



THE Peace of Mind CENTER

“Helping You Create a Better Body, Mind, and Spirit”

February 2019

WWW.THEPEACEOFMINDCENTER.COM

318-219-8344

“Soul Mates”

We are all looking and hoping to find our “Soul Mate”, our true partner, our perfect match, our other half. We want the feeling of being loved unconditionally and being totally accepted even with our flaws. Why does it seem so hard to find our true love? Many people think there is only one true mate in the world; which will fully complete us creating everlasting love and happiness. Soul mate has become a term that almost everyone uses to mean a romantic partner with whom they share a spiritual, extraordinary connection. In fact, a soul mate can actually be your best friend, a child, a parent, a pet or your romantic partner. Before we are born, our “soul” creates contracts and agrees to certain life experiences in order to learn in each incarnation. The soul needs to evolve on a spiritual level in each life. In each lifetime the soul chooses which lessons to learn and with whom they will learn them. When we meet someone who seems very familiar or we feel a certain feeling our soul is recognizing this person’s importance to our life. Soul mates have agreed to teach each other lessons in order to work through karmic contracts and spiritual lessons. It is of extreme importance that both parties exchange energies, to grow and balance their karmic debt to each other. Romantic soul mates have agreed to learn lessons about love plus many other lessons. Romantic soul mate relationships most often are extremely challenging because the souls are learning the exact same lessons. Progress can be slow to materialize in these relationships, which may explain why these souls may reincarnate many times in order to learn the karmic lessons. Everyone has many soul mates on the planet, not just romantic ones. Think about all the people in your life and examine each relationship, and you will find there are soul mates all around you.

☯ Skywatch for February ☯

Enjoy this next four weeks of no retrograde planets. There are some bumps in the road this month but moving forward and making new plans is advised. The 1st is the first bumpy day, with a challenge between Mars and Pluto. This translates to power struggles, high energy, big egos and not much getting accomplished, so play it safe today. The new moon in Aquarius on the 4th is a prime date for launching new unique ideas, traveling for business or pleasure and applying for a new job. Venus moves into Capricorn on the 3rd making us more financially responsible for the rest of the month. Mercury moves into Pisces on the 10th and stays in this sign until April 16th. Mercury in Pisces brings nice polite compliments, writing of sweet poetry and love letters but lacks follow thru on plans and promises. Mars moves into Taurus on the 14th bringing more stability, determination, grounding and abilities to fix difficult situations. Best days this month 4th, 7th, 11th, & 27th. Use extreme caution on the 1st, 13th (double whammy day), and the 18th. Be at peace ~

Wed, Feb 13th
“Crystals for Manifesting Love” w/Lucas Mays
 6:30-8:30 p.m. \$30

Friday, March 1st & Saturday, March 2nd
John Cappello Private Session & Aura Pictures
 (See calander for times)

Friday, March 1st
Spirit Circle
 6:30-8:30 p.m. \$40

Saturday, March 2nd
“Astral Projection Workshop” w/John C.
 6:30 – 8:30 \$40

Featured Stone:
Agate



Keywords: Strength, stabilizing, last connection

Agate is the name given to numerous varieties of banded chalcedony (a mineral of the quartz family). The name comes from the river Achetes in Sicily, where they are found. These stones have been discovered in artifacts of the Neolithic people, as well as the Egyptians, and in India. Agates are generally of a lower intensity and slower vibration than other stones; but this is not considered a defect. They are great grounding stones, and have aura strengthening influences. Agates come in many varieties such as blue lace agate, fire agate, and banded agate just to name a few. Agates pair well with other agates and other quartz crystals. Carry agates to feel more grounded and to connect with the Earth’s energies.

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