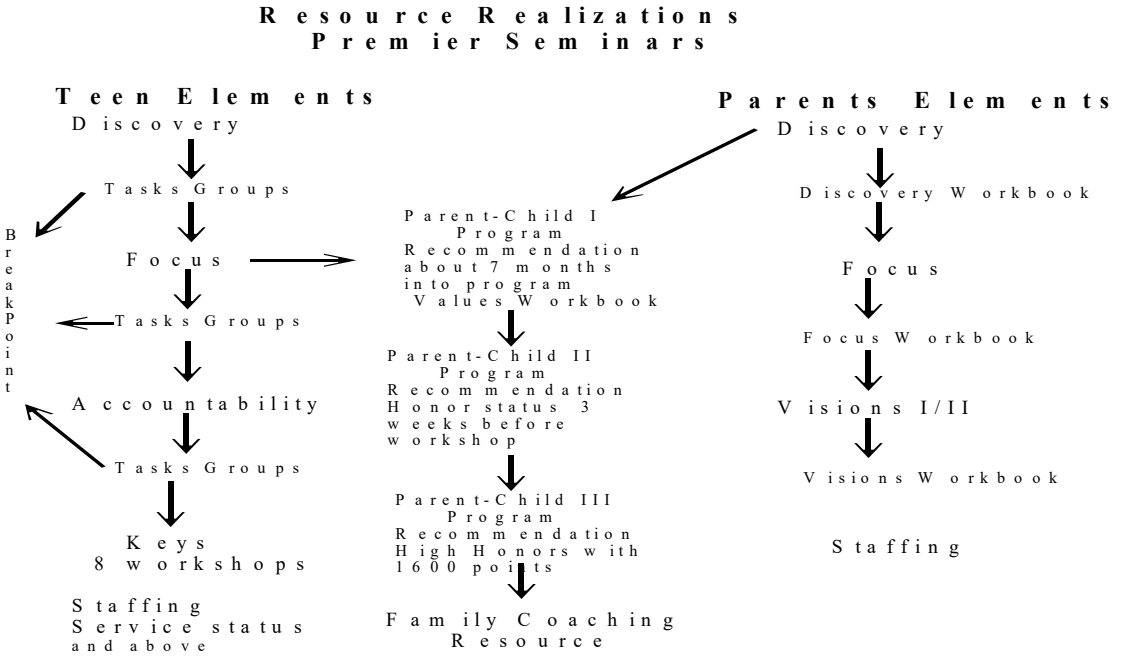
PREMIER EDUCATIONAL SEMINARS
By Resource Realizations

INTRODUCTION:
Premier Educations Systems, LLC offers various educational systems to your school or program. One element offered to your school is a series of highly effective seminars for both the teen and parents. There are several different seminars offered under the banner of Premier Educational Seminars. The following information will give you more detail seminar information, placement of seminars in the overall flow of the program and the value the various seminars. All Premier Educational Seminars are developed, facilitated and managed by **Resource Realizations Inc**.

Resource Realizations is a seminar and coaching company founded in 1986. Our purpose is to assist individuals, families and organizations to create lasting change centering on our five cornerstone values. These values are empowerment, accountability, truth, support, and trust. We invite you to visit our web site for more information on Resource as well as additional information on all our seminars.

www.resourcerealizations.com

During your journey through your school or program, you will be visiting our site to obtain seminar material, schedules, and to register for upcoming events.



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Teen Educational Elements:

Teen Discovery (3 days)
Discovery is a three-day seminar addressing such issues as accountability, integrity, choice, trust, anger, and honesty. This seminar is usually attended by your child within 1-8 weeks after entering the program. This seminar requires the teens to deal directly and honestly with the issues which have brought them to the program. Most teens complete this seminar but some do not. Before moving to other seminars, your child must complete Discovery. As part of the Self Directed Program your teen will do an evaluation of their participation in the Discovery seminar. You teen may earn up to 200 points for their participation in the training. There is a formal rating sheet your teen will use for this evaluation.

Teen Focus (3 days)
This three day seminar centers on critical life experiences and self-limiting beliefs that have created a low self-esteem and inappropriate behavior. Your child normally will attend the Teen Focus after successful completion of the Discovery seminar. Attendance at the Focus seminar is dependent upon the teens work within the school. The aim of the Focus seminar is for your child to begin to make new choices regarding their behavior. This requires the risk of releasing their old image and self-limiting beliefs. As in Discovery, your teen will evaluate their participation in the Focus seminar. The maximum number of points which may be earned from the Focus is 400 points. The standard for participation is higher in Focus since the teen has completed Discovery.

