

HOT FLASHES

Fairfax County Retired Employees Association

November 2017



Chairman's Message

It was great to see so many of you at our annual picnic on September 27th at Nottoway Park in Vienna. We had beautiful weather and delicious food! Many thanks to Joyce Gerhart for grilling the hot dogs. Thanks also go to Martha Collier for contributing an article about this year's "al fresco lunch" elsewhere in this issue.

We had a great turnout for the Health Fair on October 17th. Holding it in the main branch of the credit union was a big hit, because there was ample parking, a large room, and no stairs! I had received quite a few complaints last year about holding the retiree benefits briefings and the Health Fair in the Government Center.

People didn't like having the briefings in the Board Room because the room was too dark, they had trouble hearing the speakers, and there were too many steps. The Health Fair was too congested. And for both meetings, folks had to park too far away!

When Human Resources started planning for this year's open enrollment period, I asked Susan Kirkman (the Sr. Human Resources Consultant over the benefits section) if the retiree meetings could be held at a location that would be easier for the retirees to navigate. Susan agreed to move them to a more convenient site. The retiree benefits briefing was moved to the Retirement Administration Agency's new office, and the Health Fair was held in Fairfax County Federal Credit Union's training room. Some people had trouble finding the new Retirement Office but, based on turnout at the Health Fair, the credit union location worked out nicely. I hope to be able to use this room for FCREA's annual meeting next year, as well.

On behalf of the entire membership, I want to thank Susan Kirkman for being flexible about where we held the retiree briefing and Health Fair, Joe Thomas for letting us use the Credit Union's training room, and the Retirement Office for making their meeting room available to us. We greatly appreciate their support of County retirees!

Our next function will be the Holiday Party at The Waterford at Fair Oaks, 12025 Lee Jackson Highway, Fairfax, VA, on December 20th at 11:30. The price for you is still just \$25; to keep it affordable, the Board again has agreed to make up the difference in the "price per head" out of our treasury. You will dine on a delicious buffet featuring oven-roasted turkey with bread stuffing and sliced roast beef. As those who have come in previous years can attest, this is a beautiful setting and the food is delicious. Plus, there are no stairs to maneuver and Waterford staff will help those who need assistance negotiating the buffet line. To get the cost of each meal down, we had to guarantee a minimum of 70 persons. That means that if only 55 people buy tickets, for example, we will have to take money for 15 more meals out of the treasury to bring us up to the minimum. Help us meet the minimum by inviting your family and friends to join us at what is sure to be a fun event. They may win a door prize!

As usual for our holiday luncheons, we ask you to pay in advance. We've already had to make two sizable deposits to hold the date, and The Waterford requires the balance on the day of the event based on the final number of attendees we give them. So please send payment with your reservation to help us cover the cost "up front." Send your check to Joyce Gerhart, 3358 Taleen Court, Annandale, VA 22003. The due date for reservations is December 13th, which is when we must give The Waterford a final head count. If you have questions, please give Joyce a

call at 703-560-4785 or send her an email at ggerhart2@verizon.net.

During the holiday months, it is an FCREA tradition to give back to the community. This year, we are collecting men's and women's socks and gloves for the clothes closet at FISH. If you would like to observe the spirit of the holiday season by donating new socks and gloves to help men and women in need, please bring them to our Keep in Touch luncheon on November 15th and/or to the Holiday Party on December 20th. If you prefer to make a monetary donation, you may give it to our treasurer, Bobbie Deegan, and she will make sure it gets to FISH.


Looking forward to 2018 (already!), annual dues will be due in January. If you are an annual member, please send Treasurer Bobbie Deegan a check for \$5 payable to FCREA, to renew your membership for the coming year. Bobbie's address is 4316 Knott St, Beltsville, MD 20705.

Nearly all of our members now receive Hot Flashes by email. Thank you! We still have a few members who do not have internet access, though. In recent years, we have asked members getting Hot Flashes by mail to pay \$5.00 a year to cover the cost of postage. Substantially fewer persons are receiving Hot Flashes by mail now, however, so the Board has decided to discontinue charging the \$5 annual fee for those who remain on the mailing list. As always, we will continue to email Hot Flashes to everyone else.

That's all I have for now. Don't forget to send Joyce your check for the Holiday Party, and see you on November 15th!

Sincerely,

Pam Martin, Chairman
Fairfax County Retired Employees Association





Virginia State-wide Elections on November 7th

Virginia will hold election for state-wide offices on November 7th, to include the Governor, Lt Governor, Attorney General, some state senators and all members of the House of Delegates.

You are reminded to Vote!

