

Leadership Development 360 Academy LDaaS Development Tracks

Leadership Overview	• Leadership 360: The View at Altitude	
<p>Leadership Essentials for Supervisors LeadPro360 Core Series</p>	<ul style="list-style-type: none"> • Leadership Essentials for Supervisors • Essentials of Self-leadership • Effective Communication • Building Teams and Teamwork • Delivering Effective Feedback • Building Trust and Resilience • Developing Emotional Intelligence 	<ul style="list-style-type: none"> • Time Management • Interpersonal Skills Essentials • 10 Essential Soft Skills
<p>Leadership Essentials for Middle Managers Elevate360</p>	<ul style="list-style-type: none"> • Leadership Essentials for Middle Managers • Adaptive Leadership • 3 Ds of Great Leadership • Creating High Performance Teams • Being a Servant Leader • Resolving Conflict • Managing Up • Dealing With Difficult People 	<ul style="list-style-type: none"> • Improving Self-Awareness • Build Your Business Acumen
<p>Leadership Essentials for Senior Managers Evolution360</p>	<ul style="list-style-type: none"> • How to Be a Likeable Boss • Developing New Leaders • Coaching & Mentoring for Success • Building Your Internal Network • Assertiveness and Self-Confidence • Creating Engaged Employees • Motivating Employees • Appreciative Inquiry 	<ul style="list-style-type: none"> • Getting Employees to Take Ownership of Their Work • Run Your Meetings with PAIN • Establishing a Work-Life Balance
<p>Leadership Essentials for Executives VantagePoint360</p>	<ul style="list-style-type: none"> • Leadership & Influence • Business Succession Planning • Developing Corporate Culture • Business Ethics • Negotiating Successfully • Leading Through a Crisis • Leading Through Change • Leading Your Leaders 	<ul style="list-style-type: none"> • Why Employees Resist Change • Customer Relationship Management

Capstone 360™ Coaching Program Descriptions

Foundation-Tier Capstone Leadership Development Coaching Program

- Personal Inventory Assessment
- Personal SWOT
- Improving Self-Awareness
- Appreciative Inquiry
- Work-Life Balance
- Running Effective Meetings with PAIN
- Power of Networking Inside the Company
- Personal Inventory
- Open Mic Calls
- **Other short seminars I have on file**

- **One call is an Open Mic Call**
- (1x60 min call/mo – access to past calls) 6 months = 6 hours
- **BONUS:** A FREE Coaching Call (75 mins – Clarify vision/goals, define obstacles, develop plan & path forward – – upsell Capstone 360™ Coaching - 1:1 or Group)

Cornerstone -Tier Capstone Leadership Development Coaching Program

- Improving Mindfulness
- Critical Thinking
- Dealing with Difficult People
- Presentation Skills
- Facilitation Skills
- Managing Office Politics
- Power of Networking Outside the Company
- Risk Assessment and Management
- Open Mic Calls
- **Other short seminars I have on file**

- (1x60 min call/mo – access to past calls) 12 months = 12 hours
- **BONUS:** A FREE Coaching Call (75 mins – Clarify vision/goals, define obstacles, develop plan & path forward – – upsell Capstone 360™ Coaching - 1:1 or Group)

Cornerstone & Arch Stone-Tiers Capstone Leadership Development Coaching Program

- Improving Mindfulness
- Critical Thinking
- Dealing with Difficult People
- Presentation Skills
- Facilitation Skills
- Managing Office Politics
- Power of Networking Outside the Company
- Risk Assessment and Management
- Open Mic Calls
- **Other short seminars I have on file**

- (1x90 min call/mo – access to past calls) 12 months = 18 hours
- **BONUS:** A FREE Coaching Call (75 mins – Clarify vision/goals, define obstacles, develop plan & path forward – – upsell Capstone 360™ Coaching - 1:1 or Group)

Capstone 360™ Capstone Leadership Development Coaching Program

This is a blend of Cobalt Group led coaching and participant led project/presentations

- **Tier 1:** 6 mo/2x per mo/90 min call / **Bonus:** 1v1 call at 5 mos FREE
- **2.5-day seminar in Whidbey Island optional and is a separate cost**
- **Tier 2:** 12 mo/2x per mo/90 min call / **Bonus:** 1v1 call every 3 mos FREE
- **2.5-day seminar in Whidbey Island optional and is a separate cost**