

---

### ***Chairman's Message***

We had a great Holiday Party on December 21 at a new venue, the International Country Club in Fairfax. The facility is lovely, the location is convenient, and the food was delicious. So I've already reserved it for our 2023 Holiday Party! View some photos below.

Many thanks to NextMark Credit Union for providing some fun door prizes! The lucky winner of one of FCREA's door prizes inadvertently left it in the ladies' room. A fellow retiree turned it over to me. If it's yours, please call me at 703 395 3029.

FACETS was very grateful for our donations of non-perishable food items. The high inflation rate makes it hard for many County residents to feed their families. Your generosity is greatly appreciated.

Barring unforeseen circumstances (and we've had our fill of those over the last few years), FCREA's 2023 events will include:

- Our annual membership meeting on Wednesday, May 3;
- Our annual picnic in September; and
- Our annual holiday luncheon is on December 20.

You should receive your 1099-R tax form from the Retirement Office by January 31. **If you moved during 2022, contact the Retirement Office at 703-279-8200 and make sure they have your correct address!**

Sincerely,

Pam Martin, Chairman  
Fairfax County Retired Employees Association

---

### ***Department of Human Resources***

## Retiree Benefits Buzz

### 2023 County-sponsored Health Plan Cards:

If you enrolled in a ***new medical plan*** during Fairfax County Government's Retiree Open Enrollment, you would receive a new medical card by mail to the address on file with the Benefits Division in the Department of Human Resources.

Retirees and dependents who maintained coverage in the following medical plans will receive new cards:

- o Cigna True Choice Core Medicare Advantage PPO Plan
- o UnitedHealthcare Group Medicare Advantage PPO Plan

New cards will not be issued to participants who maintained coverage (did not make changes) in the Cigna-managed 90% and 80% Co-insurance plans, the Cigna MyChoice CDHP Plan, or the Kaiser Permanente plans. Participants in these plans can continue to use their current card.

Delta Dental and EyeMed vision will not reissue cards. Should you need a replacement card, you will be able to print the card through your online accounts:

- o Delta Dental plan: [www.deltadentalva.com](http://www.deltadentalva.com)
- o EyeMed Vision: [www.eyemed.com](http://www.eyemed.com)

### New Formularies for Cigna Part D Prescription Plans

Annually, Cigna updates the Part D formularies based on Medicare requirements. Changes are provided in the complete formulary that is mailed with renewal kits. In addition, members may receive a letter from Cigna Rx Medicare Part D Prescription plan. For questions regarding formulary changes with Cigna Rx Medicare Part D Prescription, please contact their customer service line at 1-800-558-9562.

### Have additional benefit questions?

Remember the resources available to you all year round on our Retiree Benefits website. The best way to keep up with benefit news and resources is to visit our new Retiree Benefits website on the county's public site:

[www.fairfaxcounty.gov/hr/department-human-resources-retiree-benefits](http://www.fairfaxcounty.gov/hr/department-human-resources-retiree-benefits)

## **Benefits: In The Know**

We asked the team from the Benefits Division in the Department of Human Resources what was the number one piece of guidance they wished they could pass on to retirees. The most popular response was reminding retirees that their address of record needs to be updated with more than one office at Fairfax County Government. You could miss important communications and updates regarding your benefits without a proper address.

The Benefits Division in the Department of Human Resources – our office administers retiree health and life insurance benefits. To update your address with the Benefits Division and our vendor partners, contact HR Central at (703) 324-3311 or [HRCentral@fairfaxcounty.gov](mailto:HRCentral@fairfaxcounty.gov) to obtain the required form.

## **Retiree Benefits Academy for 2023**

The Benefits Division and our vendor partners will continue to offer the Retiree Benefits Academy in 2023. This ongoing series of events and educational opportunities are specifically designed with the specific needs of those who are retired from or approaching retirement from Fairfax County Government.

In 2023 the Retiree Benefits Academy will continue to provide education on retiree benefit options, special financial sessions, and well-being workshops with LiveWell. New offerings will include topics such as dental well-being, Medicare, Thriving with Arthritis, Trivia, and a retiree book club!

Find out more about the Retiree Academy on the Resources and Video Library section of the Retiree Benefits Page on the public website:  
<https://www.fairfaxcounty.gov/hr/resource-and-video-library>.