Teen Accountability (2 days)
This seminar focus is on being accountable for life choices and making responsible decisions. A major part of this seminar is to challenge the teen regarding their overall program results. This includes family interactions, school, and response to authority, anger, and agreements. The teen must be a Focus graduate and thus will be held to a higher standard for successful completion. This is about creating a reality check for the student. This is the last major seminar before your teen enters the leadership phase of the program. In the Accountability seminar your teen will begin the process of looking at their personal values and what is required to live a values' based life. After Accountability, the teen should begin to make choices based on values rather than image.

Keys to Success (1 day workshop)
These are a series of workshops geared for those teens in the Leadership program. The focus is to develop skills which assist the child in enhancing family and peer relationships. Skills acquired in these seminars center on communication, addiction, peer relationships, values based living, leadership, and anger management. Your child will attend KEYS workshops upon achieving Level 4. There are 8 different modules your child may be attending. During the time spent as an upper status, the teen will attend a KEYS workshop whenever a trainer is on-site. Students may not attend the Keys workshop until they have obtained Service status. As with the Accountability seminar, your child will be held to a high standard for successful completion. By the time your child enters the KEYS seminar they should be consistently working the program. Successful completion of one KEYS workshop is required for attendance at Parent-Child I.

Support Group:
After completion of each seminar (Discovery, Focus, and Accountability) your teen will be joining a month long Support group. This support group includes a workbook to assist the teens in practicing the learning obtained in the seminar. To be eligible for the next seminar your teen must gain the support of their support group coordinator, Family Rep, and other senior adult staff who may work with your student. If your teen fails to do their work during the month, they may not be supported into the next seminars. The seminars are only valuable if the students are willing to work in the seminars. If you son or daughter is not supported into the next seminar they will attend the BreakPoint seminar. Please do not encourage the facility to put your teen into seminars if they are not recommended.

Choosing Out of a Seminar:
Once your teens enter a seminar, they must continue to work the seminar material. If the facilitator, in working with your teen, does not experience them working the seminar, they may be chosen out of the seminar. A Chose Out sheet will be created for each student as they leave the seminar so the FR and thus the parents have a better understanding of the behavior being exhibited by your teen. If a student chooses out of a seminar, they will attend the BreakPoint Seminar.

BreakPoint:
The BreakPoint is a one day seminar designed to assist teens in looking at their resistance to moving forward in the program. There are 4 separate BreakPoint modules for the students. If your student is in BreakPoint more than 4 times, he/she will start repeating the material. If your student is in BreakPoint 4+ times, it is critical the parents confront the issue of your students' lack of commitment to the change process. Most students in BreakPoint are there because they are in resistance to their program. Sometimes a student may miss a seminar due to illness or Dr. visit. When this happens, we recommend the facility put the student into BreakPoint even though they may not be in resistance. Those students not in resistance will experience value by participating in the processes offered in BreakPoint.

Teen Service:
Upon completion of the Teen Accountability and the achievement of the Service status, your child will be allowed to serve as peer leaders in the Teen Discovery, Focus seminars and Accountability. This is a key part of our leadership program. Service is an opportunity for your teen to internalize the concepts of the seminar by serving as a Abuddy@ to new students participating in the seminars. This leadership opportunity is critical in the development of a solid sense of self. This new sense of confidence will assist the child in dealing with his peer group upon their return to the home. Service in the seminars is a part of the program which will assist your child in forming boundaries and confidence to stand firm rather than Afollow the group.@

Parent Educational Elements:
The Parent seminars are an optional element in the program. The seminars consist of the total parent program and are **HIGHLY RECOMMENDED**. The seminars give parents new tools necessary to create a new family dynamic. The seminars focus on you, as the parent as well as giving you the insight into the program in which the teen is involved. The seminar program is an integral part of the total program for ALL of the family.
NOTE:
You need NOT attend seminars to visit your child. You may visit your child once your child reaches the proper status for a visit.

IMPORTANT PLEASE READ

We would like you to understand this is an experiential seminar rather than a traditional lecture type. The seminar includes group interaction, self-disclosure, individual and group feedback. You will be asked to take an intensive, close self-examination of your beliefs, attitudes and behaviors. At times the seminar will seem confrontational and emotional, at other times, joyful and loving. Participants have felt like leaving, especially the first day and a half. It is imperative you realize this and commit to stay for the entire training. This is not the type of training in which you may come late or leave early. You must attend all days of the seminar and be there for the entire time. We recommend you totally focus on the seminar during these days. No phones, beepers or other types of communication devices are allowed in the training. These distract both you and other participants.

