

Soul Healing with Misty



Start your journey to a better you with Soul Healing by Misty

A Challenge to Change

"I've known I need to make changes most of my life, but I'm stubborn," laughs Elisa Hordon of Queensland, Australia. "I had been living a life in the shadows, hiding away because I had suffered childhood trauma I never fully dealt with.... Misty's guided Soul Sessions have been such an amazing learning curve for me. They've helped me find myself in this life."

Until recently, Elisa was a caregiver to her late mother. She also provides assistance to her adult daughter, who is on the autistic spectrum. In earlier years, Elisa's history of abuse and trauma led her down "a darker path," including an eating disorder and a history of attempted suicide. She also endured three miscarriages before finally becoming a mother.

Through all these challenges, Elisa kept seeking answers to improve her life. No stranger to alternative and holistic healing approaches, she first learned of Misty Evans as a USA Today bestselling author. Only later did she discover that Misty also offered a spiritually-oriented array of life coaching services called Soul Sessions.

A Crystal Clear Solution

Soul Sessions uses powerful visualization techniques, distance energy work, guided meditations, and journaling to help you connect with your spirit guides and gain insight into your life in the here and now.

Says Misty, "According to shamanic wisdom, everyone is born with their whole essence or power." But over time, she explains, this essence can be reduced, or become damaged or imbalanced due to traumas. Parts of the soul can actually be "lost" – so traumatized, their absence leaves one feeling out of touch, depressed, exhausted, and even suicidal. To achieve wholeness and maintain health, the true essence of a person needs to be brought back to the body, and this is done through soul retrieval.

Misty's full Soul Sessions program has three levels, but some clients choose to do only the first level, due to time constraints or other issues. Even this can bring huge, lasting changes to their energy level and understanding of why they're here.

Level One will help you connect with your guardian spirit and progress to finding your own individualized Soul Blueprint. Higher level encounters address past life traumas and will allow you to embrace your own divine light.

"I combine all the training I've had...to meet my client where they are on their journey to heal," says Misty.

"Working with Elisa and my other clients has been so rewarding. Seeing them healthy and happy, living a more meaningful and abundant life, is part of my Soul mission and purpose for being here."

A Life-Changing Breakthrough

Elisa Hordon saw numerous healers and therapists over the years.

"Everyone helped to a degree," she says, "But I didn't have any big breakthroughs until...working with Misty."

After their very first session together, Elisa noticed improvements in her mood. Now, after many months of work, Elisa says, "I am more active in my daily life, getting out more for walks, eating healthy, and talking to people.

"For Elisa, Misty's Soul Sessions have been a game changer. They've allowed her to lose that darkness and stop hiding in the shadows. Now she's more optimistic and pbeat, and has started her own business providing transcription services.

Misty's gentleness and caring "shines through when you work with her," says Elisa. "She has given me the tools to overcome anything."

Would you like more happiness, freedom, and clarity in your own life? Take this soul loss quiz to see if Misty can help you, then Click here to schedule a FREE thirty-minute consultation with Misty