



THE Peace of Mind CENTER

“Helping You Create a Better Body, Mind, and Spirit”

July 2019

WWW.THEPEACEOFMINDCENTER.COM

318-219-8344

“The Peace of Mind Center is MOVING!!”

In 2009, the center relocated into our current location, and we honestly thought we would stay here forever! We have received so much love and support from this amazing community. It has shown us we need to expand and grow into a bigger space. Last month we purchased a new space at 3611 Youree Drive, only 2 blocks from our current location, and plan to move in August. The new space will provide 3 times the retail space, a classroom, quieter massage rooms, space for additional services and more parking. The staff is very excited about move and will be extremely instrumental in choosing new products, services and providing information to our awesome clients.

We would also like input from the customers as to what they would like to see more of at the center. On your next visit to the center, please fill out our customer survey form, or email ideas by responding to this email. We will use this information to help us provide a better center for helping you “Create a Better Body, Mind & Spirit”. Updates on the move will be posted on Facebook, Instagram and by email so make sure you stay in the loop. Thanks again for all the love and support, keep up the good work by spreading the news!

“Circle of the One Heart”

Wed, July 10th
6:30 – 8:30 p.m.
w/A.Smith

“Spirit Circle” w/John Cappello

Fri, July 12th
6:30 – 8:30 p.m. \$40

Aura Pictures

Fri, July 12th
2:00 – 5:00 p.m.
Sat, July 13th
10:00 – 6:00 p.m.
\$25 and up
(first come first served)

Reiki Share

Thurs, July 18th
6:30 – 8:30 p.m.
w/A.Smith \$10

Featured Stone: Charoite



Keywords: purify, cleansing,
releases inner negativity

Charoite is found in Siberia and its name comes from the Charo River in that region. This stone is one of the most powerful stones for the third eye and crown chakra. It can be used to purify and cleanse one’s etheric body, releasing disharmonies and dispelling negativity. Working with Charoite can increase synchronicities and provide guidance from the universe. It also aids in revealing one’s highest potential helping to achieve happiness. Combining this stone with moldavite, kunzite, amethyst, and blue appetite enhances its properties.

☾ Skywatch for July ☽

Think before you speak and look before you leap this month. The stakes are high with two powerful eclipses, two new moons and mercury retrograde most of the month. Eclipses are super influential events, which often bring turning points and major developments into fruition. The first eclipse is the solar eclipse new moon in Cancer, the focus will include emotions, family, home, and engrained patterns. This marks an amazing time to set intentions to purchase a new home, spending more time with family, begin a new routine, and examining suppressed emotions. The mercury retrograde is the 7th until the 30th, use this time to reflect, revise or remove what is not working. Remember to be kind and use nice words when communicating your feelings. The retrograde begins in the sign of Leo, which can be dramatic, showy and egotistical. Be respectful to others as burning bridges is not wise and can be regretted next month. The lunar eclipse full moon on the 16th in Capricorn can create emotional tension, career issues, and the need to retreat for some alone time. Problems can arise with relationships, finances, and power plays are extremely possible. The 23rd through the 27th offers the best energies this month, so plan your fun time for then. Best days also include 2nd, 6th, and the 8th. Days to lay low include the 9th-11th, 16th, 17th and 24th. Be at Peace. ~

Be sure to check out our online store @ shop.thepeaceofmindcenter.com