





MEAL PROGRAM

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
ALL DAY  BREAKFAST	L-Bar Nut-based Herbal Tea Algal Oil (2 packets)	L-Drink* L-Bar Nut-based Herbal Tea	L-Drink* L-Bar Nut-based Herbal Tea	L-Drink* L-Bar Nut-based Herbal Tea	L-Drink* L-Bar Nut-based Herbal Tea Algal Oil (1 packet)
 LUNCH	ProLon Soup NR-1 (2 pack.) Crackers Olives	ProLon Soup NR-1 (1 pack.) Olives	ProLon Soup NR-1 (1 pack.) Crackers	ProLon Soup NR-1 (1 pack.) Olives	ProLon Soup NR-1 (1 pack.) Crackers
 AFTERNOON	Herbal Tea L-Bar Nut-based	Herbal Tea Olives	Herbal Tea	Herbal Tea Olives	Herbal Tea
	ProLon Soup L-Bar Choco Crisp	ProLon Soup L-Bar Choco Crisp	ProLon Soup	ProLon Soup L-Bar Choco Crisp	ProLon Soup