



THE Peace of Mind Center

“Helping You Create a Better Body, Mind, and Spirit”

July 2022

WWW.THEPEACEOFMINDCENTER.COM

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“What is the Evil Eye?”



The evil eye predates any modern religion, dating back as early as 5000 BC in Mesopotamia. The belief in the power of the evil eye talisman crosses numerous religions including Christian, Muslim, Jewish, Buddhist and Hindu. The evil eye, known as “mati” (μάτι) in Greek culture, is a curse thought to be given by a malicious glare that can cause bad luck or loss. You may have heard someone giving you the "evil eye" from across the room - and many people around the world believe this to be more than just a saying. To avoid this look, the ancient peoples began wearing amulets or jewelry with the evil eye symbol incorporated into them. If you wore this, the evil look would be cast back to the person that was casting it. When a person wears or carries an evil eye with them, it guards against misfortune happening in one's life. The evil eye brings good luck and protects you from any ill-will that could otherwise have a negative effect on your well-being or your life in general.

The center has just received a large shipment of “Evil Eye” items. We have necklaces, bracelets, keychains, hanging items and more. Check out the 20% off sale on July 16th & 17th

☾ Skywatch for July ☽

Start planning the weekends, as there are five this month. There are plenty of great aspects for parties, family reunions and weddings, three out of five of the weekends. Skip making major plans on the 1st and 2nd, as Mars will challenge Pluto. The potential to create intense power struggles, violence and explosive tempers could arise. The moon will also reside in Leo on these days adding fuel to the fire, tread lightly. Better weekend days for fun and joy are the 10th, 17th, 23rd and 24th. The full moon on the 13th in Capricorn reminds of us what responsibilities we need to give some attention, be prepared to step it up, for the best results. Also, on the 13th Mercury will oppose the moon, old emotions, old patterns, and old grudges could come to the surface. Use the full moon energies of the release period (the next two weeks) to finally let go of old conditioning, for good. Also on this same day, Venus and Saturn are in a trine (easy flow), providing safe space for love to flow and a new foundation to begin. This Venus/Saturn energy will be strongest during the 6th-20th with the peak day of the 13th. Mars moves into Taurus on the 6th and will reside in this sign until August 21st. Taurus is a fixed, stable, but stubborn sign of the zodiac. Having Mars here for the next 45 days can help fix financial issues, stability issues, determination issue and love life issues. Best days are 4th, 10th, 17th, 26th, 31st. Days to lay low are 1st, 2nd, 28th and 29th. Be at Peace ~

“Sister Circle” with Adrienne

Wed. July 6th

6:00 – 8:00 p.m. \$10

“Intro to Paganism 101”

with Bre Garcia

Wed. July 13th

6:30 – 8:30 pm \$30

20% off Sale on Crystals, Rocks, and Beads

Fri. & Sat. July 29th & 30th

Featured Stone:
Lepidolite



Keywords: Emotional healing, stress relief, relaxation, and balance

Element: Water

Chakras: All, especially the heart and third eye

Lepidolite is a high lithium stone, mostly purple but can be grey or whitish in color. In the USA, the best mines are in Maine and California. It's very useful for balancing the emotional body, by calming frayed nerves helping to reduce stress. It helps with anger issues, financial woes, loss of a relationship and most major life changes. It encourages the release of the ego and acceptance of the present moment, offering a more spiritual connection. Carrying this stone reduces hyperactivity and ADD tendencies and is an excellent for helping sleep disorders.

Be sure to check out our online store @ thepeaceofmindcenter.com/shop