



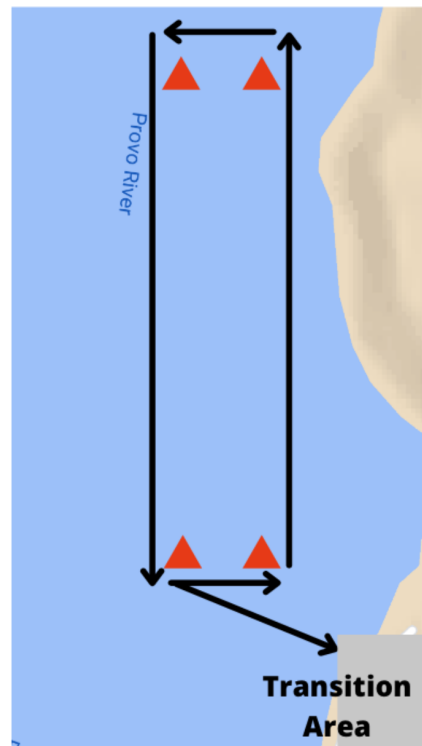
SWIM COURSE

SPRINT

750 YARDS
(1 LOOP)

OLYMPIC

1500 YARDS
(2 LOOPS)





BIKE COURSE

SPRINT

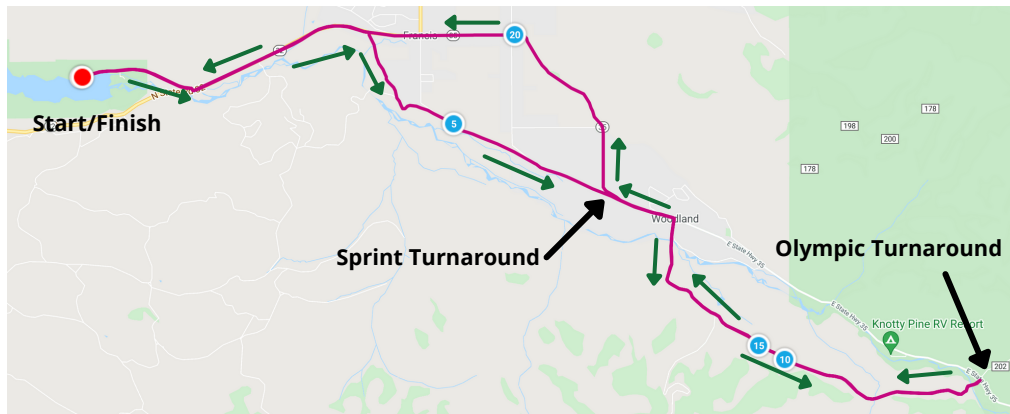
14 MILES

OUT & BACK

OLYMPIC

25 MILES

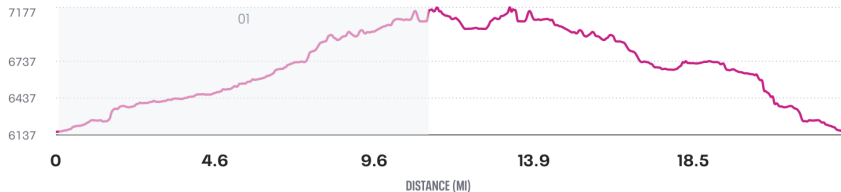
OUT & BACK



START
6,162 ft

MAX
7,177 ft

GAIN
1,360 ft



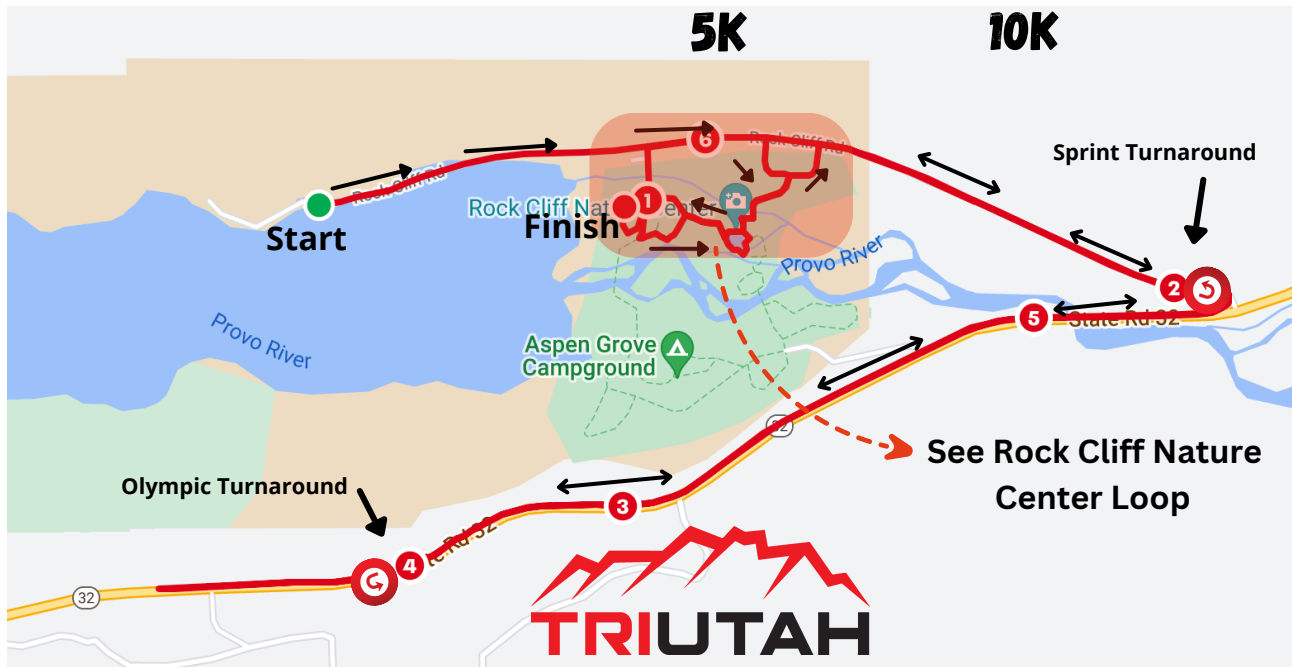
RUN COURSE

SPRINT

OLYMPIC

5K

10K





JORDANELLE
TRIATHLON

RUN COURSE

Rock Cliff Nature Center Loop

