

## 2024 Pre-Season Practice Schedule

<u>Monday, August 19:</u>	8:00-8:45 9:00-11:00	Defense Meeting By Position Defense Turf Field
<u>Tuesday, August 20:</u>	9:00-10:30	Agilities, Conditioning
<u>Wednesday, August 21:</u>	2:30-3:00 3:15-3:45 4:00-6:00	Locker Assignments Defense Meeting By Position Defense Turf Field
<u>Thursday, August 22:</u>	8:00-8:45 9:00 - 11:00 11:30-12:00	Offense Meeting By Position Offense Practice Field Fundraiser Meeting Auditorium
<u>Friday, August 23:</u>	8:00-8:45 9:00 - 11:00 11:30-12:00	Offense Meeting By Position Offense Practice Field Game Equipment Distributed
<u>Saturday, August 24:</u>	No Practice	
<u>Sunday, August 25:</u>	8:15-8:30 8:30-8:50 9:00-11:00	Specialists Practice Field Punt Offense Practice Field
<u>Monday, August 26:</u>	8:00-8:45 9:00-11:00 11:00-11:15 12:00-12:20 12:30-2:30	Defense Meeting By Position Defense (Include Punt Return) Review Punt Offense Meeting By Position Offense
<u>Tuesday, August 27:</u>	8:00-8:45 9:00-11:00 11:00-11:15 12:05-12:20 12:30-2:30	Offense Meeting By Position Offense Specialists Defense Meeting By Position Defense (Include Punt Return)

<u>Wednesday, August 28:</u>	8:00-8:45 9:00-11:00 11:00-11:15 5:15-6:30 6:30-8:30	Defense Meeting By Position Defense Specialists Offense Youth Football, Meet the Coaches
<u>Thursday, August 29:</u>	9:00-10:15 10:30-12:00 12:00-12:30 5:00-7:00	Offense Defense Kickoff, Kickoff Return Team Picture Night
<u>Friday, August 30:</u>	5:00	Varsity Scrimmage, JV Practice TBD
<u>Saturday, August 31:</u>	10:00	JV Scrimmage, Varsity Off
<u>Sunday, September 1:</u>	1:00-3:00	Varsity Practice, JV Off