JUNE NEWS

Dance Works First NHSDA Induction | Summer Dance | Adult Classes Spring Workshop | The Pointe Is... | Move To Empower Fundraiser | Graduation

Summer Dance

Come <u>DANCE & CRAFT</u> with us outdoors this summer! Your child will experience a variety of dance genres including Jazz, Hip Hop, Ballet, Modern, Improvisation & Composition. We will also have some craft time together each day. Each session meets Tuesdays, Wednesdays and Thursdays. See details at danceworks.us/ camp.

Program held at the Oakland Beach Pavilion located at 95 Dearborn Ave Rye, NY

HARRISON JULY CLASSES TUESDAYS

4-5pm Grades 6-12 Broadway Dance 5-6pm Grades 6-12 Modern/Contemp THURSDAYS 4-5pm Grades 3-5 Classical Ballet II 5-6pm Grades 6-12 Classical Ballet III 6-6:30 Pointe

SPACE IS LIMITED AND ON FIRST-COME-FIRST-SERVE BASIS

Program held at 210 Halstead Avenue Downtown Harrison

Bring Plenty of Water, a Healthy Snack and optional Yoga Mat.



Isabel Netrosio & Jackie McLoughlin, Dance Works students among the first Dance Works Chapter NHSDA Inductees

Dance Works Honors our First National Honors Society of Dance Arts Inductees.

Dance Works held its first annual NHSDA Induction ceremony on Saturday, June 12th. We are delighted and proud to honor and congratulate at the Junior Level (Grades 8), graduating with honors, Jackie McLoughlin & Isabel Netrosio. At the secondary level we congratulate Lauren Homem, a Junior in high school for her induction and Olivia Johansson, graduating with honors as a high school senior.

The National Honors Society of Dance Arts (NHSDA), recognizes outstanding artistic merit, leadership, and academic

Dance Works

Adult Beginner Classes Are Back

Classes for adults include Classical Ballet, Hip Hop, Jazz, Modern/Contemporary, Zumba and more! Upcoming classes include:

- Classical Ballet on Tuesday 6/15 & 29th and Thursday, 6/24 7pm
- **Hip Hop** Tue, 6/8
- **Jazz** Tuesday, 6/29 6pm
- **Zumba,** Tuesday, 7/13 6:15pm
- Modern/ Contemporary, Tue, 7/6 6:15-7:15pm.



Dance Works supports Move To Empower with Zumba Class Fundraiser Tuesday, July 13th 6:15pm!

Register to Join us! Move To Empower brings health literacy and economic opportunities to underserved communities through fitness programs and training. Adults & Students 14+



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achievement in students studying dance. The Junior Program is for grades 6-8, The Secondary Program is for students in grades 9-12. Student Induction is a lifetime recognition and NHSDA designations remain with the student's record.

To promote a desire for life-long learning in the field of dance.
To encourage an understanding of, and an appreciation for, dance as an art form and develop knowledgeable audiences for tomorrow.

•To identify honor students for nomination to the NDEO Artistic Merit, Leadership and Academic Achievement Award, one of the highest honors.

The NHSDA is a program of the National Dance Education Organization.

Join us in congratulating, high school senior Olivia Johansson.

This month we celebrate Olivia Johansson, a Dance Works Dancer, Teacher's Assistant, Choreographer, and member of our performing group. She is graduating from high school later this month with NHSDA Honors. Olivia is off to Pace University where she plans to major in Psychology and continue to dance.





The Pointe Is.....Hard Work Pays off!

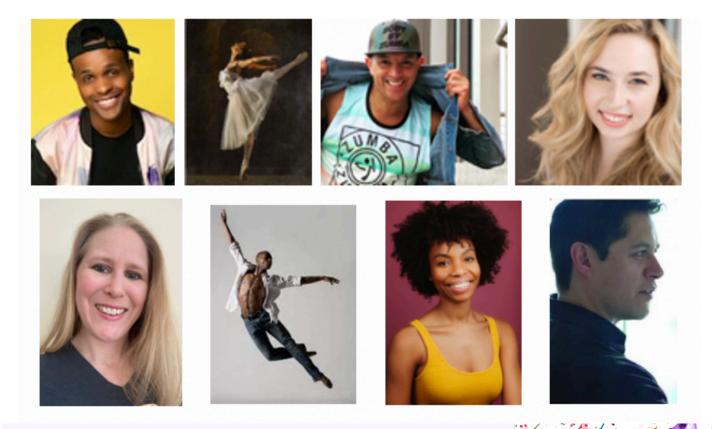
Four of our dancers were promoted to Pointe this season! Starting pointe work is an exciting milestone for ballerinas. However, the transition to dancing on your toes requires a vast amount of strength in the legs and feet in addition to proper body alignment. The age at which to begin pointe is a highly controversial matter. At Dance Works we believe the healthiest approach is a safe one and waiting until dancers are 12 and feet are more fully formed with strong turnout established is advised. Pre-pointe can be introduced earlier to start training and working the feet, ankles, legs and alignment. Without proper technique, attempting to dance en pointe can cause serious injuries. Dancers should have a minimum of 3 years of ballet and

take a minimum of 3 technique classes each week.

Spring Dance Workshops



We thank our many special Guest Instructors April- June including: (Left to Right): Paul Herman, Hip Hop Phenomenon, Etrita Abdullahu, Prima Ballerina, Zumba Master, John Layseca, Allison Podolsky, a remarkable Musical Theater & Contemporary show stopper, Jen Lancaster Matus, a favorite Contemporary, Jazz and Tap Instructor, Frederick Davis, award-winning Principal dancer, Michele Lee, Ballet Pedagogy Specialist and David Fernandez, award-winning choreographer!



Announcements

Registration is now open for the Dance Works Summer Dance & Craft Mini Camp, Workshops and for our 2021-2022 Season that begins in September! Register early to secure your dancer's spot. Space is limited.



2021-2022 Calendar

9/13 Classes Begin, 9/26 Nutcracker Excerpts Auditions, 12/5 Nutcracker Excerpts/Winter Showcase, 1/23 Student Choreography Showcase, 2/22-2/24 Dance & Craft Mini Camp, 3/19 Annual Recital, 3/20 18th Annual Dance Works Fundraiser Showcase, 3/30-4/1 Spring Break Mini camp, 4/18 Spring workshops begin, June-August Summer Dance.