



THE Peace of Mind Center

“Helping You Create a Better Body, Mind, and Spirit”

September 2025

WWW.THEPEACEOFMINDCENTER.COM

318-219-8344

Psychic Journeys Development Series with John Cappello

This month John Cappella is offering a class that teaches the “purest” approach for those who want to learn how to use their psychic skill without any form of “divination tools”. This class will explain the different types of psychic senses such as clairsentience, clairvoyance, clairaudience, clair-cognizance, clairallience, and clair-gustance. Students will follow the book [Soul Exercises for the Open Mind](#), to help develop their psychic profile. Students will learn about the different genres of psychic ability, the terminology used by psychics, and how to create a personal psychic profile. You will also learn about the mechanisms of each major psychic ability with examples and demonstrations.

Clairsentience and Psychic Touch - This part of the workshop is divided into four sections: Psychic Touch ~ Psychic Imprinting ~ Receiving Energy ~ Understanding Energy
Clairvoyance, Psychic Sight - assistance in understanding the way this ability works to help determine the range of your talents as a natural gift. The various forms of clairvoyance will be explained, such as seeing auras, Deja Vu, remote viewing, prophetic dreams, and astral projections.

Dream Workshop - we will examine dreams and their hidden meanings.
Clairaudient Workshop (and other clairs) – The focus will be on how to recognize and trust your psychic hearing, smell, and taste abilities. These abilities are often overlooked because they occur naturally, and we use them without realizing their psychic nature
Intuition Workshop – The focus is about developing the psychic sense of clair-cognizance. Students will learn to recognize when this sense is activated and be able to practice in class.

Do not miss this opportunity to learn and explore more about your natural psychic gifts.

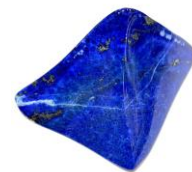
Thursday- Saturday, Sept. 25th to 27th cost is \$160 please call to register 318-219-8344

Herbal Medicines in Your Kitchen with Lee Ann
Saturday, September 13th
9:30 – 11:30 a.m. \$65

The Hidden Workshop in Virgo with Sam Cannon
Wed, Sept 17th
6:00 – 8:00 pm \$45

Beginners Astrology with Gena – 12 Week Series
Wednesdays in Sept & Oct.
\$35 per class or \$335 full course (saves \$85)

Featured Stone:
Lapis



Keywords: Inner Vision, truth, communication, royal virtues

♈ Skywatch for September ♎

Get ready for the second cycle of eclipses for 2025. This is a massively powerful time of year, be very specific and conscious of what you choose to manifest and release during this cycle. The Lunar Eclipse will occur on the 7th in the sign of Pisces. Saturn is retrograde during the eclipse, also in the sign of Pisces. Use this energy to dissolve rigid structures and replace foundations with a more heart centered path, that aligns with your purpose. The Solar Eclipse arrives on the 21st in Virgo, focusing on the details of life, especially around health, routine issues and work. The sun moves into Libra on the 22nd bringing in the energy of balance. This is a great time to rebalance what needs work, primarily in relationships. All of the personal planets will spend time in two signs this month (rather rare). Expect lots of refining in areas that need addressing, as many planets will move through Virgo the sign of perfection. Best days are 12th, 15th, 19th, 26th. Days to lay low are 3rd, 5th, 17th, 20th, 24th and 29th. Be at peace ~

Lapis was used to entomb and adorn the pharaohs of ancient Egypt, as it was known as the stone of royalty and spirituality. It carries the vibration of the inner king or queen that lies buried in each of us. Lapis activates the pineal gland (third eye), enhancing the intuition. It also activates the throat chakra, helping one to speak the truth in all situations. Gifting Lapis Lazuli to a friend can help facilitate them on a mystical journey to higher awareness. Meditating with this stone can help unlock past lives in Egypt. Lapis works exceedingly well with moldavite, turquoise, sugilite, chrysoprase and rhodonite.

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