You will have breaks throughout the seminar. These are short and many times you will have items to work on relating to the seminar. We recommend arriving the night before the seminar begins. If you are flying, we do not recommend scheduling a flight on Sunday before 8:30pm. The seminar will be over before this time, but most people want to stay and visit with new found friends after the seminar. Once we receive your registration, a packet will be sent to you with additional information for the training.

Parent Discovery (3 day):
While your child is in the program, parents will be invited to participate in a three day Parent Discovery Seminar. The Parent Discovery Seminar is similar to the seminar attended by the teens. This seminar forms the basis for the parent and child to work together in additional PREMIER seminars. A program representative will invite you to attend one of the Parent Discovery seminars shortly after your child enters the program. The parent seminars are offered in various locations around the country. Please contact the Resource Realizations office for locations and dates. Parent attendance is strongly urged within 3-6 weeks after enrolling your child in the program. **Please note: Parent Child seminars are not open to the family unless the parents have completed the Parent Discovery.**

Parent Focus (4 days):
The Parent Focus is a 2nd seminar recommended for the parents. This seminar is NOT required to attend the PC workshops. This seminar creates additional tools to ensure success for the family. The Parent Focus is similar to the Teen Focus attended by your child. Additional elements focusing on personal and parenting choices are added to enhance the development of a new family dynamic. The seminar builds upon the foundation established in the Parent Discovery Seminar.

Visions (2 three day weekends spaced 9-10 weeks apart)
The Visions program is an optional seminar for Focus graduates only. Like Focus this seminar is NOT required to attend the PC workshops. It is modeled closely after the Teen Accountability and Keys workshops. It is designed to assist parents in applying the tools developed in Discovery and Focus. Students will develop a family vision and goals to be implemented during the nine weeks between weekends. This is a major step in readying the adults for the PC series of seminars.

Parent-Child Workshop (3 Workshops - 2 and 3 days)
The Parent Child series of workshops is offered to you as a family at various stages of your program. Your facility will invite you to the workshops based on the results your child has created in the program. There are three Parent-Child Workshops designed to assist families in a successful integration of the child back into the home. The first Parent Child workshop is held at the facility while the others are held on either the east of west coast. You and your teen will travel to the appropriate site. There is a 4th workshop designed for families once the child has graduated PCIII and has returned home. To attend any of these Parent Child seminars the parents must first complete the Parent Discovery.

PCI (2 days)
When your child graduates Focus, the parents are Discovery graduates and the program recommends, the parents will be sent an invitation to a PCI. This weekend is designed to address outstanding issues within the family. What you have learned in prior seminars is critical to this weekend. It is highly recommended this be your first visit to your child. PCI is required to attend other PC seminars. Old issues left unresolved from pre-program days will be surfaced and brought out. The family will develop a plan to continue the work with the child and facility once the workshop is complete. At PCI, parents will be given a 7 week workbook. This workbook centers on the development of a Value Frame for the family. **It is critical work be completed before PCII**.

Requirements for PCI attendance are:

1) Parent must be a Discovery graduate
2) Teen must be a Focus graduate
3) Must have a program recommendation

Parent-Child II (3 days)
When the following requirements have been met, you and your child will be invited to attend a PCII seminar.

1) Family has completed Parent-Child I
2) Child has obtained Honor Status at least 3 weeks before the date of PCII
3) Child must maintain Honor Status to attend seminar
4) Child has completed one KEYS seminar
5) Child has program recommendation
6) Child has staffed 2 Premier Seminars with commendation

This is a critical seminar in which you and your child will begin the process of reintegration of the family. This is an opportunity to spend 3 days with your child without any distractions. You will focus on current issues, strengthen family ties, start the home internalization process, and begin to build a new family. A major outcome of the seminar is the development of a family plan focusing on the issues remaining to be addressed for successful return home.

Internalization Phase:
Upon successful completion of the PCII seminar, your child will enter the Internalization phase of the program. This is the final stage of the program and typically your child should be within 6 months of returning home. The Internalization Phase is a **minimum** of 4 months and may be extended as long as necessary to achieve success. If desired or recommended, your family may return to PCI for additional strengthening and work. During the internalization period, you will have greater access to your child to continue the process begun in PCII. Work begun in PCII on the Life (home) contract will be continued, as well as resolution of issues on the family plan. An essential part of the internalization phase is the home visit.

Parent-Child III (2 days):
PCII is the graduation seminar for your family. All family members who are Discovery or Youth Seminar graduates are invited to attend PCIII. After completion of the PCII program and meeting the following criteria, families will be invited to attend the PCIII seminar.

