to access a variety of services that might be of interest to them, such as transportation discounts. Retirees who would like a table to sell their wares, or vendors who would like to promote their products or services, also are welcome to participate. Table rentals are just \$10. Email me at [Pamela.Martin@fairfaxcounty.gov](mailto:Pamela.Martin@fairfaxcounty.gov) if you are interested.

The Information for Seniors Fair is open to everyone, not just County retirees. Invite your friends and neighbors to come with you, and share the information with your church group or community organization! The fair will be held at American Legion Post 177 in the City of Fairfax again this year. The county's wellness program is sponsoring health screenings free of charge for all attendees. Other participants will include Transportation, Retirement, Benefits staff, the credit union, and the library system's Access Services Division, as well as Osher Lifelong Learning Institute, among many others. Don't miss this special event!

Last year, there was a miscommunication between the County and the health screeners. I have confirmed with Human Resources that they are arranging to have the screenings available this year!

As always, Hot Flashes Editor Chuck Higdon would appreciate your contributions to our newsletter. Is there a book you really enjoyed? A favorite recipe? Have you taken a trip? Email it to Chuck at [FCREA99@gmail.com](mailto:FCREA99@gmail.com), or snail mail it to Bobbie Deegan at 4316 Knott Street, Beltsville, MD 20705 and she will make sure that Chuck gets it.

Don't forget that we have a new gathering place for our Keep-In-Touch lunches! In January, we started meeting at Glory Days Grill in the Pan Am Shopping Center. The address is 3059 Nutley Street in Fairfax. We order off their menu, and everyone is responsible for his/her own meal, drink, and tip. Come join us at the next Keep-In-Touch lunch on March 21st.

Sincerely,

Pam Martin, Chairman  
Fairfax County Retired Employees Association

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## Election Officers Needed!

The Office of Elections is currently recruiting voters to serve as Election Officers a few days a year, including the upcoming [2018 elections](#). Election Officers are needed at each of the 243 precincts in Fairfax County to run the polls and assist the voters. There is a particular need for bilingual officers. Training begins in April.

View the ["Being an Election" Officer Video](#)

Listen to the Podcast ["Need for Election Officers"](#)

In order to be an Election Officer, you must:

- Be fluent in English
- Be a registered voter in the Commonwealth of Virginia
- Be able to fulfill the Federal I-9 employment eligibility requirements
- Attend a 3-hour training class
- Arrive at the polling place at 5:00 am and remain until all work has been completed after the polls close at 7pm
- Have basic computer skills

The Election Officer's main priority is to ensure the accuracy and integrity of the election process. A typical Election Day consists of:

- arriving one hour before polls open to set up voting equipment
- hanging up pertinent signage
- preparing the polling room for voting
- processing voters throughout the day
- assisting with operating voting equipment
- securing voting equipment and closing down the polling place at the end of the day

Election Officers are offered a stipend of \$175 for serving a full day. We especially encourage bilingual citizens to serve as we need language assistance in many precincts. Residency in Fairfax County is not required.

It is a wonderful opportunity for those interested in the election process or public service, and we need civic-minded individuals to help make Election Day a success!

To apply, fill and submit the [online form](#) or call the office at (703) 324-4735. Visit the Office of Elections [website](#) for more information.

Election Officers are also sometimes needed to work in the Central Absentee Precinct (CAP) at the Government Center. For more information visit the [CAP website](#), [email CAP](#) or call the Office of Elections.

R. Kurt Mockenhaupt  
Election Officer Recruiter  
Office of Elections County of Fairfax, Virginia  
Direct: 703.324.4811 Division: 703-324-4735  
Facsimile: 703.324.4706  
[richard.mockenhaupt@fairfaxcounty.gov](mailto:richard.mockenhaupt@fairfaxcounty.gov)

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## Retirees Share a Moment

In this section, we ask you to share a story, anecdote, recipe, anniversary, travel tip, photo, health issue, etc., that you think may be of interest to other retirees. If you send photos please identify each person in the photo, as well as from what agency and when they retired. Please send them to [FCREA](#) and as space is available and relevant, they will be published.

We want to thank Loretta Saxe for the following:



*Rush Hour in Scotland*

My dad always said, "Unless you truly love what you do as an occupation, retire

the second you can, because you really don't know how much time you have on this earth.”

So I did.

Thus began my retirement journey with my husband, Brian. We've been lucky enough to travel to many far-away places, -London, the Scottish Highlands (see picture above), the Orkney Islands, France- and I can't leave out visiting many of our beautiful national parks. We've traveled in Alaska, Hawaii and even circumnavigated Lake Superior. When not on the road or in the air, I've kept busy at home volunteering at various nonprofits, quilting, woodworking and gardening. That chore never really ends!