For more information including voter locations, click on: [Fairfax County Board of Elections](#)

Editor's Note

The FCREA has been using this format for the Hot Flashes Newsletter for a little over two years. We are always looking for members' feedback, as well as their contributions, such as articles, photos, adventures, vacations, etc. (see Retirees Share a Moment, below). To say the least, we have received very few comments from our members on how we are doing, ideas to improve the newsletter, and ways to make it more interesting and educational.

It would be greatly appreciated if you could help us by providing feedback, providing articles on any travels, and occasionally sharing something about yourself (or a photo?) that might be of interest to other retirees.

Thank you
Chuck Higdon, FCREA Editor



FCREA Membership

Your FCREA has lost track of some lifetime members; that is, their email and/or mailing addresses are no longer valid. If you are in contact with these members, please ask them to provide us with their current information by emailing it to [FCREA](#) or [Bobbie Deegan](#).

Carol Crouse, retired from Recreation in 1994

John C. Harris, retired from Fire & Rescue in 1998

Veronica O'Donnell, retired from Library in 1998

Vivian E. Smith, retired from the Sheriff's Office in 1996

Jan Weng, retired from CSB/ADS in 2012

Anything you can do to help will be appreciated.



New Members

-Alice (Lolly) Belefski – Retired from the Library in June 2017

-Sandra Chisholm - Retired from Dept. of Neighborhood & Community Services in October 2017

-Shu Fei Chuang - Retired from Victim Services Section in July 2017

-Annette Dodson - Retired from Police Department in August 2017

-Andrew M. Kolaitis – Retired from Transportation in August 2017

-Cathleen M. Lynch – Retired from Community Services Board/Mental Health in December 2013

-Albert G. Nixon - Retired from Community Services Board in March 2017

As you know, we use Hot Flashes to provide retirees with County benefits information, news about other retirees and other information we believe may be of interest. Prospective members should contact [Bobbie Deegan](#). A lifetime membership is minimal, \$50. Annual membership is \$5 a calendar year. For a membership application [click here](#).

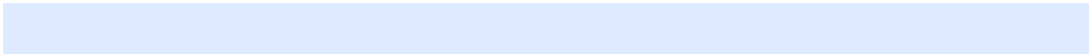


Condolences

James Elmer Terrell passed away on Thursday October 5th, 2017. James is survived by his wife Barbara, who retired from Circuit Court in 2005. An obituary for James can be found at [Terrell](#).



Edward Wesley Sterling passed away on October 18, 2017. Edward retired as the Director of Fairfax County Social Services. An obituary can be found at [Sterling](#)



2017 FCREA Picnic



Wednesday, September 27th, was beautiful, sun-filled fall day in Northern Virginia and a great day for good food, fun and fellowship! Twenty-four friends and former co-workers gathered at Nottoway Park for the FCREA annual picnic.

As always, old memories were refreshed as " stories " were retold and new memories made.

We missed all of you who could not attend, but look forward to seeing you when we meet again next fall. Watch your " Hot Flashes " for the date and mark your calendars so you don't forget to be there.



RETIREE



Share a Moment

Retirees Share A Moment

In this section, we ask you to share a story, anecdote, recipe, anniversary, travel tip, photo, health issue, etc., that you think may be of interest to other retirees. If you send photos please identify each person in the photo, as well as from what agency and when they retired. Please send them to [FCREA](#) and as space is available and relevant, they will be published.



Jim Gorby (retired from DVS in 2011), Sue Gorby, Marilyn Tanner (retired from DPSM in 2009), and Chuck Higdon (retired from DVS in 2010).

Graceland

As part of a Mississippi river boat cruise, we flew into Memphis a few days early to visit the city and tour Graceland. None of us was an Elvis fan, but everyone we spoke with beforehand who had visited Memphis insisted we visit Graceland. They were right, it is not to be missed.

The tour included a self-guided walk through Graceland, a stroll around the grounds (which included his racquetball court and horse stables) and ended with a visit to Elvis' grave. Our tour continued to a museum exhibiting his two airplanes, many cars, motorcycles, boats, go-carts, and on and on. The museum also had a section displaying the elaborate costumes and clothes Elvis wore during his performances and tributes by many other performers which ran the gamut from Country Western singers to John Lennon. There also was a theater where you could sit, relax and enjoy one of Elvis' 29 movies.

If you ever visit Memphis, do not miss Graceland!



FAIRFAX COUNTY®
FEDERAL
CREDIT UNION
FairfaxCU.org

What's Going On at Fairfax County Federal Credit Union?

NEW Online Banking Platform and Mobile App ARE HERE!

GET THE DETAILS!



Have you checked out our new digital platforms? You're missing out if you haven't!

New features include:

- Unified Design with seamless integration
- 360 degree view
- An easier way to transfer money to friends
- Enhanced security and more!

If you're not enrolled in Online Banking, visit FairfaxCU.org to sign up today or download our mobile app from the Apple Store & Google Play today.



