

2025 Glen Oaks

Swim Practice Schedule

Day	Mornings		Evenings	
Monday	11 & Over	7:30 - 8:15	No Practices Due to Swim Meets	
	9 - 10s	8:15 - 9:00		
	7 - 8s	9:00 - 9:45		
	6 & Under	9:45 - 10:30		
	Junior Gators	9:45 - 10:30		
Tuesday	No Practice Due to Prior Evening Meet		Junior Gators	5:15 - 6:00
			6 & Under	5:15 - 6:00
			7 - 8s	6:00 - 7:00
			9 - 10s	7:00 - 8:00
			11 & Over	8:00 - 9:00
Wednesday	11 & Over	7:30 - 8:15	Junior Gators	5:15 - 6:00
	9 - 10s	8:15 - 9:00	6 & Under	5:15 - 6:00
	7 - 8s	9:00 - 9:45	7 - 8s	6:00 - 7:00
	6 & Under	9:45 - 10:30	9 - 10s	7:00 - 8:00
	Junior Gators	9:45 - 10:30	11 & Over	8:00 - 9:00
Thursday	11 & Over	7:30 - 8:15	Junior Gators	5:15 - 6:00
	9 - 10s	8:15 - 9:00	6 & Under	5:15 - 6:00
	7 - 8s	9:00 - 9:45	7 - 8s	6:00 - 7:00
	6 & Under	9:45 - 10:30	9 - 10s	7:00 - 8:00
	Junior Gators	9:45 - 10:30	11 & Over	8:00 - 9:00
Friday	11 & Over	7:30 - 8:15	No Evening Practices Enjoy the Weekend!	
	9 - 10s	8:15 - 9:00		
	7 - 8s	9:00 - 9:45		
	6 & Under	9:45 - 10:30		
	Junior Gators	9:45 - 10:30		