Teen Modules:

New order once we are established

- Keys
- Focus w/values
- Discovery
- Orientation
- Principles & BreakPoint

Orientation Purpose

The Orientation is to enroll kids into the seminar system. The teens blow off the first seminar. The orientation is NOT a seminar. It is to allow the kids to get some idea as to what is required to be successful in the program and seminars. The main message to get across is THE GAME IS OVER. Use the staff to get the idea of time. Let the staff tell the training about not using the seminar time effectively and the cost. Use any parents to let them know it is over. Throughout the seminar, we want to emphasis that they can get to MC if they work. The workshop is a place for them to get in touch with some of their magical qualities. Upon completion of Day 2, we need to focus them on working the support group. This will be about life story and getting ready to deal with major SLB.

The majority of the material for Orientation is the Discovery material. We have added the workshop. We are not really doing Mom/Dad in the pop. We need to get them a mini-pop using towels. This is directed at their guilt and shame they hold rather than Mom and Dad. We will do the full Mom/Dad process during the Discovery.

Unless a kid is a MAJOR BUTTHEAD – direct lies, refusal, etc all should graduate from the Orientation. It is critical we continue to set the tone for Discovery by pointing out that which will not work in Discovery – homework, participation, sharing, openness, and dealing.

KEY POINTS

- Layers of Fixedness
  - Self Limiting .vs. Self enhancing - which do you feed
- Game Over – not going to be the same again
- Behavior follows beliefs
- Magical Child concepts through Workshop
- Agreements and Integrity
- Accountability is not fault or blame - Victim is a choice
- Setup Discovery through Support Group
- Discovery Expectations

Small Facilities

In the smaller facilities such as CSA or sometimes TB, we may want to eliminate Orientation and just do the full up Discovery. This depends upon the facility, numbers, and previous training. If we have only a limited number of new students and a large number of retreads from the last Discovery, we will do the full up Discovery. This is a decision we need to make just before going to a small facility. I don't see this being the case for the larger schools but could be for newer schools such as MWA as well as CSA. I think we need to look at TB's enrollment to see how JK's new setup goes.

Discovery

The Discovery is essentially the same as Discovery now. We will do a review of the material – layers of fixedness – in the morning. However, we want to get working right after lunch. We have allowed a good deal of time to process kids and to find out who is ready to work. This is the place to work on life story. If you do not see kids getting a good start on the day, it may be time to leave.

THE BAR WILL BE HIGHER IN DISCOVERY THAN ORIENTATION OR IN PREVIOUS DISCOVERY SEMINARS.
If by Day 2 you do not see solid participation, let them go. We do not want to just kick kids out. We need to work with them so they and the GROUP understand work means work – not sitting by and watching.

We will be introducing DRAFT CONTRACTS into Discovery. They will write them after the POP. They will not sign them. They are to keep the contract sheet and bring back to Focus. Focus is about ownership. They will get to sign them once they show they have ownership. This is the DRAFT only. It is critical we set them up to work with this during the next month. Saying the contract 10 times a day, writing about it, using it to make it real are part of the process we want them to engage with during the month.

While there is some repeat in Discovery from Orientation, we want to hit on major new themes of win-win, reveal-feel-deal-heal, intention, purpose, and results. We now have 3 good solid times to impact the kids, let's use every seminar in a means to reinforce the principles of the seminars.

BUNK LEADERS

Starting in January 04, we will be bringing in the Bunk Leaders. These are there for support only. It is a good time to reinforce the seminars as well. If you have bunk leaders the facility does not support coming into the room, OK. If you see a bunk leader being disruptive, let them go from the seminar. The new schedule has the time for the bunk leaders to join us. I really want them in the room for Grungies and Payoff. We can do the grungies party on Day 2.

FOCUS

We will be doing more results check in Focus. We need a strong training. This is the last major DEALING training we have. A teen I graduate from Focus should be well on his/her way to the upper status. I am recommending that we get only level 3 in Focus. The facilities will do what they do. It is critical in both Discovery and Focus we have good solid CHOOSE OUT SHEETS.

The POP will not use towels in Focus. We will be doing a closed eye process focusing them of their SLB and other emotional issues still hanging out. Once done with the pop, we will give them a chance to sign contracts and decorate them. We need to be using Rocky both in Discovery and Focus. This is our anchor. We may even want to do last of the secrets in Focus as a formal part of the sharing time

On the last day of Focus, we will not be doing goals. We will do the auction and preliminary values sheet before they leave for the day. The homework will be to use the pre values work over the next several days. They will bring write-ups and definitions regarding their values to the ½ day called Principles. If they complete Focus, there should be no reason to NOT attend Principles. We will have graduation using Hug confront

Principles 9:00am – 12:30pm

This is the ½ day we will do all the values work with the teens. We will cover clothes, music, friends, and general values based living. The homework from Focus should have them looking and rating themselves on living their preliminary values since Focus. It is critical we follow the material. The same trainer will most likely not do Focus and Principles in the same month. We need to be a team.

The students will make Values cards at the end of the morning. We will use this values card at each Keys from now on. We will be doing a results check around values based living and goals. In Principles we will be asking the teens to set 1-2 values based goals to really start living their values. One goal or assignment is to write a letter home for 4 weeks focusing on their values and the struggles they have living these in the program. They need to be addressing such issues as approval, fear, control, lack of clarity, etc.

I would like to have the best of your Principles students be the BreakPoint staff for the afternoon. They will have fresh energy and could be a valuable addition to the BreakPoint process. I will be sending this recommendation out to the facilities this week.

NEW ADULT KEYS WORKSHOPS: replaces Visions as Jan 04

These have to become the center piece for the Adult program. We have too many families failing once home because the parents are not doing the work. I want to start going right at the parents in Discovery and Focus that the workshops are THEIR INTERNALIZATION PHASE of the program. Discovery and Focus are merely preparing them for the real work.

In the 4 stages of change lecture, I want to let the parents know that REAL change requires work and time. This is the reason the program is a long term program. Lasting change requires INVOLVMENT for a period of 9-12 months. The Visions program did part of the internalization but clearly most parents need more hand holding to really have this take effect. Let them know directly the success of the family is going to be as dependent upon them as the teen. They must be ready and on the same page as the teen. The teen is in a HIGH IMPACT program for a period of 12+ months. The parents must continue to work beyond Focus. While I do not want to make Visions wrong, we need to let the parents know Visions did not work because the amount of work done beyond Visions for most parents was nil. It is like they thought once complete, we are done and no continued internalization was done.

The teen's program really starts at the upper status. It is the same with the parents. The Keys workshops are about implementing the principles into everyday life. This is the program for the parents. We need GREAT workshops which create solid value and have a name to draw people back into all of them. I think as a goal, we need to have all parents attend a minimum of 3 workshops and staff 2 trainings after Focus. This is an internal goal only. We should push for attendance at all workshops and staffing as well.