

MARCH NEWS

Student Choreography Showcase | 19th Annual Dance Works Fundraiser Showcase

Leggybones Physical Theater captivates audience at the 19th Annual Dance Works 2023 Fundraiser Showcase.

Founders and performers Casey Howes and Jake Warren, former members of PILOBOLUS, captivated the audience with a powerful, whimsical piece entitled "Nocturne". The two are charismatic, talented, athletic, entertaining and so fun on and off stage!



Dance Works dancers perform "Chandelier", Choreographed by Christina Morrison, performed at the 19th Annual Dance Works Fundraiser Showcase.

Foundation for Women's Cancer & Joe Torre Safe At Home Foundation: two worthy causes to benefit from the Dance Works 2023 Fundraiser Showcase

The Dance Works 2023 Fundraiser Showcase, in its 19th year, was held at the Massey Theater, Wallace Performing Arts Center at Greenwich Academy on March 18th-19th and raised a combined \$3,600, for a total of \$97,600 since our philanthropy began. Professionals, pre-professionals and local studio performing companies, 12 in all, presented their works in Classical Ballet, Modern, Contemporary, Hip Hop, Jazz, Musical Theater, Irish Step Dance, Classic Isadora Duncan and more.





Why is Dance Education Important?

Dance Education contributes to the health, development and well-being of all stages of youth development including student's physical, emotional, and social well-being. It provides a method of physical awareness and fitness, an outlet for creativity, personal expression and a means to develop social-emotional skills such as self-management, relationship skills and responsible decision making. Learning, thought creativity and intellect are not functions of the brain alone, but collectively using data from the entire body, increasing cognitive development. Dance students develop life changing skills including confidence, persistence, accountability while providing an outlet for emotional release. Dance gets the endorphins going, strengthens muscles, increased flexibility, improves balance and is great for the heart. Studies reveal that dance classes have a positive impact on student academic achievement. There are proven neurological benefits involving sensory input to hold student's attention for longer periods of time. Students studying dance develop 21st century skills and have been shown to positively affect students' attitudes, perceptions and values and embody a heightened state that creates the magic of movement that is dance!



Intermission back stage at the Dance Works Fundraiser showcase!

On January 22nd, we hosted the 3rd annual Dance Works Student Choreography Showcase.

On January 22nd we hosted a youth choreography showcase to benefit the Valerie Fund, for children with cancer and blood disorders. Students from Lafayette College, PACE University and Dance Works participated, with pieces in Jazz, Hip Hop, Classical Ballet and Modern Dance. The event was held at the Whippoorwill Theater in Armonk, NY. Our youngest choreographer was 9 years old and our oldest was 19.

She's been promoted en Pointe. Congratulations Eva G!

At Dance Works we give careful consideration when promoting dancers en pointe. Dancers must demonstrate consistently they have the strength, technique and are committed to hard work while taking multiple technique classes each week throughout the season. Eva is now 12 and started with Dance Works at age 6.

