

Community First

Cotswolds & Oaks Bimonthly Newsletter

OCTOBER 2022

Business Showcase: Planning a Magical Vacation is Easier than You Think



Hello neighbors! My name is Candice Stoves and I have lived in the neighborhood for over 10 years now. For the last 9 years, I have been a full time travel agent with Magical Vacations Travel. Whether you are dreaming of a Disney Cruise, or a vacation to Walt Disney World, Disneyland Resort or Aulani in Hawaii, I work hand-in-hand with you to create a customized vacation that suits both your interest and your budget. For three years in a row, I was named one of the top 10 Disney Destinations Specialist in the Country and love being able to help people plan their perfect vacation.

Working with Magical Vacations Travel is my dream job! When I began this career, my focus was mainly on Disney destinations and Universal Orlando. Now, my business has grown to include all-inclusive trips, cruises, city tours, bucket list vacations, world-wide adventures as well as theme parks. Some of the vacations I have booked include:

- Walt Disney World (Orlando, FL) & Disneyland (Anaheim, CA)
- Universal Studios (Orlando, FL and Hollywood, CA)
- SeaWorld
- Disney & Royal Caribbean Cruise Lines
- Nat Geo Expeditions (guided group tours to destinations around the world)
- Sandals & Beaches all-inclusive resorts

Currently, I am working to introduce a new venture within my agency called MVT Magical Voyages. Magical Voyages are exciting cruises to bucket list destinations at a discounted price. The inaugural season of Magical Voyages will be 2023. We have some amazing itineraries and deals that will include cruises to Italy & the Greek Isles, Alaska, Hawaii, and the Caribbean.

If you have any travel plans on the horizon, please feel free to reach out to me. It would be my honor and privilege to assist in planning a magical and memorable vacation. Please follow me on social media:

Website: <http://Vacationcandice.com>

Instagram: @VacationCandice

Facebook: Magical Vacations Travel by Candice

Email: Candice@MagicalVacationsTravel.com



Save the Date! Neighborhood & Local Events Calendar

Thurs - Sat., Oct. 6th - 9th: Alabama Classic Pro Pickleball Tour
Opelika Sportsplex

Thurs., Oct. 6th: Sundilla Presents Tannahill Weavers
7:30 pm | Pebble Hill, 101 Debardeleben Street, Auburn

Thurs, Oct. 6th: Super Smash Bros Tournament
4 pm - 11:30 pm | NERDtorch Cafe, 225 S 8th St., Opelika
Suitable for all ages | Admission \$10

Fri., Oct. 7th: Axe Marks the Spot OPEN HOUSE
5 pm - 10 pm | 223 S. 8th Street, Opelika, AL

Fri., Oct. 14th: Friday Fright Night Movies at Kiesel Park
6:45 pm - The Adventures of Ichabod & Mr. Toad (rated G)
8 pm - Dead Silence (rated R)

Fri., Oct. 14th - 16th: Opelika Songwriters Festival
Historic Downtown Opelika | tickets @ <https://www.freshtix.com>

Sat., Oct. 15th: Cotswolds/Oaks Neighborhood Workday
9:00 am - until | Banbury pool OR Snowhill pool

Sat., Oct. 15th: Oktoberfest
3 pm - 7 pm | Ag Heritage Park, 580-B S. Donahue Dr., Auburn

Sat., Oct. 15th: Fall Boogie at Standard Deluxe
12 pm | Standard Deluxe, 1015 Mayberry Ave., Waverly, AL

Fri., Oct. 21st: On The Tracks Food & Wine Event
6 pm - 9 pm | South Railroad Ave., Opelika, AL

Sun., Oct. 30th: Fall Festival on the Square
5 pm - 7:30 pm | First Baptist Church Opelika, Avenue B

Mon., Oct. 31st: Downtown Auburn Trick-or-Treat
6 pm - 8 pm | Downtown Auburn

Mon., Oct. 31st: City of Auburn Neighborhood Trick-or-Treat 6
pm - 8 pm | BUY LOTS OF CANDY

KNOW YOUR COVENANTS:

Seasonal or Holiday Decorations/ Signs

With the beginning of Fall and holidays just around the corner, now is a good time to review what our Neighborhood Covenants say about seasonal or holiday decorations & signage:

Section 6.09 (Landscaping), item (i) states: *Seasonal or holiday decorations (e.g. Christmas trees, lights, pumpkins, Easter, etc) shall be promptly removed from each Lot or Dwelling within 10 days as such holiday passes.*



GIRLS IN AVIATION DAY SET FOR OCTOBER 15TH

Hosted by Auburn University Aviation Center and Women in Aviation War Eagle Chapter, Girls in Aviation Day is a free education and outreach event which hopes to inspire passion, exploration, learning, and excitement of aviation and aerospace to children in the local community.



