



# THE Peace of Mind Center

“Helping You Create a Better Body, Mind, and Spirit”

May 2025

WWW.THEPEACEOFMINDCENTER.COM

318-219-8344

## The Hidden Workshop: An Eclectic Series of Teachings, Discussions, & Practices on Developing Mystical Awareness

Join us for this series of mystical subject matter, taught by Sam Cannon. Sam has studied these subjects in depth for many years and is a wonderful teacher and lecturer. Do not miss this experience and opportunity to learn about this sacred knowledge. The workshop is a series of six classes and students can attend all the classes by signing up for the entire series (\$240). By signing up for the series, it will guarantee your spot in all the class. Students can also choose to sign up for individual classes and pay weekly. **The series begins on Tuesday, May 27<sup>th</sup> 6:00-8:00 p.m.**

This workshop series is intended to be an exploration of the Hidden Realms within us, relying on an eclectic gathering of spiritual theories and practices. An essential ability of a mystic is to connect with their “Inner Realms” to work with guides, angels, ancestors, or deities. This series is oriented towards the goal of accessing our “Inner Workshop or Sacred Space”, so that from this stable foundation, seekers may explore their astral environments. The theories explored in the workshops include magical thinking, Hermetic Kabala, Theurgy, symbolism, tarot, and occult correspondences. Additionally, the practices of visualization, breathwork, esoteric meditation, devotion, divination, invocation, shadow work, and journaling will be important aspects of these workshops. With these goals, theories, and practices, the Hidden Workshop will meet weekly to discuss and explore new aspects of the development of Inner Awareness and Mystical States of Consciousness in a dialogue with members of the class by responding to questions and inspirations.

## ♈ Skywatch for May ♉

May is loaded with many great astrological alignments, make a manifest list!! The primary focus will be on the planet Venus, which governs finances and relationships. If April was challenging in these areas, then May would be a great time to transform what remains uncertain or unfinished. On the 2<sup>nd</sup>, Venus aligns with Neptune, bringing in a vibration of spirituality and love. It also is an opportunity to dissolve any relationships that are not operating on the highest level. To put it bluntly, get rid of people who are draining you emotionally, physically and financially. On the 5<sup>th</sup> and 6<sup>th</sup> Venus dances with Pluto, creating opportunities for new beginnings and awesome personal transformations. Venus resides in the sign of Aries the entire month, personal care and putting yourself first is the motto, as Aries key phrase is “I Am”. It’s important to do YOU this month, as only you can do YOU, nobody else. You are the master of your life, enjoy. Best days 5<sup>th</sup>, 6<sup>th</sup>, 20<sup>th</sup>, 22<sup>nd</sup>, and 24<sup>th</sup>-27<sup>th</sup>. Days to lay low 9<sup>th</sup>-12, and 15<sup>th</sup>. Be at Peace ~

Happy Mothers Day Weekend!  
Jewelry Sale 20% Off!  
Fri. & Sat. May 9<sup>th</sup> & 10<sup>th</sup>

Making a Mala with Adrienne

Tuesday, May 20<sup>th</sup>  
6:00 – 8:00 p.m. \$45  
(includes supplies)

Morning Reiki Share  
Saturday, May 24<sup>th</sup>

9:30 – 11:30 a.m. \$15

Tarot & Oracle Decks 20% Off

Fri. & Sat; May 23<sup>rd</sup> & 24<sup>th</sup>

Featured Stone:  
Citrine



Keywords: manifestation, personal will, creativity

In Greece since 300 B.C., citrine has been used in rings and pendants. Natural citrines are mostly a pale-yellow color. However, most commercial citrine on the market is baked amethyst, creating a very rich brown or orange color. This stone helps to increase creativity, focus, imagination, and is helpful during test taking. Citrine is also known as a great abundance stone and can be placed in a cash register to increase wealth or carried to promote good luck with money. It helps with the third chakra imbalances like anxiety, low self-esteem, kidney issues and thyroid problems can be balanced by working with citrine. It also harmonizes well with orange calcite, carnelian, and amethyst.

\*\$5 Discount if prepaid 3 days before the event