*Loretta and Brian Saxe in the Galapagos Islands*

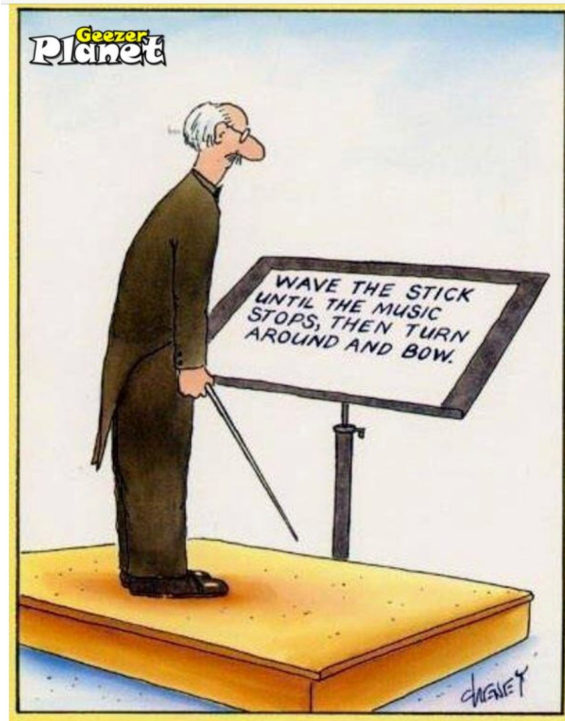
In addition, I've enjoyed golfing, hiking, bike riding and photography. I've joined a mystery book club through our county library and reintroduced myself to playing bridge. Keeping a busy, active lifestyle is the key to retirement life, and I highly recommend it. It's GRRRRreat!!

Loretta Saxe

Retired from Dept. of Purchasing & Supply Mgt 2006

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# RSVP

Northern Virginia  
*Your Invitation to Serve*

RSVP (Retired and Senior Volunteer Program), the region's largest volunteer network for those 55-years-young and greater, will hold a special volunteer recognition picnic at Wolf Trap National Park for the Performing Arts in Vienna, Wednesday, March 7, 2018, at noon. The event is free and open to current volunteers and prospective volunteers. Free lunch will be provided.

RSVP provides individualized support to seniors seeking service opportunities in and around Fairfax County, Arlington County and the City of Alexandria. RSVP volunteers enjoy flexible schedules, free accident and liability insurance while serving, optional mileage and meal reimbursement and are invited to volunteer group projects and social gatherings.

The March 7th event will feature a picnic on Wolf Trap's famous lawn and a behind-the-scenes tour of the Filene Center. RSVP supplies volunteers to Wolf Trap each summer.

For more information or to register for this event please contact RSVP Volunteer Specialist Carly Hubicki at [chubicki@volunteerfairfax.org](mailto:chubicki@volunteerfairfax.org) or call the RSVP Hotline at 703-403-5360 or visit [www.rsvpnova.org](http://www.rsvpnova.org).

RSVP Northern Virginia is a volunteer program of Volunteer Fairfax, Volunteer Arlington, and Volunteer Alexandria.

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**FEDERAL  
CREDIT UNION**  
FairfaxCU.org

## What's Going On at Fairfax County Federal Credit Union?



### **We've increased our Money Market Account Rates!**

If you're looking for a place to park your savings and maximize your earning power all while having liquidity, our Money Market Account could be your best option.

#### Features

- Only \$2,500 Deposit to open a MM account
- Write Up to Three Checks Per Month
- Maximize Earnings With Direct Deposit of your pension or other income

Stop by a branch or visit our [website](#) for details.



Filing your taxes? Here are some tips to avoid errors.

**Double-check your numbers.** It's easy to make mistakes with numbers. You could make a calculation error, transpose a number (\$54 vs. \$45), or accidentally add or subtract a digit (\$789 vs. \$89). Double-check your work to be safe.

**Watch for missing or incorrect information.** Make sure you sign your return and that your social security number is legible. If you want your return to be direct deposited into your bank account, be sure your banking information is accurate.

**Don't miss the deadline.** April 15th is the deadline every year. If you do not file by this date, you will have to pay interest and fees. The IRS charges interest from the date it is due until the time it is paid off, and will tack on a late filing fee as well. If you need to file a six-month extension, you have to file for it before April 15th.

**Claim all your tax deductions.** Do you know what purchases can be claimed on your taxes and which ones cannot? These guidelines can change from year to year, so it's important to understand the rules.

**File the correct forms.** The forms can be confusing because they are numbered and often have the same number with only a letter difference (1040, 1040A, 1040EZ). Filing an incorrect form can delay the processing of your claim, or possibly cause you to miss out on potential tax breaks.

**File even if you can't afford to pay.** If you know that you will owe the government money and can't afford to pay them, you still want to file a tax return. Missing the deadline will result in additional penalties and interest charges.

