



THE Peace of Mind CENTER

"Helping You Create a Better Body, Mind, and Spirit"

February 2021

WWW.THEPEACEOFMINDCENTER.COM

318-219-8344

"Understanding Universal Laws"

Universal Laws are a foundation on which we build our spiritual and personal journey. As we embark on our next level of consciousness in this ever-expanding Universe, we are witnessing chaos and changes. These vibrational changes may seem confusing or frightening to some and uplifting to others. Understanding Universal Laws is beneficial currently, as to help us navigate our way through the hard choices and challenges we are facing. Incorporating wisdom of these laws in our daily routines, allows a deeper connection from within us to our surroundings and daily routines. Through the Law of Creation humans were created to be co-creators. We create or manifest our experiences in different ways, but all creations come from our thoughts and words. By having insight into the Law of Attraction, Law of Duality, Law of Intent and Law of Spiritual Trespassing may help clarify why some experiences are manifested while others seem to dissipate before their existence is recognized. Other Universal Laws to be discussed include Law of Love, Law of Choice, and Law of Truth. Understanding the basics of the Universal Laws help everyone on the planet. As we are all on a spiritual journey and we are all connected.

In our class "Understanding Universal Laws", Jackie will share her wisdom and guidance by explaining these laws. Join us on Wednesday, February 24th from 6:30-8:00 p.m. cost is \$30, please call to register.

☿ Skywatch for February ♒

This month is filled with many opportunities for breakthroughs and epiphanies but is also riddled with stagnation and restrictions. Caution lights are up as Mercury has begun the first retrograde cycle of the year. The cycle started on January 30th and continues until February 20th in the sign of Aquarius. The usual Mercury retrograde rules will apply. Just as a reminder, do not sign contracts, purchase electronics or automobiles, get married or make any major decisions without all the facts. Mercury is the planet of communication so expect challenges with others in finding compromises. There are five planets in the sign of Aquarius this month. The Aquarius themes are friendships, organizations, freedom, thinking outside the box, intuition, aloofness, inventions, and futuristic ideas. This is a good time to reconnect with old friends, reengage in old hobbies or reconnect with a likeminded groups, reinvent yourself, getting outside your comfort zone and freeing yourself from toxic habits, places, and people. The last time five planets were in Aquarius was in February 1962. People who were born at this time will be experiencing a rather rare occurrence and should have major events happening in their life. The conjunction with Venus and Jupiter is the most auspicious event occurring on the 11th, the same day as the New Moon also in Aquarius. The planets of love/money/growth/good luck could bring great excitement into our lives with a big jolt of unexpected surprises. Get ready! Best days are 5th, 11th-15th, and 20th. Days to lay low are 6th, 17th use extra caution, and the 19th. Be at Peace ~

Self Love Painting Workshop with Nikki Clawson

Thursday, Feb. 10th
6:00 – 8:00 p.m. \$40
includes supplies

Finding Balance in Relationships with Adrienne Smith

Sat, Feb 20th
11:00 – 1:00 p.m. \$30

Candle Magic with Nettie Barnett

Thurs. Feb 25th
6:30 – 8:30 p.m. \$30

Plants for Healing the Heart with Lee Ann

Thurs. Feb 25th
4:00 – 5:30 p.m. \$35

Featured Stone: Merlinite



Keywords: Magic, intuition, past life recall

Merlinite is a mixture of quartz and manganese oxide found only in New Mexico. It is associated with the "storm" element, making it an excellent weather shaman stone, especially for producing rain. It promotes communication with spirits plus activates intuition and past life recall. It activates the inner radar, bringing to the surface current past life issues. It helps provide the tools to navigate healing and personal growth. Carrying this stone increases patience and supports work with the shadow self. It can help to integrate the shadow self with the heart chakra, opening the heart for forgiveness. It harmonizes well with moldavite, amethyst, and obsidian.

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