1) Successful completion of PCII
2) A successful home visit since PCII
3) Teen has obtained 1600 points beyond High Honor Status
4) Program recommendation
5) Completion of the Life Contract
6) Completion of the family plan developed in PCII

Family Coaching Resource:
Once your family graduates the program, you will be offered an opportunity to enroll in the Family Coaching Resource (FCR). This is a support program to assist you in applying all the principles and tools you and your family learned during the program. The program is the place to learn and practice, but the real program begins once you are reunited as a family. The FCR allows a specifically trained family coach to work with your family on your home contract, values-based living and creating a new family dynamic. This is a critical part to ensure success at home. The real work begins when your child returns home. The FCR will assist in creating success at home.

After-Care Workshop (3 HOURS):
Once your family has completed PCIII and your child has returned home, as series of support group meetings will be held to assist you in monitoring the life contract, working out issues and continuing to focus on creating a new family interaction. The meetings usually are 3 hours in duration, but may vary depending upon the number of families attending. The After-Care workshops are held in the same areas as the Premier seminars for adults. It is critical during the first 6 months after graduation your family attend these workshops. To attend After-Care workshops, your family must be a PCIII graduate.

Medical Requirements:
The seminar hours are long. Generally, each day will be 12 hours in length with meals and bathroom breaks. We encourage people to bring water and snacks. There are breaks during the day. The seminars at times may be emotional. Persons with certain medical conditions are asked not to attend the seminar. If you have the following medical conditions please contact the Resource Realizations – Premier Division for further information:

1) Pregnant women
2) Any surgical procedure within the last 2 months
3) Heart conditions
4) Currently in some type of therapeutic care

Contact Information:
Resource Realizations – Premier Division
Voice 435-635-7298
Fax 435-635-8355

Email: seminars@premier-ed.com or seminars@resourcerealizations.com

INTERNET ACCESS

Resource Realizations provides a variety of support for parents on our web site. If you do not have web access, we strongly recommend obtaining both web and email support. Updates to schedules, hotels, and other seminar information are posted on a weekly basis. Both the Premier and Resource web site have seminar information.

www.premier-ed.com or www.resourcerealizations.com

The following types of information are available on the web site:

Special announcements
Schedules for adult seminars
Regional Enrollment Policy
Online Registration
Schedules for Youth (sibling) Leadership Camps
Registration forms
Staffing forms
Hotel information
Handouts for each seminar

Schedules
Information regarding upcoming seminars, dates, locations, and transportation information are generally posted 8-10 weeks in advance of the seminar.

Regional Enrollment Policy

There are seven regional training sites in the US. They are

Seattle, WA. -- San Francisco, CA. -- San Diego, CA.
Chicago, IL -- Dallas, TX. -- Ft. Lauderdale, FL. – Newark, NJ

On the web site as you start to register, you will be asked for your state of residence. Based on the region of the country in which you live, you will be assigned to the appropriate regional training center. The regional policy ensures we have space for all parents to attend the seminars.

Online Registration

There is an online registration system parents may use if they have web access. This system greatly reduces time for confirmation and information concerning seminars. You must have a valid email address to use this system. You may register for Discovery, Focus, Visions, and Parent Child using this system.

Youth Leadership Camps

Resource offers a summer camp program for siblings of teens in a Premier school. This 6 day event includes the material in the Discovery and Focus seminars as well as high and low ropes course. Siblings are invited to attend Parent Child III if they are graduates of the Youth Camps. Schedule and location information are posted to our web site. Summer camp registration cannot be done using the online system. We need specific signatures on file from the parents. You may print all the forms necessary for registration from the web site.

Forms

If you need forms for either registration or staffing, you may print these from the web site. We encourage staffing once you have completed Visions. This mirrors what is available to your teen in the program. Teens staff seminars once they have reached Service Status.

Hotel Information

You may obtain information regarding hotels used for our seminars on our web site. This information includes address, telephone contact, driving instructions, maps, and cut off date for hotel discount rate.

Seminar Information

On our web site is a description of each of the Premier seminars. This is located under the button called Seminar/Programs. We invite you to read these descriptions.

Seminar Handouts

Each seminar you attend has a set of handouts to be used for study once you have completed the seminar. The handouts for Discovery and Focus may be printed from the web site before you attend. Please print this material and bring it with you to the seminar. At the Discovery seminar you will be provided a 3 ring binder. The Visions and Parent Child workbooks will be printed off by you once you have left the seminar. The facilitator will provide the password to enable you access to the handouts. We recommend placing your parent manual and seminar material into this binder. Please bring this binder to all seminars.

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