For more information, visit the IRS at [www.irs.gov](http://www.irs.gov) or talk to a tax professional.  
Article courtesy of GreenPath Financial Wellness.

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Visit our [events](#) page to check out our upcoming **FREE Financial Education sessions**. Coming up:

March 29 – FCFCU's Annual Meeting, 12 pm, Members Way Branch, 4201 Members Way.

Check out the [Credit Union's Quarterly Newsletter](#) for current promotions, news and events. **Not a credit union member yet? You are eligible to join! Open an account today and start reaping the FCFCU's benefits!**

Visit our website, stop by a branch or call us for details! Fairfax County Federal Credit Union – [FairfaxCU.org](http://FairfaxCU.org) - 703.218.9900 opt.3. Federally Insured by NCUA. Equal Housing Lender.

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## Craft Show at Government Center

Please join Library retirees, Ilze Long, Sharon Fadgen and Anne Maurer at the Government Center on Friday, April 13: 9 am - 3 pm. There you will be able to view and purchase hand-crafted and unique gifts . (Mother's Day is around the corner!) Come by and say "hello."

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## FCREA Events.....



### Keep In Touch Luncheon

The *Keep In Touch Luncheon* meets at 11:30 on the third Wednesday of every month (except May and December) at the Glory Days Grill, in the Pam Am Shopping Center.

The address is:  
Glory Days Grill,  
3059 Nutley St, Fairfax, VA.

[Map](#)

Phone: (703) 204-0900

We order from a menu and each person is responsible for his/her own meal, drink and a tip.

No reservations are required.

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### FCREA & LiveWell Seminar: Boosting Your Brain Power

Join LiveWell and the FCREA for a "Boosting Your Brain Power" seminar. This one-hour workshop, provided by Virginia Hospital Center, will discuss the many methods that research suggests employing to keep your brain at peak functioning. Topics will include, exercise, brain games, food your brain loves, and

more. All Fairfax County retirees and their family members are welcome.

Date: April 19, 2018

Time: 10:30 am-11:30 am

Location: Fairfax County Federal Credit Union - 4201 Members Way Fairfax, VA 22030

RSVP's to [LiveWell@fairfaxcounty.gov](mailto:LiveWell@fairfaxcounty.gov) are helpful, but not required.

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## **FCREA Annual Meeting**

**Wednesday, May 2, 2018, 10am**

The FCREA annual meeting will be held at the Fairfax County Federal Credit Union in the meeting room on the first floor. It is located at:

4201 Members Way

Fairfax, VA 22030

Phone 703-218-9900

[Map to the Credit Union](#)

Speakers include representatives from the FC Board of Supervisors, Department of Human Resources, Office of the Chief Financial Officer, the Retirement Office, and the Fairfax County Federal Credit Union. The 2019 FC Retirees' retirement pension cola will be announced.

**There also will be FCREA Board member's elections at the annual meeting. To that end, we are looking for Fairfax County retirees who would like to volunteer to join the FCREA Board. If interested, please [email](#) us!**

## **FCREA Senior Information Fair**

**Wednesday, May 16, 10am to 2pm**

The Annual FCREA Senior Information Fair will be held at the American Legion in Fairfax City. This event is open to all FCREA members, friends, and other seniors. Approximately 20 organizations will attend and provide information of interest to many seniors.

Lunch is available at the American Legion at a very reasonable cost, so make it an "afternoon out" with your friends.

Map to American Legion

Please Join us!



### FCREA Board Meetings

The FCREA Board of Directors meets at 9:30am in the Fairfax County Credit Union ([Fairfax Branch](#)) on the third Wednesday, starting in January and then every other month except May. All FCREA members are invited to attend.



The Fairfax County Solid Waste Management Program will be sponsoring one secure document shredding event in each supervisory district per calendar year. These events are only open to Fairfax County residents along with residents of the Towns of Vienna, Herndon and Clifton and the Cities of Fairfax and Falls Church. Documents from businesses will not be accepted.

Please Note: Shredding events start at 8 a.m. and conclude at 12 p.m. All cars must be in line by 12 p.m. These are drive-through events and residents will be asked to remain in their vehicles. For everyone's safety, you will not be able to stand by and watch your paper being shredded.