Girls in Aviation Day is an international event held by Women in Aviation chapters across the world. This year, the Women in Aviation - War Eagle Chapter based out of Auburn University will be hosting a GIAD event at the Auburn University Regional Airport.

The event will feature aviation vendors and organizations, food trucks, airplanes on display, activities and so much more! Explore the world of aviation and get inspired on October 15, 2022

Women in Aviation International is a nonprofit coed organization dedicated to the encouragement and advancement of women in all aviation career fields and interests. Auburn University's War Eagle Chapter involves its members in professional development, community outreach and student involvement. Its mission is "To inspire the younger generation of potential female aviators."

Auburn Aviation's more than 600 students include a high percentage of women, more than two times the national average for university aviation programs. The War Eagle Chapter of Women in Aviation was established in 2016.

A Walk through Auburn's Haunted History

Spooky season has arrived. One way to usher it in is by taking a look at haunted places right here in Auburn and Opelika. It might be worth adding a few to your bucket list to check out this Halloween. Some of these places even offer tours of the grounds.

Spring Villa Mansion, Opelika

The mansion was built and owned in 1850 by Penn Yonge and was later acquired by the city of Opelika in 1927. It now resides as the center of Spring Villa Park.

According to the legend, Yonge was murdered in 1878 when he was stabbed on the 13th step of the staircase of his house. The Southern Paranormal Research group has said that ever since the incident, visitors have reported experiencing feelings of being sick and pushed when standing on the staircase.



Spring Villa Mansion in Opelika, AL

Telfair Peet Theatre

It is believed that the ghost haunting the theatre is Sydney Grimlett, a Confederate soldier who once haunted what is now the University Chapel. Grimlett moved in the 1970s with the theatre.

The University Chapel

The University Chapel was originally used as a hospital during the Civil War, believed to be where Sydney died after receiving a wound during battle. According to an AU News article crafted and published by the University in 1998, students have claimed to hear rattling sounds in the walls and behind doors. Shadows are said to move across the room, too.

CONTINUED ON PAGE 4

OCTOBER IS NATIONAL BREAST CANCER AWARENESS MONTH

Did you know about 1 in 8 women will be diagnosed with breast cancer over the course of her lifetime? In 2019, and estimated 268,600 new cases of invasive breast cancer are expected to be diagnosed in women in the U.S. as well as 62,930 new cases of non-invasive breast cancer.

While no one knows the exact causes of breast cancer or why one woman develops it and another doesn't, what we do know are some risk factors and the symptoms and signs to look for. Many breast cancer symptoms are invisible and not noticeable without a professional screening, however some symptoms can be caught early just by being proactive about your breast health. When breast cancer is detected early, and is in the localized stage, the 5-year relative survival rate is 100%. Early detection includes doing monthly breast self-exams, and scheduling regular clinical breast exams and mammograms.

Most people who have breast cancer symptoms and signs will initially only notice one or two, and the presense of these symptoms and signs do not automatically mean that you have cancer. Symptoms and signs include: changes in how the breast or nipple feels, changes in the breast or nipple appearance, and any nipple discharge – particularly clear or bloody discharge.

In 1985, the month of October became known as National Breast Cancer Awareness Month to increase the awareness of the disease and to raise funds for research into its cause, prevention, diagnosis, treatment and cure. In 1993, Evelyn Lauder, Senior Corporate Vice President of the Estee Lauder Companies, founded the Breast Cancer Research Foundation and established the pink ribbon as its symbol, though this was not the first time the ribbon was used to symbolize breast cancer. The original establishment of the pink ribbon came from a California woman, Charlotte Haley, whose sister, daughter and granddaughter had breast cancer.



College of Veterinary Medicine Helps Fight Breast Cancer

When you think about Auburn University's School of Veterinary Medicine you don't normally think of fighting breast cancer, but that is exactly what the school is doing with its Gene Machine.

