



THE Peace of Mind CENTER

"Helping You Create a Better Body, Mind, and Spirit"

December 2018

WWW.THEPEACEOFMINDCENTER.COM

318-219-8344

Happy Holidays from The Peace of Mind Center!

We appreciate all the support and loyalty we receive from our customers. Because of you, we continue to grow and prosper every year. On **Thursday, December 6th from 6:30 p.m. – 8:30 p.m.** we'll be giving back to our community by having our "Customer Appreciation Night". There will be prizes, discounts and refreshments. Don't miss this once a year experience to have some fun, shop and meet new people. Take time for some Peace of Mind, you deserve it.

Holiday Specials

Dec. 7th & 8th 20% off ~ Statues & Boxes

Dec. 14th & 15th 20% off ~ Singing Bowls, Malas & Beads

Dec. 21st & 22nd 20% off ~ Sage, Incense, & Herbs



Dec. 26th - 29th After Christmas & Year End Sale 20-50% off selected items

Dec. 28th & 29th 20% off ~ Tarot & Oracle Cards, Pendulums, and Rune Sets

We will be open Monday, December 24th 10:00 a.m. – 6:00 p.m.

We will be closed December 25th and January 1st, 2019

♊ Skywatch for December ♎

Don't despair if you have not started your holiday shopping or planning yet. In fact, it's best to wait until after the 6th, as Mercury will finish its last retrograde cycle of the year. This can clear the path for fun, excitement and happy holidays all around. The new moon on the 7th in Sagittarius, marks a perfect time for new beginnings, but our energy and enthusiasm maybe lacking this day. The 9th brings a clearer definition of what needs to be done for the holiday season. Jupiter in Sagittarius can bring more optimism and more spending this season, so it's best to stay within the budget. The Winter Solstice on the 21st, has some of the best aspects this month, and it's the day before the full moon in Cancer. Make a list of what you are ready to release and set a big intention. This is the time to "Think Big and Love Large". Get ready for the New Year 2019 in style, as Mars moves into Aries on the 31st. This spectacular energy is all about new beginnings and taking care of self. Are you ready to be your "Best Self"? Best days 4th, 16th, 19th, 21st, 31st. Days to lay low 2nd, 5th, 6th, 7th, 14th and 24th. Be at Peace. ~

Gena's Gift Certificate Special

Buy one session get the 2nd session at half price. Can be purchased until December 6th

30 minute Infrared Suana Special - \$25

(1 hour advance notice needed. Offer good until 12/31/2018. Can also purchase as a gift certificate.)

Featured Stone: Spirit Quartz



Keywords: Purification, protection, freedom from fear

Spirit quartz is an unusual variety of quartz in a few ways. First, in the way it grows, a candle shaped crystal formation and second, it is only found in South Africa. Most spirit quartz is a form of amethyst. Small terminated points cover the entire body of the crystal because of this it sometimes known as cactus or porcupine quartz. Some stones may have citrine or whitish quartz inclusions in the crystal. Spirit quartz helps one to align with our "spiritual higher self". It also activates the third eye, making it an excellent stone for meditation and releasing fears. It can help repair damage or eliminate blockages in the third chakra (heart) as well. This stone programs very easily and works great with other quartz stones and moldavite.