Looking for the perfect holiday gift? This year's White House Christmas Ornament will be available at all branches through the holiday season. The 2017 ornament honors the administration of Franklin D. Roosevelt and features a

replica of the eagle emblem on the speaker's stand at Roosevelt's first inauguration.

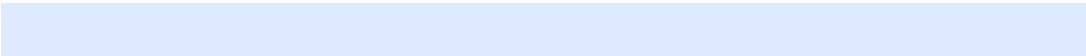
Help Make FCFCU Stronger by Volunteering

Fairfax County FCU encourages members interested in Credit Union operations and in assisting fellow members to consider our volunteer opportunities. We are a member-owned financial institution (like all credit unions) and we welcome member participation in our all-volunteer leadership positions.

Members in good standing may consider running for the Board of Directors or volunteering on our Supervisory Committee or Asset Liability Management Committee. The Supervisory Committee ensures that internal controls are effectively maintained and members' interests are protected, and the Asset Liability Management Committee works with management to set investment, interest and loan strategies, and interest rates.

For more information or to apply for one of these positions, please call (703) 218-9900, ext. 1219, and leave a message with your name and contact information. Thank you for contributing to your Credit Union!

Visit our website, stop by a branch or call us for details! Fairfax County Federal Credit Union – FairfaxCU.org - 703.218.9900 opt.3. Federally Insured by NCUA. Equal Housing Lender.



FCREA Events.....

Help those in need during the winter months! Please bring new ladies' or men's socks and/or gloves to the KIT Luncheon on November 15th or our holiday luncheon on December 20th. This year we will be donating to the clothes closet for FISH (Fairfax Immediate, Sympathetic Help).



Keep In Touch Luncheon

The *Keep In Touch Luncheon* meets at 11:30 on the third Wednesday of every month (except May). No reservations are required.

The *Keep in Touch Luncheons* currently meets at the Pam Am Restaurant, located in the [Pam Am Shopping Center](#) at 3051 Nutley St, Fairfax VA 22031. The restaurant provides a room for FCREA attendees. We order from a menu and each person is responsible for his/her own meal, drink and a tip.

Note: In January 2018 the KIT Luncheon will move to Glory Days Grill, also in the Pam Am Shopping Center. The address is:

Glory Days Grill, 3059 Nutley St, Fairfax, VA.

[Map](#) (703) 204-0900



2017 FCREA Holiday Luncheon

The annual FCREA holiday luncheon is scheduled for Wednesday, December 20th, from 11:30 am to 1 pm, at:

[Waterford near Fair Oaks Mall.](#)

12025 Lee Jackson Memorial Highway

Fairfax, VA 22033

Phone: (703) 352-3200

Retirees are encouraged to bring guests!

Reservations are required. The reservation deadline is December 13th.

Cost: \$25 per person

Make checks payable to: FCREA. Mail check and full names of attendees to:

Joyce Gerhart

3358 Taleen Ct

Annandale, Va. 22003

For more information, phone Joyce at 703 560 4785 or email her at ggerhart2@verizon.net.



FCREA Board Meetings

The FCREA Board of Directors meets at 9:30am in the Fairfax County Credit Union ([Fairfax Branch](#)) on the third Wednesday, starting in January and then every other month except May. All FCREA members are invited to attend.

FCREA Officers

Chairman:

Pam Martin

703-323-4929

Past Chairman:

Joe Blackwell

Vice Chairman:

Joyce Gerhart

Secretary & Hot Flashes Editor:

Chuck Higdon
FCREA99@gmail.com

Treasurer & Membership
(send dues payments and/or address changes to):
Bobbie Deegan
4316 Knott Street
Beltsville, MD 20705
301-937-7070
BobbieDeegan@aol.com

Retirement Board:
John Yeatman

Travel Coordinator:
Betty Powell

Sunshine:
Dolores Testerman
703-273-1295

Fairfax County Retirement -NOTE NEW ADDRESS
12015 Lee Jackson Hwy , Suite 350, Fairfax, VA 22030
1-800-333-1633 or 703-279-8200

[FCREA Website](#)

And Finally ...



IT'S FUNNY... WHEN I WAS A KID, I THOUGHT GROWN-UPS NEVER WORRIED ABOUT ANYTHING. I TRUSTED MY PARENTS TO TAKE CARE OF EVERYTHING, AND IT NEVER OCCURRED TO ME THAT THEY MIGHT NOT KNOW HOW.



FAIRFAX COUNTY®
**FEDERAL
CREDIT UNION**
FairfaxCU.org

©2017 Fairfax County Retired Employees Association | Fairfax, Virginia

[Web Version](#)

[Forward](#)

[Unsubscribe](#)

Powered by **Mad Mimi**®
A GoDaddy® company