Established by Dr. Nancy Merner, assistant professor in the Department of Pathobiology, the Gene Machine is a community-based project with both education and research components for spreading the word about risk factors that could lead to breast, ovarian and prostate cancers. As part of AU's Research Initiative in Cancer, it is centered on one simple concept: when it comes to breast cancer, genetic testing saves lives.

Team members drive the 15-passenger, bright pink bus around the state for education sessions, community events, and study enrollment for those affected by cancer and their family members to examine cancer genetic mutation.

For more information, visit vetmed.auburn.edu/academic-departments/dept-of-pathpathobiology/research/the-gene-machine.



College of Veterinary Medicine Gene Machine

YES MEN CAN GET BREAST CANCER

10%

of men diagnosed with breast cancer have a genetic link to the disease.

LESS THAN 1%

of all breast cancer diagnoses are for men, but that is not a reason for men to not be aware of the disease.

92%

of breast cancers detected in men are considered to be hormone-receptor positive.

2,600

men were estimated to receive a breast cancer diagnosis in 2016.

AGE 68

is the average age for men to be diagnosed with breast cancer. Though risk increases with age, younger men can be at an elevated risk if they have a family history, have certain testicular conditions, or have habits like heavy drinking or smoking.

50%

of children whose parents carry the BRAC1 or BRAC2 gene mutation will also have the mutation.

If detected at either stage 0 or I, male breast cancer currently has a 5-year survival rate of

100%

1 OUT OF 1,000

men will be diagnosed with breast cancer.



To call attention to what Charlotte perceived as inadequate funding for breast cancer research, she distributed peach color ribbons. Later in the fall of 1991, the Susan G. Komen Foundation handed out pink ribbons to participants in its New York City race for breast cancer survivors.

Meet Your Neighbors: The Carlson Family

We are the Carlson family. Joe and I have lived in Auburn since we moved here to attend college. We fell in love with Auburn then and love it even more now raising our family here. I have taught Kindergarten at Holy Trinity Day School for the past eight years. It's the sweetest half-day program and I love spending my mornings there. Joe works in higher education for the National Student Clearinghouse as its regional director for the Southeast region. We have two kids - Ella and Raleigh. Ella is 13 and enjoys being on her school Broadcast team, playing violin, Girl Scouts and taking sewing lessons. Raleigh is 11 and enjoys golfing, playing piano and Boy Scouts. We also have a sweet toy poodle named Tank. His hobbies are sleeping and eating!



Joe, Meg, Ella, & Raleigh Carlson

What do you like most about living in Auburn? We love all of the opportunities that Auburn gives our family — great schools, great entertainment and opportunities to keep our kids involved with their current interests.

What are some of your favorite things to do in Auburn? We love attending Auburn Basketball games, riding our bikes together and going on camping trips.

Family Fun Fact: A fun fact about our family is that we have actually vacationed in a real treehouse together.

If you would like to nominate a family for the newsletter, please send your nomination to Jennifer Delmore at jenniferj@auburn.edu. Please be sure to include the family's name, address, and email and anything else you would like to include.

A Walk through Auburn's Haunted History (continued)

Samford Hall

Old Main used to stand in Samford Hall's place before it was burned down in 1887. Just like the University Chapel, it was briefly used as a hospital to house soldiers during the Civil War. According to the previously mentioned AU News article, it is said that the ghosts of certain soldiers still occupy the area. Most notably, there is the ghost of a guard who watches over Auburn from his post in the bell tower.

Pine Hill Cemetery

Pine Hill was established in 1837 and is the oldest cemetery in Auburn. The historic cemetery has many stories about the individuals buried there, including a 7-year old killed by a bee sting and a man buried in his bed. The cemetery is also the resting place of many confederate soldiers and slaves who fought during the Civil War.

According to Foursquare, a city guide forum, there have been reports of inexplicable hovering lights over graves, as well as a general feeling of uneasiness that lingers after dark.

Pine Hill Cemetery offers walking tours throughout the year that allow visitors to see over 30 historic graves. The tour caters to anyone who enjoys exploring history or hearing some ghosts stories along the way.



Neighborhood
**WORK
DAY**

OCTOBER 15TH

Join us at either Banbury or Snowhill Pool at 9 am on Saturday, October 15th to help get pools ready for Fall/Winter Season.