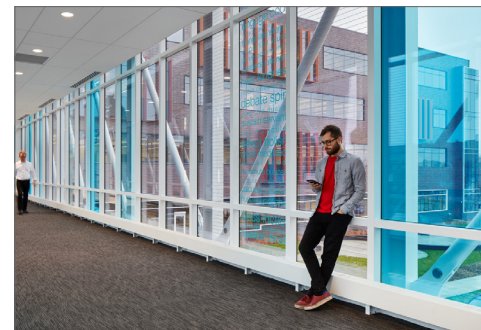
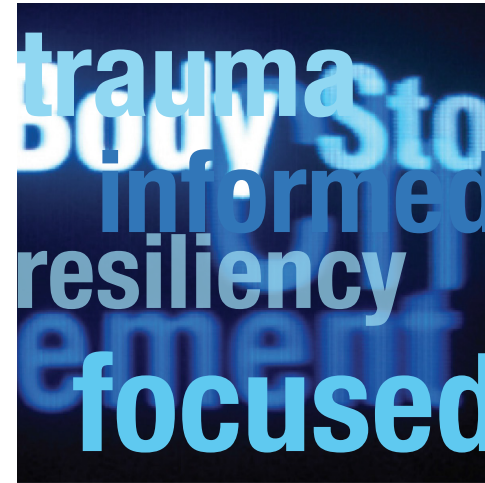


CURRENT DESIGN THINKING: RESILIENCY MATTERS

We have just emerged from a particularly traumatic time in our collective histories, a time when the majority of us have experienced either big T or little T trauma, and compounding complex grief, stress and loss as a result of the global pandemic and the stark inequities it uncovered in our communities. To the degree that we have capacity, and are willing, we as designers have an opportunity to create places, artifacts and experiences that offer healing rather than harm. It is this focus on design for resiliency, not only the trauma, that holds promise for us all.

At the heart of trauma informed design is the ability to recognize it is present, with caring awareness. We may need to develop strategies for uncovering the needs of our audiences and users of the spaces, objects and experiences we design. While there are many principles emerging in the relatively new practice, an extremely important one is the principle of causing no further harm. Another, is inspiring through beauty. Ideally, we can strive to create resiliency centered environments and places of safety and joy.



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