---

## ***Social Security COLA***

### **Cost-of-Living Adjustment (COLA) Information for 2023**

Social Security and Supplemental Security Income (SSI) benefits for approximately 70 million Americans will increase by 8.7 percent in 2023.

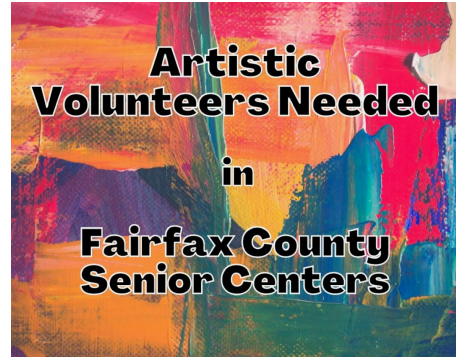
The 8.7 percent cost-of-living adjustment (COLA) will begin with benefits payable to more than 65 million Social Security beneficiaries in January 2023. Increased payments to more than 7 million SSI beneficiaries will begin on December 30, 2022. (Note: some people receive both Social Security and SSI benefits)

For more information, go to [SS Cola](#)

---

## ***Volunteer***

Are you artistic or crafty? Fairfax County Senior Centers are looking for volunteers who paint, draw, make jewelry, ceramics, crafts, sew, knit, crochet, hand stamp, and more to teach their participants on weekdays. Several centers are open and flexible regarding the medium. Go to [bit.ly/FXVSVOL](http://bit.ly/FXVSVOL) to learn more and check out the list of opportunities.



Email [VolunteerSolutions@FairfaxCounty.gov](mailto:VolunteerSolutions@FairfaxCounty.gov) or call 703-324-5406 with questions.

---

## ***Retirement Systems***

Happy new year to all of our retirees. We hope your holidays were enjoyable and that you're all staying healthy.

You may be wondering about the health of your retirement system and the benefit you receive each month. No need to worry! Remember that your benefit is for your lifetime, and the investment portfolio is managed to ensure your benefit continues. Every year, after the close of the fiscal year on June 30th, our Accounting team prepares and publishes an annual financial report called the Annual Comprehensive Financial Report (ACFR for short). It is somewhat like the annual reports produced by private companies, which provide information detailing the health of a company.

Our ACFR includes a general overview of the system; financial reports detailing receipts, disbursements, assets, and liabilities and how the numbers have been calculated; investment narratives regarding general market conditions, investment portfolio performance, and where the system's assets are invested; actuarial valuations; and various statistical data. The ACFR for this year is accessible from our website, and here is the link: [Financial Publications | Retirement Systems \(fairfaxcounty.gov\)](#)

I am always available to answer any questions about "anything retirement." Please don't hesitate to contact me by phone (703-279-8255) or email ([Jeffrey.Weiler@fairfaxcounty.gov](mailto:Jeffrey.Weiler@fairfaxcounty.gov)).

Wishing you the best in 2023



## *New Beginnings.*

The New Year is a time to start anew. We set goals and make plans, and we envision our best selves. Many of us set health goals, while others focus on our finances, especially savings, after all our spending during the holidays. If you're on a savings path, consider opening a **NextMark Holiday Club** account where you can save a desired amount monthly while earning dividends. Then, on November 1st, we will transfer your savings into your checking account so you can access it for your holiday shopping.

Learn more or open your Holiday Club account [here](#).

### **Join us virtually at our 2023 Annual Meeting.**

NextMark's Annual Meeting will be held on March 28th at noon. We will discuss the financial position of the credit union, our 2022 accomplishments, and our goals for the coming year. If you are interested in joining us virtually, please email us at [marketing@nextmarkcu.org](mailto:marketing@nextmarkcu.org).

---

## Referrals help us thrive.

Word-of-mouth referrals are the biggest and most impactful compliments you can give us. Share the benefits of NextMark with your children and grandchildren and teach them the value of cooperative banking. The future of NextMark relies on educating our younger generations that banking with us is easy, accessible, and rewarding.

From college to retirement, we're your financial partner, and we are here to help you live a more awesome life. Learn more at <https://www.nextmarkcu.org/join-today/>

## Your feedback matters.

Member feedback is very important to us, and we use it as an opportunity to continue improving the way we serve you. Please take a moment to submit a Google Review. Visit <https://g.page/r/CTiAbkGZXOXPEAg/review>.