Date	Location	Address	District
March 24, 2018	NBC4 Shred Event at NVCC	8333 Little River Turnpike, Annandale 22003	Braddock
April 14, 2018	I-95	9850 Furnace Road, Lorton 22079	Mt. Vernon
April 28, 2018	Mason Government Center	6507 Columbia Pike, Annandale 22003	Mason
May 19, 2018	North County Human Services	1850 Cameron Glen Dr, Reston 20190	Hunter Mill
June 16, 2018	Springfield Government Center	6140 Rolling Road Springfield 22152	Springfield
July 14, 2018	Kilmer Middle School	8100 Wolftrap Road , Vienna 22182	Providence
August 18, 2018	Springhill Elementary	8201 Lewinsville Road, McLean 22102	Dranesville
September 15, 2018	South County Government Center	8350 Richmond HWY Alexandria 22309	Lee
October 13, 2018	Sully District Government Center	4900 Stonecroft Blvd, Chantilly 20151	Sully

For more information go to [Fairfax County Document Shredding](#).

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## FCREA Membership



Your FCREA has lost track of some lifetime members; that is, their email and/or mailing addresses are no longer valid. If you are in contact with these members,

please ask them to provide us with their current information by emailing it to [FCREA](#) or [Bobbie Deegan](#).

### **Members we have lost track of**

Jan Weng, retired from CSB/ADS in 2012

William R Lloyd, retired from DPWES in 1987

Mir A. Ali, retired from DPW in 2014

Erlinda Trapal, retired from Tax Admin in 2015

Anything you can do to help will be appreciated.

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### **New Members**

- Delnee Carr, retired from DIT in 2017
- Margaret Carter, retired from DPWES in 2017
- Patricia Orlando, retired from DPSM in 2017
- Cathy Rose, retired from Fire & Rescue in 2014
- Randy R. Creller, retired from DIT in 2016
- John Cunningham, retired from Human Services Admin. in 2008
- William A. Fleming, retired from Mail Services in 2017
- Walter Guarino, retired from Community Services Board in 2017
- Yat Nei Kchao, retired from DIT in 2017
- Dan Martino, retired from Community Services Board in 2017
- Russell W. Woodward, retired from Maintenance & Stormwater Mgt in 2008
- Sunguk Yun, retired from LDS in 2018
- Charisse D. Gee, retired from the Police Dept in 2018
- Amanda Neet, retired from the Library in 2018
- Mike Rome, retired from the Health Depart in 2018

### **Encourage Others to Join your FCREA**

Any retired Fairfax County employee or surviving spouse is eligible to become a member of the Association. As you know, we use Hot Flashes to provide retirees with County benefits information, news about other

retirees and other information we believe may be of interest. The association has an Annual Membership Meeting in May and sponsors several events all year, to include monthly luncheons, a Senior Information Fair in May, an annual picnic in September, and a holiday luncheon in December..

Prospective members should contact [Bobbie Deegan](#). The cost of a lifetime membership is just \$50. For a membership application [click here](#).

## **Proposed Change to FCREA Membership**

From its beginning, FCREA has offered two membership levels - an annual membership for \$5 a year, and a lifetime membership for \$50. Experience has shown that most members join at the lifetime level. As a matter of fact, some of our long-time annual members have commented that they should have joined as lifetime members - they've paid annual dues totaling more than \$50 over the years!

Given the significant amount of record-keeping required to keep track of annual payments that come in throughout the year, and since most people already join as lifetime members, the Board of Directors recommends that there be just one level of membership - a lifetime membership, and that it remain at \$50.

If this change is approved by our members at the annual meeting, all current annual members automatically would be converted to lifetime members and membership materials would be revised to offer only lifetime memberships to future members.

Please plan to attend the annual meeting on Wednesday, May 2 at 10 am and share your thoughts on this proposed change. It will be held in the meeting room at the Credit Union's Fairfax Branch. We hope to see you there!

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## **FCREA Officers**

Chairman:

Pam Martin

703-323-4929



Past Chairman:  
Joe Blackwell

Vice Chairman:  
Joyce Gerhart

Secretary & Hot Flashes Editor:  
Chuck Higdon  
[FCREA99@gmail.com](mailto:FCREA99@gmail.com)

Treasurer & Membership  
(send dues payments and/or address changes to):  
Bobbie Deegan  
4316 Knott Street  
Beltsville, MD 20705  
301-937-7070  
[BobbieDeegan@aol.com](mailto:BobbieDeegan@aol.com)

Retirement Board:  
John Yeatman

Travel Coordinator:  
Betty Powell

Sunshine:  
Dolores Testerman  
703-273-1295

**Fairfax County Retirement**

12015 Lee Jackson Hwy , Suite 350, Fairfax, VA 22030  
1-800-333-1633 or 703-279-8200

**[FCREA Website](#)**

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## And Finally ...

On Second Thought.. . Maybe I was wrong?



"The horse is here to stay but the automobile is only a novelty - a fad." The President of Michigan Savings Bank declining to invest in the Ford Motor Co., 1903



"I think there is a world market for maybe Five computers" -  
- Thomas Watson, Chairman of IBM, in 1943



"We don't like their sound, and guitar music is on the way out."  
Decca Records on declining to sign the Beatles, 1962.



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