## Branch Hours & Closures

Our priority continues to be the health and safety of our members, our employees, and the community we serve. Therefore, we continue to update operating procedures based on CDC guidelines and recommendations to maintain a safe branch environment for our staff and visitors.

[Click here for Branch Locations and ATMs](#)

We hope to re-open the Herrity Branch in the near future.

Check out our latest newsletter [here](#)

**We wish you a prosperous New Year.**

---

## *Sad News*

Gene T. "Steve" Grady, Jr., passed away at home on August 26th of natural causes. Steve worked for Fairfax County at the Norman C. Cole Pollution Treatment plant until a knee injury forced him to retire in November 2009 after 24 years of service. [Obituary](#)



---

## *FCREA Events 2023*

May 3 - Annual Meeting  
May 17 - Senior Information Fair  
September - FCREA Picnic  
December 20 - FCREA Holiday Luncheon

---

## ***FCREA Membership***

### **New Members**

- Marie S. Cavanagh, Retired from Library on 2/11/2022
- Barbara Cohen, Retired from the Economic Development Authority on 2/16/2021
- Nancy Kornechuk, Retired from DPW – Wastewater Collection Division on 1/15/2015
- Cynthia L. Tianti, Retired from the County Attorney’s Office on 12/20/2022



---

[Membership Fact Sheet](#)  
[Membership Application](#)

---

## ***FCREA Holiday Luncheon***

The 2022 FCREA Luncheon was held on December 21 at the International Country Club. Sixty-six FCREA members and guests enjoyed an excellent lunch of ham, turkey, salad, vegetables, and pies. Faye Quesenberry, from FACETS, thanked our members and guests who donated two full tables of pantry-safe food.







For more photos, go to [Holiday Photos](#)

---

## ***FCREA Members Information.***

For a list of FCREA Board Members: [Board](#)

FCREA retirees are asked to forward any news concerning retirees or their family members who are ill or have passed away to Joyce Gerhart: 703-560-4785 or [ggerhart2@verizon.net](mailto:ggerhart2@verizon.net)

Please send address changes to Bobbie Deegan: 301-937-7070 or [BobbieDeegan@aol.com](mailto:BobbieDeegan@aol.com)

[FCREA Website](#)

---

[Fairfax County Retirement Systems](#)

[Fairfax County Retirement Web Member Services](#)

[Fairfax County Retirees Benefits](#)

[Fairfax County DHR Who to Call Contacts](#)

---

## **Finally... Shakespeare**



# THINGS WE SAY TODAY, WHICH WE OWE TO SHAKESPEARE:

"KNOCK, KNOCK! WHO'S THERE?"  
"IN A PICKLE" "SET YOUR TEETH ON EDGE" "HEART OF GOLD"  
"FAINT HEARTED" "SO-SO" "GOOD RIDDANCE"  
"LIE LOW" "FIGHT FIRE WITH FIRE" "BAITED BREATH" "SEND HIM PACKING"  
"COME WHAT MAY"  
"WEAR YOUR HEART ON YOUR SLEEVE" "THE GAME IS UP"  
"NOT SLEPT ONE WINK" "FULL CIRCLE" "OUT OF THE JAWS OF DEATH"  
"WHAT'S DONE IS DONE" "NAKED TRUTH" "TOO MUCH OF A GOOD THING"  
"LAUGHING STOCK" "BREADED HIS LAST" "BREAK THE ICE" "WILD GOOSE CHASE"  
"HEART OF HEARTS" "VANISH INTO THIN AIR" "SEEN BETTER DAYS" "MAKES YOUR HAIR STAND ON END"  
"DEAD AS A DOORNAIL" "FOR GOODNESS' SAKE" "LOVE IS BLIND"  
"GREEN EYED MONSTER" "FAIR / FOUL PLAY / PLAY" "OFF WITH HIS HEAD"  
"THE WORLD IS MY OYSTER" "BRAVE NEW WORLD" "A SORRY SIGHT"

**Next  
Mark**  
CREDIT UNION

[Web Version](#)

[Preferences](#)

[Forward](#)

[Unsubscribe](#)

Powered by **Mad Mimi**<sup>®</sup>  
A GoDaddy<sup>®</sup> company